

Lala

Ashlee Simpson
Autobiography

Words & Music by Johns Shanks and Ashlee Simpson

Standard tuning

♩ = 130

Intro

E-Gt

T	X-4	X-4	X-4	X-4	X-4	X-4	X-4	7-9	7	X-4	X-4	X-4	X-4
A	X-X	X-X	X-X	X-X	X-X	X-X	X-X	X-X	X-X	X-X	X-X	X-X	X-X
B	X-2	X-2	X-2	X-2	X-2	X-2	X-2	5-7	5	X-2	X-2	X-2	X-2

Verse 1

T	X-4	X-4	X-4	X-4	X-4	X-4	X-4	X-4	X-4	X-4	X-4	X-4	X-4
A	X-X	X-X	X-X	X-X	X-X	X-X	X-X	X-X	X-X	X-X	X-X	X-X	X-X
B	X-2	X-2	X-2	X-2	X-2	X-2	X-2	X-2	X-2	X-2	X-2	X-2	X-2

T	X-4	X-4	X-4	X-4	X-4	X-4	X-4	X-4	X-4	X-4	X-4	X-4	X-4
A	X-X	X-X	X-X	X-X	X-X	X-X	X-X	X-X	X-X	X-X	X-X	X-X	X-X
B	X-2	X-2	X-2	X-2	X-2	X-2	X-2	X-2	X-2	X-2	X-2	X-2	X-2

Pre-Chorus

T	X-4	X-4	X-4	X-4									
A	X-X	X-X	X-X	X-X	2-2	2-2	2-2	2-2	2-2	2-2	2-2	2-2	2-2
B	X-2	X-2	X-2	X-2	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0

Chorus

T													
A	5-5	5-5	5-5	5-5	5-5	5-5	5-5	5-5	5-5	5-5	5-5	5-5	5-5
B	3-3	3-3	3-3	3-3	3-3	3-3	3-3	3-3	3-3	3-3	3-3	3-3	3-3

20

TAB

7-7-7-7-7-7-7-7	9-9-9-9-9-9-9-9	4-4-4-4-4-4-4-4	7-7-7-7-7-7-7-7
7-7-7-7-7-7-7-7	9-9-9-9-9-9-9-9	4-4-4-4-4-4-4-4	7-7-7-7-7-7-7-7
5-5-5-5-5-5-5-5	7-7-7-7-7-7-7-7	2-2-2-2-2-2-2-2	5-5-5-5-5-5-5-5

24

TAB

7-7-7-7-7-7-7-7	9-9-9-9-9-9-9-9	X-4-X-4-X-4-2	
7-7-7-7-7-7-7-7	9-9-9-9-9-9-9-9	X-X-X-X-X-X-X	
5-5-5-5-5-5-5-5	7-7-7-7-7-7-7-7	X-2-X-2-X-2-0	

Verse 2

28

TAB

X-4-X-4-X-4-X-4	X-4-X-4-7-9-7	X-4-X-4-X-4-X-4	X-4-X-4-X-4-X-4
X-X-X-X-X-X-X-X	X-X-X-X-X-X-X-X	X-X-X-X-X-X-X-X	X-X-X-X-X-X-X-X
X-2-X-2-X-2-X-2	X-2-X-2-5-7-5	X-2-X-2-X-2-X-2	X-2-X-2-X-2-X-2

32

TAB

X-4-X-4-X-4-X-4	X-4-X-4-7-9-7	X-4-X-4-X-4-X-4	X-4-X-4-X-4-X-4
X-X-X-X-X-X-X-X	X-X-X-X-X-X-X-X	X-X-X-X-X-X-X-X	X-X-X-X-X-X-X-X
X-2-X-2-X-2-X-2	X-2-X-2-5-7-5	X-2-X-2-X-2-X-2	X-2-X-2-X-2-X-2

Pre-Chorus

36

TAB

2-2-2-2-2-2-2-2	2-2-2-2-2-2-2-2	5-5-5-5-5-5-5-5	5-5-5-5-5-5-5-5
2-2-2-2-2-2-2-2	2-2-2-2-2-2-2-2	5-5-5-5-5-5-5-5	5-5-5-5-5-5-5-5
0-0-0-0-0-0-0-0	0-0-0-0-0-0-0-0	3-3-3-3-3-3-3-3	3-3-3-3-3-3-3-3

Chorus

40

TAB

4-4-4-4-4-4-4-4	7-7-7-7-7-7-7-7	7-7-7-7-7-7-7-7	7-7-7-7-7-7-7-7
4-4-4-4-4-4-4-4	7-7-7-7-7-7-7-7	7-7-7-7-7-7-7-7	7-7-7-7-7-7-7-7
2-2-2-2-2-2-2-2	5-5-5-5-5-5-5-5	5-5-5-5-5-5-5-5	5-5-5-5-5-5-5-5

