

Exclusive C-Am exercises

Weirdfred

Words & Music by Federico Fernando Espinola Schulze

Standard tuning

♩ = 120

Minor Triade Arpeggios

E-Gt

TAB

5 3 7 7 5 9 10 8 12 8 10 9 5 7 7 3

Mayor

TAB

5 3 7 5 3 7 7 5 9 7 5 9 10 8 12 10 8 12 17 8 7 10 9 12 13 12 15 12 13 12 9 10 10 7

Minor Duo (following the scale)

~~~~~ Making Duos!!!

TAB

8 7 10 8 7 10 10 9 12 10 9 12 13 12 15 13 12 15 20 5 3 7 7 5 9 10 8 12 8 10 9 5 7 7 3

Am Triade (following the triade)

TAB

5 3 7 5 3 7 7 5 9 7 5 9 10 8 12 10 8 12 17 5 3 7 7 5 9 10 8 12 8 10 9 5 7 7 3

9

TAB 5 3-7 5 3-7 7 5-9 7 5-9 10 8-12 10 8-12 17

Am octave Sweep

11

TAB 5 3-7 7 5-9 10 8-12 17 12 8 10 9-5 7 7-3 5

A octave Sweep

12

TAB 5 4-7 7 6-9 10 9-12 17 12-9 10 9-6 7 7-4 5

classic sweep with tapping slide

13

TAB 5 3-7 7 5-9 10 8-12 17 20 17-12 8 10 9-5 7 7-3 7 7 5

Am Sweep pattern1 Am To pay a lot of attention!!!! Am

**Sweep picking**

TAB: 7-12 10 9 10 8-12-8 10 9 10 12 12 | 12-15 14 14 13 12-17-12 13 14 14 15 12

Am pattern 1 Am

TAB: 17 15-19 19 17 17 17 17 19 19 15 17 | 7-12 10 9 10 8-12-8 10 9 10 12 12

pattern 2 Am

*let ring*

TAB: 12 15 14 14 13 12 17 12 13 14 14 15 | 13 14 14 12

Ao (Dim)

TAB: 8 11 9 7 10 8 7 5 8 | 11 14 12 10 13 11 10 8 11

Diminished

TAB: 9 12 10 8 10 8 11 8 10 8 10 12 | 16 14 16 15

24

TAB

8 11 9 7 10 8 7 5 8 7 5 8 11

25

C Sweep pattern 1 C

let ring

TAB

9 12 10 8 10 8 11 8 10 8 10 12 16 14 16 15 10 15 14 12 13 12 15 12 13 12 13 14 12 14 15 15

28

2 C 3 C

TAB

15 19 17 17 15 20 15 17 17 17 19 15 8 7 10 10 8 8 8 9 10 10 7 10 8

31

mix it ALL!!!

TAB

5 8 7 7 5 5 8 12 8 10 9 10 12 7 8 7 12 9 10 8 12 17 12 13 14 9 10 12 7 12 9 14 13 12 17 20 17 17 19 19 20 17

32

from top (To practice very slowly) - Am

TAB

(17) 5 8 7 7 5 5 8 8 7 12 10 9 10 8 12

35

T  
A  
B

12 12 15 14 14 13 12 17 17 17 20 (20)

37

T  
A  
B

8 12 10 10 9 8 8 12 12 15 12 13 12 15 15 19 17 17 17 15 20 20 24 20 24 (24)

AM

40

T  
A  
B

5 8 7 7 5 5 8 8 12 10 9 10 8 12 12 15 14 14 13 12 17 17 17 17 20 19 19 17 20 (20)

43

T  
A  
B

combine all things you find!!!!

44

T  
A  
B

5 8 5 5 8 5 8 12 8 12 8 12 8 12 10 10 9 10 12 17 12 13 14 9 10 9 10 8 12 8 12 8 12 10 10 9 14 9 10 14 10 12 15 12 7 12 7 8 12 8 4

45

T  
A  
B

7  
5

combine all in Mayor!!!

tapping sweep (look following tecnik)

46

T  
A  
B

8 12 8 9 12 12 9 9 12 13 13 12 14 15 10 10 15 12 13 17 17 17 17 15 12 13 17 13 12 17 12 14 17 14 15 10 15 10 12 12

T T T T T

47

T  
A  
B

10  
10  
8

combine all things you find!!!!

48

T  
A  
B

5 3 7 7 5 9 9 5 7 5 9 10 12 7 12 9 10 9 10 8 12 17 12 13 14 14 13 12 17 12 12 17 13 14 17 14 9 14 9 10 14 10 12 15 12 12 17

T T T T T T

VVVVVV

Combine Am Sweep

49

6 3 3

T  
A  
B

(17)

5-8 7-12 10 9 10 8-12-17-12 13 14 14 14 13 12 17 15-12-15

Combine C Sweep

Musical notation for 'Combine C Sweep' (measures 52-54). The guitar staff shows a sweep pattern with sixteenth notes. The tablature below indicates the fret positions for each string.

52

TAB: 8-12-10-15-14-12-13-12-15-20-15-17-17-17-17-17-15-20

Am Sweep

Musical notation for 'Am Sweep' (measures 53-54). The guitar staff shows a sweep pattern with sixteenth notes, ending with a triplet of eighth notes. The tablature includes the instruction 'let ring +'. Measure 53 ends with a double bar line.

53

TAB: 5-8-7-12-10-9-10-8-12-17-12-13-14-14-15-12-15-14-14-13-12-17

let ring +

Am combine 4 notes pattern sweep

