

Slipknot exercises

Slipknot
none

Dropped B

- ① = C# ④ = B
- ② = G# ⑤ = F#
- ③ = E ⑥ = B

♩ = 160

Mick Thomson - Sweep picking arpeggio exercise

E-Gt

1

f

T
A
B

2

T
A
B

Mick Thomson - Detuned slow riff

♩ = 60

7

T.H.

T.H.

1/4

1/4

T
A
B

♩ = 60

9

T.H. $\frac{1}{4}$

T.H. $\frac{1}{4}$

TAB

0 0 0 0 1 0 0 3 0 2

0 0 0 0 1 0 0 3 0 2

Mick Thomson - Hungarian minor scale example

♩ = 140

12

TAB

13 12 10 9 10 11 10 9 10 9 10

15

full

TAB

9 7 6 7 6 7 7 7

Mick Thomson - Harmonic minor octave shifts

♩ = 150

20

P.M.

TAB

13 12 10 13 12 10 9 10 9 7 10 9 7 6 8 7 5 8 7 5 4

Jim Root - Alternate picking warm up exercise

♩ = 130

23

Musical notation for measure 23, showing a treble clef and a series of eighth notes with accidentals. The notes are: quarter rest, quarter rest, eighth notes (F#4, G4), eighth notes (A4, B4), eighth notes (C5, B4), eighth notes (A4, G4), eighth notes (F#4, E4), eighth notes (D4, C4).

TAB

1 2 3 4 2 3 4 5 3 4 5 6 4 5 6 7

26

Musical notation for measure 26, showing a treble clef and a series of eighth notes with accidentals. The notes are: eighth notes (F#4, G4), eighth notes (A4, B4), eighth notes (C5, B4), eighth notes (A4, G4), eighth notes (F#4, E4), eighth notes (D4, C4), eighth notes (B3, A3), eighth notes (G3, F#3).

TAB

5 6 7 8 6 7 8 9 7 8 9 10 8 9 10 11

27

Musical notation for measure 27, showing a treble clef and a series of eighth notes with accidentals. The notes are: eighth notes (F#4, G4), eighth notes (A4, B4), eighth notes (C5, B4), eighth notes (A4, G4), eighth notes (F#4, E4), eighth notes (D4, C4), eighth notes (B3, A3), eighth notes (G3, F#3).

TAB

9 10 11 12 10 11 12 13 11 12 13 14 14 13 12 11

28

Musical notation for measure 28, showing a treble clef and a series of eighth notes with accidentals. The notes are: eighth notes (F#4, G4), eighth notes (A4, B4), eighth notes (C5, B4), eighth notes (A4, G4), eighth notes (F#4, E4), eighth notes (D4, C4), eighth notes (B3, A3), eighth notes (G3, F#3).

TAB

13 12 11 10 12 11 10 9 11 12 9 8 10 9 8 7

29

Musical notation for measure 29, showing a treble clef and a series of eighth notes with accidentals. The notes are: eighth notes (F#4, G4), eighth notes (A4, B4), eighth notes (C5, B4), eighth notes (A4, G4), eighth notes (F#4, E4), eighth notes (D4, C4), eighth notes (B3, A3), eighth notes (G3, F#3).

TAB

9 8 7 6 8 7 6 5 7 6 5 4 6 5 4 3 5 4 3 2 4 3 2 1

Jim Root - Major scale alternate

♩ = 150

31

T
A
B

7 8 10

picking exercise

35

T
A
B

7 10 8 7 8 10 7 8 10 7 8 10 7 10 8 7

36

T
A
B

8 10 7 9 10 7 9 10 7 10 9 7 9 10 7 9

37

T
A
B

10 7 9 10 8 10 9 7 9 10 8 10 12 8 10 12 8 12 10 8 10 12 8 10 12

Jim Root - Lick 2

♩ = 160

39

T
A
B

0 2 2 2 2 2 2 2 2 2 5 4

43

T
A
B 0 2 2 2 2 2 2 2 2 2 5 3 7 5

44

T
A
B 0 2 2 2 2 2 2 2 2 2 5 3 4 2 5 3 7 5 5 3 7 5 7 5

46

T
A
B 0 2 2 2 2 2 2 2 2 2 2 5 3 4 2

47

T
A
B 0 2 2 2 2 2 2 2 2 2 2 5 3 7 5

48

T
A
B 0 2 2 2 2 2 2 2 2 2 5 3 4 2 5 3 7 5 5 3 7 5 7 5