44

T	9 9 9 9 9 9 9 9	4 4 4 4 4 4 4 4	7 7 7 7 7 7 7 7	7 7 7 7 7 7 7 7
A	9 9 9 9 9 9 9 9	4 4 4 4 4 4 4 4	7 7 7 7 7 7 7 7	7 7 7 7 7 7 7 7
B	7 7 7 7 7 7 7 7	2 2 2 2 2 2 2 2	5 5 5 5 5 5 5 5	5 5 5 5 5 5 5 5

48

T	9 9 9 9 9 9 9 9	4 4 4 4 4 4 4 4	7 7 7 7 7 7 7 7	7 7 7 7 7 7 7 7
A	9 9 9 9 9 9 9 9	4 4 4 4 4 4 4 4	7 7 7 7 7 7 7 7	7 7 7 7 7 7 7 7
B	7 7 7 7 7 7 7 7	2 2 2 2 2 2 2 2	5 5 5 5 5 5 5 5	5 5 5 5 5 5 5 5

52

T	9 9 9 9 9 9 9 9	4 4 4 4 4 4 4 4	7 7 7 7 7 7 7 7	7 7 7 7 7 7 7 7
A	9 9 9 9 9 9 9 9	4 4 4 4 4 4 4 4	7 7 7 7 7 7 7 7	7 7 7 7 7 7 7 7
B	7 7 7 7 7 7 7 7	2 2 2 2 2 2 2 2	5 5 5 5 5 5 5 5	5 5 5 5 5 5 5 5

Bridge 1

56

T	9 9 9 9 9 9 9 9	5 5 5 5 5 5 5 5	7 7 7 7 7 7 7 7	4 4 4 4 4 4 4 4
A	9 9 9 9 9 9 9 9	5 5 5 5 5 5 5 5	7 7 7 7 7 7 7 7	4 4 4 4 4 4 4 4
B	7 7 7 7 7 7 7 7	3 3 3 3 3 3 3 3	5 5 5 5 5 5 5 5	2 2 2 2 2 2 2 2

60

T	7 7 7 7 7 7 7 7	5 5 5 5 5 5 5 5	7 7 7 7 7 7 7 7	4 4 4 4 4 4 4 4
A	7 7 7 7 7 7 7 7	5 5 5 5 5 5 5 5	7 7 7 7 7 7 7 7	4 4 4 4 4 4 4 4
B	5 5 5 5 5 5 5 5	3 3 3 3 3 3 3 3	5 5 5 5 5 5 5 5	2 2 2 2 2 2 2 2

64

T	7 7 7 7 7 7 7 7	5 5 5 5 5 5 5 5	7 7 7 7 7 7 7 7	4 4 4 4 4 4 4 4
A	7 7 7 7 7 7 7 7	5 5 5 5 5 5 5 5	7 7 7 7 7 7 7 7	4 4 4 4 4 4 4 4
B	5 5 5 5 5 5 5 5	3 3 3 3 3 3 3 3	5 5 5 5 5 5 5 5	2 2 2 2 2 2 2 2

68

TAB

7-7-7-7-7-7-7-7	5-5-5-5-5-5-5-5	7-7-7-7-7-7-7-7	4-4-4-4-4-4-4-4
7-7-7-7-7-7-7-7	5-5-5-5-5-5-5-5	7-7-7-7-7-7-7-7	4-4-4-4-4-4-4-4
5-5-5-5-5-5-5-5	3-3-3-3-3-3-3-3	5-5-5-5-5-5-5-5	2-2-2-2-2-2-2-2

Bridge 2

72

TAB

7-7-7-7-7-7-7-7	X-4-X-4-X-4-X-4	X-4-X-4-7-9-7	X-4-X-4-X-4-X-4
7-7-7-7-7-7-7-7	X-X-X-X-X-X-X-X	X-X-X-X-X-X-X-X	X-X-X-X-X-X-X-X
5-5-5-5-5-5-5-5	X-2-X-2-X-2-X-2	X-2-X-2-5-7-5	X-2-X-2-X-2-X-2

76

TAB

X-4-X-4-X-4-X-4	X-4-X-4-X-4-X-4	X-4-X-4-7-9-7	X-4-X-4-X-4-X-4
X-X-X-X-X-X-X-X	X-X-X-X-X-X-X-X	X-X-X-X-X-X-X-X	X-X-X-X-X-X-X-X
X-2-X-2-X-2-X-2	X-2-X-2-X-2-X-2	X-2-X-2-5-7-5	X-2-X-2-X-2-X-2