Musical notation for 'Am combine 4 notes pattern sweep' (measures 55-57). The guitar staff shows a sweep pattern with sixteenth notes. The tablature indicates the fret positions for each string.

55

TAB: 17-12-13-14-12-8-10-9-8-5-5-5-0-1-2-8-5-5-12-8-10-9-17-12-13-14-20-17-17-19

C 4 notes pattern Sweep

Musical notation for 'C 4 notes pattern Sweep' (measures 58-60). The guitar staff shows a sweep pattern with sixteenth notes. The tablature indicates the fret positions for each string.

58

TAB: 20-15-17-17-15-12-13-12-12-8-8-8-3-5-5-3-0-1-0-8-3-5-12-8-8-9-10

Am

(Yrwie Mania!!)

Musical notation for 'Am (Yrwie Mania!!)' (measures 60-61). The guitar staff shows a sweep pattern with sixteenth notes. The tablature indicates the fret positions for each string.

60

TAB: 17-12-13-14-12-8-10-9-8-5-5-5-0-1-2-2

Am

62

T  
A  
B

combine Dim sweep

65

T  
A  
B

66

T  
A  
B

Atonal Funny Dim

67

T  
A  
B

68

T  
A  
B



69

T  
A  
B

Am9

71

T  
A  
B

Cadd9

72

T  
A  
B

let ring - †

73

T  
A  
B

C Alternet picked Arpeggio (Marty Friedmann)  
**Arpeggio progression**

try with the notes A - B - E - C# - G - B - F#

76

T  
A  
B

(To practice very slowly)

Musical notation for measures 77-78. Measure 77 features a treble clef with a sequence of eighth notes: G4, A4, B4, C5, B4, A4, G4. This is followed by a sixteenth-note triplet (G4, A4, B4), another eighth-note sequence (C5, B4, A4, G4), and a final sixteenth-note triplet (G4, A4, B4). Measure 78 continues with a sixteenth-note triplet (G4, A4, B4), followed by eighth notes (C5, B4, A4, G4), and ends with a quarter rest. The guitar tab below shows the fretting for each note: 12, 10-15, 14, 12, 13, 12-15, 13, 12, 13, 12, 14, 12, 15, 14, 10-15, 12, 10, 8.

Musical notation for measures 79-80. Measure 79 starts with a sixteenth-note triplet (G4, A4, B4), followed by eighth notes (C5, B4, A4, G4), and ends with a quarter rest. Measure 80 continues with eighth notes (G4, A4, B4, C5, B4, A4, G4) and a final quarter rest. The guitar tab below shows the fretting: 8, 10-7, 10, 10, 10, 9, 8, 8-12-17-12, 13, 12, 14, 15-10, 12, 8.

Alternate picked Arp (petruccimania)

Musical notation for measures 81-82. Measure 81 features a treble clef with a sequence of eighth notes: G4, A4, B4, C5, B4, A4, G4. This is followed by a sixteenth-note triplet (G4, A4, B4), another eighth-note sequence (C5, B4, A4, G4), and a final sixteenth-note triplet (G4, A4, B4). Measure 82 continues with a sixteenth-note triplet (G4, A4, B4), followed by eighth notes (C5, B4, A4, G4), and ends with a quarter rest. The guitar tab below shows the fretting: 5, 5, 5, 7-7-7, 7-7-7, 6-6-6, 7-7-7, 5-5-5, 6-6-6, 5-5-5.

Musical notation for measures 83-84. Measure 83 features a treble clef with a sequence of eighth notes: G4, A4, B4, C5, B4, A4, G4. This is followed by a sixteenth-note triplet (G4, A4, B4), another eighth-note sequence (C5, B4, A4, G4), and a final sixteenth-note triplet (G4, A4, B4). Measure 84 continues with a sixteenth-note triplet (G4, A4, B4), followed by eighth notes (C5, B4, A4, G4), and ends with a quarter rest. The guitar tab below shows the fretting: 9, 9, 9, 6-6-6, 5-5-5, 7-7-7, 6-6-6, 7-7-7, 7-7-7, 5-5-5 (5).

Am Altenet picked Arpeggio

