

If it kills me

Therapy
High Anxiety

Words & Music by Therapy

Tune down 2 step

- ①=C ④=A \sharp
- ②=G ⑤=F
- ③=D \sharp ⑥=C

$\text{♩} = 142$

E-Gt

f

T
A
B

5 5 5 5 5 5 5 4 (4) 5 7

Fig1 0.10

T
A
B

5 5 5 5 5 5 5 4 (4) 5 7 5 5 5 5 5 5 5 5

Fin fig 1 Fig1

T
A
B

5 5 5 5 5 5 5 5 9 7 5 5 5 5 5 5 5 5

Fin fig 1 Fig1

T
A
B

5 5 5 5 5 5 5 5 9 7 5 5 5 5 5 5 5 5

17 Fin fig 1 Fig1

TAB

| | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|--|--|---|---|---|---|---|---|---|---|
| 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 9 | 9 | | | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 |
| 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 7 | 7 | | | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 |

21 0.32 Fin fig 1 Fig 2

TAB

| | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 9 | 9 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 9 | 9 | 5 | 5 |
| 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 7 | 7 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 7 | 7 | 3 | 3 |

25 Fin fig 2

TAB

| | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 9 | 9 | 5 | 5 | 5 | 5 | 5 | 5 | 7 | 7 | 7 | 7 | 5 | 5 | 5 | 5 | 7 | 7 | 7 | 7 |
| 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 7 | 7 | 3 | 3 | 3 | 3 | 3 | 3 | 5 | 5 | 5 | 5 | 3 | 3 | 3 | 3 | 5 | 5 | 5 | 5 |

29 0.45 Fig1

TAB

| | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|-----|---|---|--|--|---|---|---|---|---|---|---|---|
| 5 | 5 | 5 | 5 | 5 | 5 | 5 | 4 | (4) | 5 | 7 | | | 8 | 8 | 8 | 8 | 8 | 8 | 8 | 8 |
| | | | | | | | | | | | | | | | | | | | | |

34 Fin fig 1 Fig1

TAB

| | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|--|--|---|---|---|---|---|---|---|---|
| 8 | 8 | 8 | 8 | 8 | 8 | 8 | 8 | 9 | 9 | | | 8 | 8 | 8 | 8 | 8 | 8 | 8 | 8 |
| | | | | | | | | 7 | 7 | | | | | | | | | | |

38 Fin fig 1 Fig1

TAB

| | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 8 | 8 | 8 | 8 | 8 | 8 | 8 | 8 | 9 | 9 | 7 | 8 | 8 | 8 | 8 | 8 | 8 | 8 | 8 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|

42 Fin fig 1 Fig1

TAB

| | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 8 | 8 | 8 | 8 | 8 | 8 | 8 | 8 | 9 | 9 | 7 | 8 | 8 | 8 | 8 | 8 | 8 | 8 | 8 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|

46 Fin fig 1 Fig 2

TAB

| | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 8 | 8 | 8 | 8 | 8 | 8 | 8 | 8 | 9 | 9 | 5 | 5 | 9 | 9 | 5 | 5 |
| | | | | | | | | 9 | 9 | 5 | 5 | 9 | 9 | 5 | 5 |
| | | | | | | | | 7 | 7 | 3 | 3 | 7 | 7 | 3 | 3 |