Chorus

80

TAB

	4-4-4-4-4-4-4-4	7-7-7-7-7-7-7-7	7-7-7-7-7-7-7-7
	4-4-4-4-4-4-4-4	7-7-7-7-7-7-7-7	7-7-7-7-7-7-7-7
	2-2-2-2-2-2-2-2	5-5-5-5-5-5-5-5	5-5-5-5-5-5-5-5

84

TAB

9-9-9-9-9-9-9-9	4-4-4-4-4-4-4-4	7-7-7-7-7-7-7-7	7-7-7-7-7-7-7-7
9-9-9-9-9-9-9-9	4-4-4-4-4-4-4-4	7-7-7-7-7-7-7-7	7-7-7-7-7-7-7-7
7-7-7-7-7-7-7-7	2-2-2-2-2-2-2-2	5-5-5-5-5-5-5-5	5-5-5-5-5-5-5-5

88

TAB

9-9-9-9-9-9-9-9	4-4-4-4-4-4-4-4	7-7-7-7-7-7-7-7	7-7-7-7-7-7-7-7
9-9-9-9-9-9-9-9	4-4-4-4-4-4-4-4	7-7-7-7-7-7-7-7	7-7-7-7-7-7-7-7
7-7-7-7-7-7-7-7	2-2-2-2-2-2-2-2	5-5-5-5-5-5-5-5	5-5-5-5-5-5-5-5

92

T	9 9 9 9 9 9 9 9	4 4 4 4 4 4 4 4	7 7 7 7 7 7 7 7	7 7 7 7 7 7 7 7
A	9 9 9 9 9 9 9 9	4 4 4 4 4 4 4 4	7 7 7 7 7 7 7 7	7 7 7 7 7 7 7 7
B	7 7 7 7 7 7 7 7	2 2 2 2 2 2 2 2	5 5 5 5 5 5 5 5	5 5 5 5 5 5 5 5

96 **Outro**

T	9 9 9 9 9 9 9 9	5 5 5 5 5 5 5 5	7 7 7 7 7 7 7 7	4 4 4 4 4 4 4 4
A	9 9 9 9 9 9 9 9	5 5 5 5 5 5 5 5	7 7 7 7 7 7 7 7	4 4 4 4 4 4 4 4
B	7 7 7 7 7 7 7 7	3 3 3 3 3 3 3 3	5 5 5 5 5 5 5 5	2 2 2 2 2 2 2 2

100

T	7 7 7 7 7 7 7 7	5 5 5 5 5 5 5 5	7 7 7 7 7 7 7 7	4 4 4 4 4 4 4 4
A	7 7 7 7 7 7 7 7	5 5 5 5 5 5 5 5	7 7 7 7 7 7 7 7	4 4 4 4 4 4 4 4
B	5 5 5 5 5 5 5 5	3 3 3 3 3 3 3 3	5 5 5 5 5 5 5 5	2 2 2 2 2 2 2 2

104

T	7 7 7 7 7 7 7 7	5 5 5 5 5 5 5 5	7 7 7 7 7 7 7 7	4 4 4 4 4 4 4 4
A	7 7 7 7 7 7 7 7	5 5 5 5 5 5 5 5	7 7 7 7 7 7 7 7	4 4 4 4 4 4 4 4
B	5 5 5 5 5 5 5 5	3 3 3 3 3 3 3 3	5 5 5 5 5 5 5 5	2 2 2 2 2 2 2 2

108

T	7 7 7 7 7 7 7 7	5 5 5 5 5 5 5 5	7 7 7 7 7 7 7 7	4 4 4 4 4 4 4 4
A	7 7 7 7 7 7 7 7	5 5 5 5 5 5 5 5	7 7 7 7 7 7 7 7	4 4 4 4 4 4 4 4
B	5 5 5 5 5 5 5 5	3 3 3 3 3 3 3 3	5 5 5 5 5 5 5 5	2 2 2 2 2 2 2 2

112

T	7 7 7 7 7 7 7 7	4	(4)	4	(4)	(4)	(4)
A	7 7 7 7 7 7 7 7	4	(4)	4	(4)	(4)	(4)
B	5 5 5 5 5 5 5 5	2	(2)	2	(2)	(2)	(2)

120

T
A
B

The image shows a musical score for a guitar. It consists of two staves. The top staff is a treble clef staff with a single note on the second line (D4). The bottom staff is a guitar TAB staff with the letters 'T', 'A', and 'B' stacked vertically on the left side, indicating the fretting for the strings.