Musical notation for measures 85-86. Measure 85 features a treble clef with a sequence of eighth notes: G4, A4, B4, C5, B4, A4, G4. This is followed by a sixteenth-note triplet (G4, A4, B4), another eighth-note sequence (C5, B4, A4, G4), and a final sixteenth-note triplet (G4, A4, B4). Measure 86 continues with a sixteenth-note triplet (G4, A4, B4), followed by eighth notes (C5, B4, A4, G4), and ends with a quarter rest. The guitar tab below shows the fretting: 5, 7, 8, 7, 7, 5, 7, 5, 5, 5, 8, 5, 5, 5, 5, 7, 5, 7, 7, 8, 7, 5.

84

TAB

8 7-12 10 9 10 8-12 8 10 9 10 12 10 7-12 8 5- (5) 5 7-8 7 7 5 5 5-8-12-8 10 9 10 12-7 8

C step Sweep (pick exercise)  
Sweep Exercise 1

86

TAB

8-12-8-12 10 10 15 10 15 14 14 12 14 12 13 12 13 12 13 12 15 12 15 20 15 17 15 17 17 17

Am step Sweep (pick exercise)

89

TAB

17 17 17 17 19 19 15 19 15 10 15 10 10 12 12 10 8 5-8-5-8 7 8 7-12-7-12 10 12 10 9 9

92

TAB

10 9 8 10 8-12-8-12 17 12 12 13 13 13 14 14-9-14-9 10 9 10 10 12-7-12-7 8 7 8 7 7 5

Am  
Sweep exercise 2

96

TAB

5-8 7-12 8 7-12 10 7-12 10 9 10 9 10 10 8 9 10 8-12 14 13 12-17 17 17 17-20

98

T  
A  
B

5-8 7-12 8 7-12 10 7-12 10 9 10 9 10 10 8 8-12 12-17 17 17-20 (20)

C

101

T  
A  
B

8-12 10-15 12 10-15 14 10-15 14 12 13 14 12 13 12 13 12-15-20-15 17 17 15-12 13 12

103

T  
A  
B

12 13 12 13 12 14 14 12 14 15 14 15-10 14 15-10 12 10 10 8

try without picking!!!

**preview**

106

T  
A  
B

12-8 10 10 9 8-12-8 10 10 9 8-12-8 10 8 17-12 13 13 14 12-17-12 13 14-9 10 12-7 8-5

Am Tapping Sweep (Greg HOWE)

**Tapping Arpeggios**

109

T  
A  
B

12 8 10 13 10 9 14 9 10 13 10 8

Am Tapping Sweep (perfectly possible) without a pick!!!!

T T T T T T T T

TAB: 12-8 10-13-10 9-14-9 10-14-10 12-15-12 10-14-10 9-14-9 10-13-10 8

A Tapping Sweep

T T T T

TAB: 12-9 10-14-10 9-14-9 10-14-10 9

A Tapping Sweep

T T T T T T T T T

TAB: 12-9 10-14-10 9-14-9 11-14-11 12-16-12 11-14-11 9-14-9 10-14-10 9 12

Am Tap (Michael Romeo)

T T T T T T T

TAB: 5-8-5 7-10-7 5-9-5 5-8-5 5-9-5 7-10-7 5-8

Am Dim

Musical notation for measures 116-118. The guitar tab shows fret numbers: 5-8-5, 7-10-7, 5-8-5, 5-8-5, 7-10-7, 5-8. Tapping symbols (T) are placed above the notes.

C

Musical notation for measures 117-118. The guitar tab shows fret numbers: 8-12-8, 10-14-10, 9-12-9, 8-12-8, 9-12-9, 10-14-10, 8-12. Tapping symbols (T) are placed above the notes.

A skip sweep

Am Skip sweep

Musical notation for measures 119-120. The guitar tab shows fret numbers: 7-6-9, 5-9-5, 9-6, 7-5-9, 5-8-5, 9-5. A Roman numeral 'I' is placed above the first measure.

little mix

Musical notation for measures 121-122. The guitar tab shows fret numbers: 5-4-7, 7-6-9, 5-9-12-9, 10-9, 11-12-7, 9, 5. Tapping symbols (V) are placed above the notes.

A Skip tapping (Nuno Bettercourt)

Musical notation for measures 123-124. The guitar tab shows fret numbers: 14-7-9, 14-6-9, 12-5-9, 12-9-5, 9-14-9, 7. Tapping symbols (T) are placed above the notes.

Am Skip tapping

124

T T T T T

12-5-8-12-8-5

14-7-9 14-5-9 9-14-9 7

Am skip octave pattern with tapping

J

126

T T T T T T T T

12-5-7 12-3-7 14-7-9 14-5-9 14-7-9 14-5-9 17-10-12 17-8-12 17

A skip octave pattern

128

T T T T T T T T

12-5-7 12-4-7 14-7-9 14-6-9 14-7-9 14-6-9 17-10-12 17-9-12 17

A Skip tapping

130

T T T T T T T T

12-5-9 12-9-5

12-5-7 12-4-7 14-7-9 14-6-9 9-14-9-6 7-14

131

T T T

T A B

7 9 14 6 9 12 5 9 17 9 12 17 (17)

Extended Tapping Arpeggios (Goncalo Pereira)

133

T T T T T

T A B

5 9 12 7 11 14 10 14 17 14 10 14 11 7 12 9 5

Minor

135

T T T T T

T A B

5 8 12 7 10 14 10 13 17 13 10 14 10 7 12 8 5