50 Fin fig 2

TAB

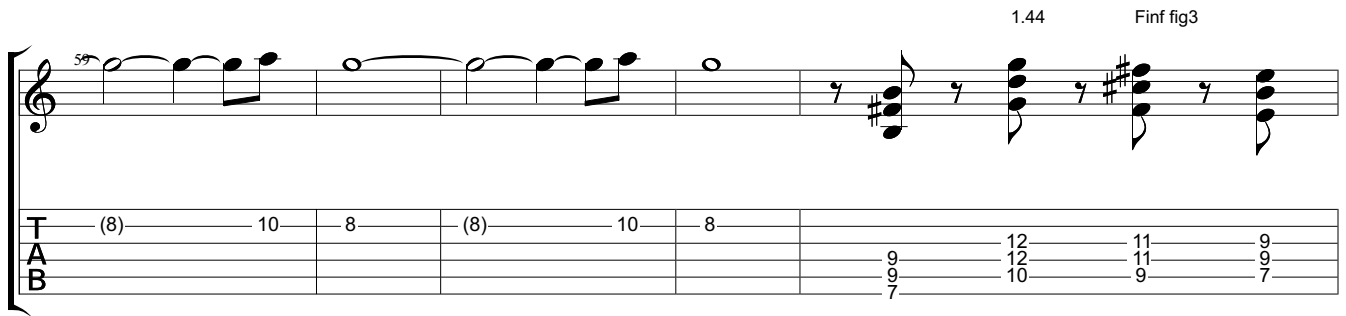
| | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 9 | 9 | 5 | 5 | 5 | 5 | 5 | 5 | 7 | 7 | 7 | 7 | 5 | 5 | 5 | 5 | 7 | 7 | 7 | 7 |
| 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 9 | 9 | 5 | 5 | 5 | 5 | 5 | 5 | 7 | 7 | 7 | 7 | 5 | 5 | 5 | 5 | 7 | 7 | 7 | 7 |
| 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 7 | 7 | 3 | 3 | 3 | 3 | 3 | 3 | 5 | 5 | 5 | 5 | 3 | 3 | 3 | 3 | 5 | 5 | 5 | 5 |

54 1.31

TAB

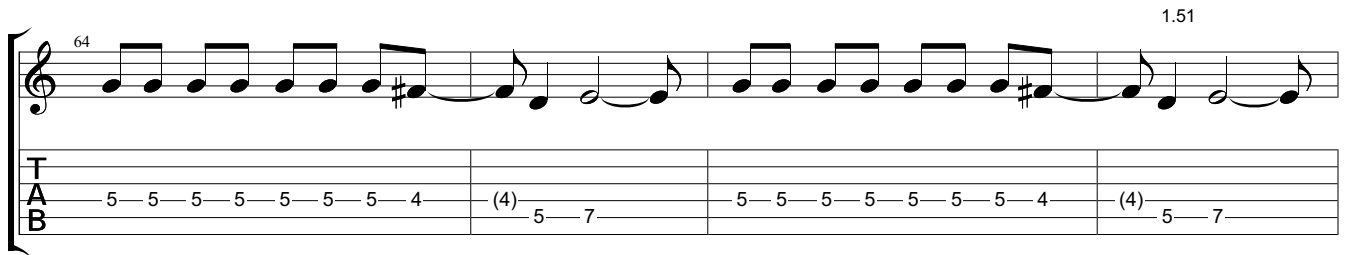
| | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|----|---|-----|----|---|
| 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 10 | 8 | (8) | 10 | 8 |
| 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | | | | | |
| 7 | 7 | 7 | 7 | 7 | 7 | 7 | 7 | 7 | 7 | 7 | 7 | 7 | 7 | 7 | 7 | | | | | |

59 1.44 Finf fig3



TAB (8) 10 8 (8) 10 8 9/7 12/10 11/9

64 1.51



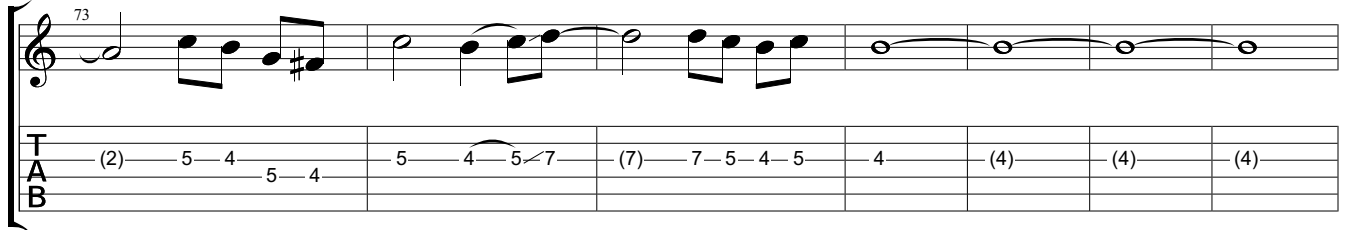
TAB 5-5-5-5-5-5-4 (4) 5-7 5-5-5-5-5-5-4 (4) 5-7

