

# Helmet - Wilmas Rainbow

♩ = 112,000061

by Ralf Sessler

Wilma's Rainbow

Helmet

7-string Electric Guitar

(S) Sequenced 1998

9

♩ = 80,000000 ♩ = 40,0000

Wilma's Rainbow

Helmet

16

♩ = 112,000061

by Ralf Sessler

Helmet

E. Gtr.

(S) Sequenced 1998

21

by Ralf Sessler

Helmet

E. Gtr.

(S) Sequenced 1998

26

by Ralf Sessler

Helmet

E. Gtr.

(S) Sequenced 1998

31

by Ralf Sessler

Helmet

E. Gtr.

(S) Sequenced 1998

36

by Ralf Sessler

Helmet

E. Gtr.

(S) Sequenced 1998

Detailed description of measures 36-40: The drum part features a steady snare and hi-hat pattern. The guitar parts for Helmet and E. Gtr. use a 3/4 fretting pattern (3-0-3-3) on the top strings and a 1-5-1-1 pattern on the bottom strings. The bass line consists of eighth notes in the key of D major.

41

by Ralf Sessler

Helmet

E. Gtr.

(S) Sequenced 1998

Detailed description of measures 41-45: Measures 41-42 continue with the 3/4 fretting pattern. In measures 43-45, the guitar parts introduce a variation with fretting patterns like 0-3 and 0-3-3-3 on the top strings, while the bottom strings remain 1-5-1-1. The drum and bass parts remain consistent with the previous system.

46

by Ralf Sessler

Helmet

E. Gtr.

(S) Sequenced 1998

Detailed description of measures 46-50: Measures 46-48 continue with the 3/4 fretting pattern. In measures 49-50, the guitar parts use a variation with fretting patterns like 0-3-3 on the top strings and 0-3-3 on the bottom strings. The drum and bass parts remain consistent with the previous systems.

51

by Ralf Sessler

Helmet

T											
A	0	0	0	0	3	3	3	3	1	1	1
B	0	0	0	0	3	3	3	3	4	4	4
	5	5		5	1	1	1	1	4	4	4

E. Gtr.

T											
A	0	0	0	0	3	3	3	3	1	1	1
B	0	0	0	0	3	3	3	3	4	4	4
	5	5		5	1	1	1	1	4	4	4

(S) Sequenced 1998

56

by Ralf Sessler

Helmet

T										
A	0	3	3	3	3	1	1	1	0	0
B	0	3	3	3	3	4	4	4	3	3
	5	1	1	1	1	4	4	4	3	3

E. Gtr.

T										
A	0	3	3	3	3	1	1	1	0	0
B	0	3	3	3	3	4	4	4	3	3
	5	1	1	1	1	4	4	4	3	3

(S) Sequenced 1998

61

by Ralf Sessler

Helmet

T										
A	3	3	1	1	1	3	0	3	3	3
B	3	3	4	4	4	3	0	3	3	3
	1	1	4	4	4	5	1	1	5	1

E. Gtr.

T										
A	3	3	1	1	1	3	0	3	3	3
B	3	3	4	4	4	3	0	3	3	3
	1	1	4	4	4	5	1	1	5	1

(S) Sequenced 1998

66 ♩ = 104,000015<sup>5</sup>

by Ralf Sessler

Helmet

E. Gtr.

(S) Sequenced 1998

Detailed description of measures 66-70: The drum part consists of a snare drum on the 2nd and 4th beats of each measure, with a hi-hat on the 1st and 3rd beats. The guitar parts for Helmet and E. Gtr. use a 3-0-3 fingering pattern, often with a 1-5-1-1 sequence. The bass line follows a G major scale pattern: G-A-B-A-G-A-B-A.

71 ♩ = 112,000061

by Ralf Sessler

Helmet

E. Gtr.

(S) Sequenced 1998

Detailed description of measures 71-75: The drum part has a snare on the 2nd and 4th beats, and a hi-hat on the 1st and 3rd beats. The guitar parts for Helmet and E. Gtr. continue with the 3-0-3 fingering. The bass line continues with the G major scale pattern.

