

# For You

Staind  
Break The Cycle

Words & Music by Jeffro

User Defined  
①= D# ④= C#  
②= A# ⑤= G#  
③= F# ⑥= C#

♩ = 82

E-Gt

1

TAB

2	4	X	X	2	4	X	X	X	X	2	4	X	X
2	4	X	X	2	4	X	X	X	X	2	4	X	X
2	4	X	X	2	4	X	X	X	X	2	4	X	X

2

TAB

2	4	X	X	2	4	X	X	X	5	4	X	X
2	4	X	X	2	4	X	X	X	5	4	X	X
2	4	X	X	2	4	X	X	X	5	4	X	X

3

TAB

2	4	X	X	2	4	X	X	X	2	4	X	X
2	4	X	X	2	4	X	X	X	2	4	X	X
2	4	X	X	2	4	X	X	X	2	4	X	X

4

TAB

2	4	X	X	2	4	X	X	X	5	4	X	X
2	4	X	X	2	4	X	X	X	5	4	X	X
2	4	X	X	2	4	X	X	X	5	4	X	X

5

TAB

2	4	X	X	2	4	X	X	X	2	4	X	X
2	4	X	X	2	4	X	X	X	2	4	X	X
2	4	X	X	2	4	X	X	X	2	4	X	X

6

TAB

2	4	X	X	2	4	X	2	4	X	X	X	5	4	X	X
2	4	X	X	2	4	X	2	4	X	X	X	5	4	X	X

7

TAB

2	4	X	X	2	4	X	2	4	X	X	X	2	4	X	X
2	4	X	X	2	4	X	2	4	X	X	X	2	4	X	X

8

TAB

2	4	X	X	2	4	X	2	4	X	X	X	5	4	X	X
2	4	X	X	2	4	X	2	4	X	X	X	5	4	X	X

9

TAB

2	4	X	X	2	4	X	2	4	X	X	X	2	4	X	X
2	4	X	X	2	4	X	2	4	X	X	X	2	4	X	X

10

TAB

2	4	X	X	2	4	X	2	4	X	X	X	5	4	X	X
2	4	X	X	2	4	X	2	4	X	X	X	5	4	X	X

11

TAB

2	4	X	X	2	4	X	2	4	X	X	X	2	4	X	X
2	4	X	X	2	4	X	2	4	X	X	X	2	4	X	X

12

T  
A  
B

2 4 X X 2 4 X 2 4 X X X 5 4 X X  
2 4 X X 2 4 X 2 4 X X X 5 4 X X

13

T  
A  
B

5 5 5 5 5 5 5 1 1 1 1 8 8 8 8 8 8 8 3 3 3 3 5 5 5 5 5 5 5 1 1 1 1  
5 5 5 5 5 5 5 1 1 1 1 8 8 8 8 8 8 8 3 3 3 3 5 5 5 5 5 5 5 1 1 1 1

16

T  
A  
B

8 8 8 8 8 8 8 3 3 3 3 5 5 5 5 5 5 5 1 1 1 1 8 8 8 8 8 8 8 3 3 3 3  
8 8 8 8 8 8 8 3 3 3 3 5 5 5 5 5 5 5 1 1 1 1 8 8 8 8 8 8 8 3 3 3 3

19

T  
A  
B

5 5 5 5 5 5 5 1 1 1 1 8 8 8 8 8 8 8 3 3 3 3  
5 5 5 5 5 5 5 1 1 1 1 8 8 8 8 8 8 8 3 3 3 3

21

T  
A  
B

2 4 X X 2 4 X 2 4 X X X 2 4 X X  
2 4 X X 2 4 X 2 4 X X X 2 4 X X

22

T  
A  
B

2 4 X X 2 4 X 2 4 X X X 5 4 X X  
2 4 X X 2 4 X 2 4 X X X 5 4 X X

23

TAB

2	4	X	X	2	4	X	2	4	X	X	2	4	X	X
2	4	X	X	2	4	X	2	4	X	X	2	4	X	X

24

TAB

2	4	X	X	2	4	X	2	4	X	X	X	5	4	X	X
2	4	X	X	2	4	X	2	4	X	X	X	5	4	X	X

25

TAB

2	4	X	X	2	4	X	2	4	X	X	X	2	4	X	X
2	4	X	X	2	4	X	2	4	X	X	X	2	4	X	X

26

TAB

2	4	X	X	2	4	X	2	4	X	X	X	5	4	X	X
2	4	X	X	2	4	X	2	4	X	X	X	5	4	X	X

27

TAB

2	4	X	X	2	4	X	2	4	X	X	X	2	4	X	X
2	4	X	X	2	4	X	2	4	X	X	X	2	4	X	X

28

TAB

2	4	X	X	2	4	X	2	4	X	X	X	5	4	X	X
2	4	X	X	2	4	X	2	4	X	X	X	5	4	X	X

29

T  
A  
B

32

T  
A  
B

35

T  
A  
B

37

T  
A  
B

39

T  
A  
B

41

T  
A  
B

43

T  
A  
B

4 4 4 4 4 4 4 4 4 4

45

T  
A  
B

4 4 4 4 4 4 4 4 4 4

47

T  
A  
B

4 0 4 0 4 0 4 5 4 4 0 4 0 4 0 4 5 4 4 0 4 0 4 0 4 5 4 4 0 4 0 4 0 4 5 4 4

49

T  
A  
B

4 0 4 0 4 0 4 5 4 4 0 4 0 4 0 4 5 4 4 0 4 0 4 0 4 5 4 4 0 4 0 4 0 4 5 4 4

51

T  
A  
B

5 5 5 5 5 5 5 1 1 1 1 8 8 8 8 8 8 8 3 3 3 3 5 5 5 5 5 5 5 1 1 1 1 5 5 5 5 5 5 5 1 1 1 1

54

T  
A  
B

5 5 5 5 5 5 5 3 3 3 3 5 5 5 5 5 5 5 1 1 1 1 8 8 8 8 8 8 8 3 3 3 3 5 5 5 5 5 5 5 1 1 1 1

57

T  
A  
B

60

T  
A  
B

63

T  
A  
B

66

T  
A  
B

67

T  
A  
B

68

T  
A  
B