68 solo



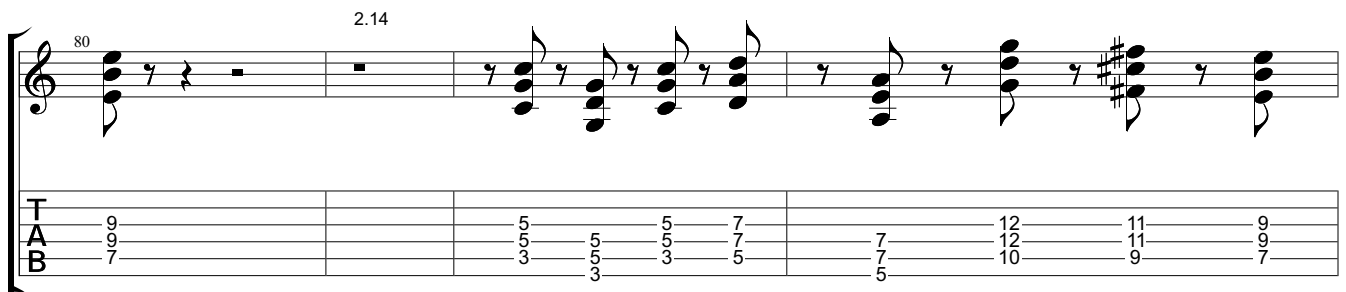
TAB 5-4-2-2 (2) 5-4 5-4 5-7 7-7 (7) 5-4 5-4 5-4-2-2

73



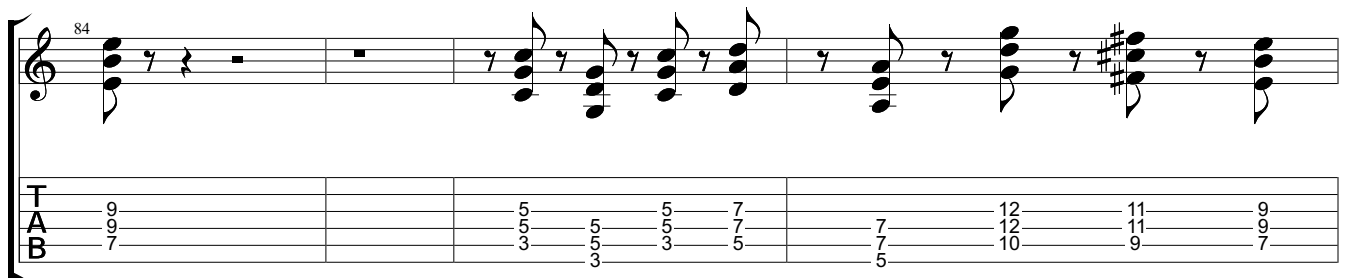
TAB (2) 5-4 5-4 5-4 5-7 (7) 7-5-4-5 4 (4) (4) (4)

80 2.14



TAB 9/7 5/3 5/3 5/3 7/5 7/5 12/10 11/9 9/7

84



TAB 9/7 5/3 5/3 5/3 7/5 7/5 12/10 11/9 9/7

88

5-5-5-5-5-5-5 | 5-5-5-5-5-5-5 | 5-5-5-5-5-5-5 | 5-5-5-5-5-5-5

92

2.38

5-5-5-5-5-5-5 | 5-5-5-5-5-5-5 | 5-5-5-5-5-5-5 | 5-5-5-5-5-5-5

Fig 2

96

9 9 5 5 | 5 5 5 5 5 5 5 5 | 9 9 5 5 | 5 5 5 5 5 5 5 5

9 9 7 7 | 3 3 6 | 3 3 3 3 3 3 3 3 | 9 9 7 7 | 3 3 6 | 3 3 3 3 3 3 3 3

Fin fig 2

100

9 9 5 5 | 5 5 5 5 7 7 7 7 | 5 5 5 5 7 7 7 7 | 9 9 9 9 9 9 9 9

9 9 7 7 | 3 3 6 | 3 3 3 3 5 5 5 5 | 3 3 3 3 5 5 5 5 | 7 7 7 7 7 7 7 7

2.54

Fig3

104

9 9 9 9 9 9 9 9 | 5 5 5 5 5 5 5 5 | 7 7 7 7 | 5 5 5 5 5 5 5 5

9 9 7 7 7 7 7 7 | 3 3 3 3 3 3 3 3 | 5 5 5 5 | 3 3 3 3 3 3 3 3

0 0 0 0

108

7 7 7 7 9 9 9 9 | 5 5 5 5 5 5 5 5 | 7 7 7 7 | 5 5 5 5 5 5 5 5

7 7 7 7 9 9 9 9 | 3 3 3 3 3 3 3 3 | 5 5 5 5 | 3 3 3 3 3 3 3 3

0 0 0 0

112

T
A
B

| | | | | | |
|---|----|----|---|-----------------|------------------|
| | | | | 8-8-8-8-8-8-8-8 | 8-8-8-8-8-8-8-10 |
| 9 | 12 | 11 | 9 | | |
| 9 | 12 | 11 | 9 | | |
| 7 | 10 | 9 | 7 | | |

115

T
A
B

| | | | |
|-----------------|------------------|-----------------|------------------|
| 8-8-8-8-8-8-8-8 | 8-8-8-8-8-8-8-10 | 8-8-8-8-8-8-8-8 | 8-8-8-8-8-8-8-10 |
|-----------------|------------------|-----------------|------------------|

119

T
A
B

| | | | |
|-----------------|-----------------|-----------------|-----------------|
| 8-8-8-8-8-8-8-8 | 8-8-8-8-8-8-8-8 | 9-9-9-9-9-9-9-9 | 9-9-9-9-9-9-9-9 |
| | | 7-7-7-7-7-7-7-7 | 7-7-7-7-7-7-7-7 |
| | | 7-7-7-7-7-7-7-7 | 7-7-7-7-7-7-7-7 |

122

T
A
B

| | | | | | |
|---|----|----|---|-----------------|-----------------|
| | | | | 9-9-9-9-9-9-9-9 | 9-9-9-9-9-9-9-9 |
| 9 | 12 | 11 | 9 | 7-7-7-7-7-7-7-7 | 7-7-7-7-7-7-7-7 |
| 9 | 12 | 11 | 9 | 7-7-7-7-7-7-7-7 | 7-7-7-7-7-7-7-7 |
| 7 | 10 | 9 | 7 | 7-7-7-7-7-7-7-7 | 7-7-7-7-7-7-7-7 |

124

T
A
B

| | | | | | |
|---|----|----|---|-----------------|-----------------|
| | | | | 9-9-9-9-9-9-9-9 | 9-9-9-9-9-9-9-9 |
| 9 | 12 | 11 | 9 | 7-7-7-7-7-7-7-7 | 7-7-7-7-7-7-7-7 |
| 9 | 12 | 11 | 9 | 7-7-7-7-7-7-7-7 | 7-7-7-7-7-7-7-7 |
| 7 | 10 | 9 | 7 | 7-7-7-7-7-7-7-7 | 7-7-7-7-7-7-7-7 |

126

T
A
B

| | | | | | |
|---|----|----|---|-----------------|-----------------|
| | | | | 9-9-9-9-9-9-9-9 | 9-9-9-9-9-9-9-9 |
| 9 | 12 | 11 | 9 | 7-7-7-7-7-7-7-7 | 7-7-7-7-7-7-7-7 |
| 9 | 12 | 11 | 9 | 7-7-7-7-7-7-7-7 | 7-7-7-7-7-7-7-7 |
| 7 | 10 | 9 | 7 | 7-7-7-7-7-7-7-7 | 7-7-7-7-7-7-7-7 |

128

The image shows a musical score for guitar. The top staff is a treble clef staff with a key signature of one sharp (F#). The music consists of a series of chords and single notes. The bottom staff is a guitar tablature with three strings labeled T, A, and B. The fret numbers for each string are as follows:

| Measure | T | A | B |
|---------|---|-----|-----|
| 1 | | 9 | 7 |
| 2 | | 12 | 10 |
| 3 | | 11 | 9 |
| 4 | | 9 | 7 |
| 5 | | (9) | (7) |