76

by Ralf Sessler

Helmet

E. Gtr.

(S) Sequenced 1998

Detailed description of measures 76-80: The drum part has a snare on the 2nd and 4th beats, and a hi-hat on the 1st and 3rd beats. The guitar parts for Helmet and E. Gtr. continue with the 3-0-3 fingering. The bass line continues with the G major scale pattern.

81

by Ralf Sessler

Helmet

E. Gtr.

(S) Sequenced 1998

86

by Ralf Sessler

Helmet

E. Gtr.

(S) Sequenced 1998

91

by Ralf Sessler

Helmet

E. Gtr.

(S) Sequenced 1998

96 ♩ = 120,000000 7

by Ralf Sessler

Helmet

T	0	0				1	1	1			0	0	0	0
A	0	0	0	3	3	3	3	1	1	1	0	0	0	0
B	3	3	0	3	3	3	3	4	4	4	0	0	3	0
			5	1	1	1	1				5	5	3	5

E. Gtr.

T	0	0				1	1	1			0	0	0	0
A	0	0	0	3	3	3	3	1	1	1	0	0	0	0
B	3	3	0	3	3	3	3	4	4	4	0	0	3	0
			5	1	1	1	1				5	5	3	5

(S) Sequenced 1998

101

by Ralf Sessler

Helmet

T				0				0						
A	3	0	3	0	0	0	0	3	0	3	0	0	0	0
B	3	0	3	0	0	3	0	3	0	3	0	0	3	0
	1	5	1	5	5	3	5	1	5	1	5	5	3	5

E. Gtr.

T				0				0						
A	3	0	3	0	0	0	0	3	0	3	0	0	0	0
B	3	0	3	0	0	3	0	3	0	3	0	0	3	0
	1	5	1	5	5	3	5	1	5	1	5	5	3	5

(S) Sequenced 1998

106

by Ralf Sessler

Helmet

T			0					0						
A	0	0	0	0	3	0	3	0	0	0	0	3	0	3
B	0	0	3	0	3	0	3	0	0	3	0	3	0	3
	5	5	3	5	1	5	1	5	5	3	5	1	5	1

E. Gtr.

T			0					0						
A	0	0	0	0	3	0	3	0	0	0	0	3	0	3
B	0	0	3	0	3	0	3	0	0	3	0	3	0	3
	5	5	3	5	1	5	1	5	5	3	5	1	5	1

(S) Sequenced 1998

110

by Ralf Sessler

Helmet

E. Gtr.

(S) Sequenced 1998

Detailed description of measures 110-112:  
 - **Drums:** A consistent eighth-note pattern across six measures.  
 - **Helmet (Guitar):** Tablature for six measures: [0 0 0 | 0 3 0 3 | 0 0 0 0] and [0 0 3 | 0 3 0 3 | 0 0 3 0].  
 - **E. Gtr. (Guitar):** Tablature for six measures: [0 0 0 | 0 3 0 3 | 0 0 0 0] and [0 0 3 | 0 3 0 3 | 0 0 3 0].  
 - **Bass:** A melodic line in G major: G4 (quarter), A4 (quarter), B4 (quarter), C5 (quarter), G4 (quarter), F#4 (quarter), E4 (quarter), D4 (quarter), C4 (quarter), B3 (quarter), A3 (quarter), G3 (quarter).

113

by Ralf Sessler

Helmet

E. Gtr.

(S) Sequenced 1998

Detailed description of measures 113-115:  
 - **Drums:** Measure 113 has an eighth note followed by rests; measures 114 and 115 are rests.  
 - **Helmet (Guitar):** Tablature for three measures: [3 0 3 | 3 3 | 3] and [3 0 3 | 3 1 | 3].  
 - **E. Gtr. (Guitar):** Tablature for three measures: [3 0 3 | 3 3 | 3] and [3 0 3 | 3 1 | 3].  
 - **Bass:** A triplet of eighth notes (G4, A4, B4) followed by a half note (G4).



by Ralf Sessler

# Helmet - Wilmas Rainbow

♩ = 112,000061    ♩ = 80,000000    ♩ = 40,000000061

**13**

20

27

35

43

51

58

64    ♩ = 104,000015

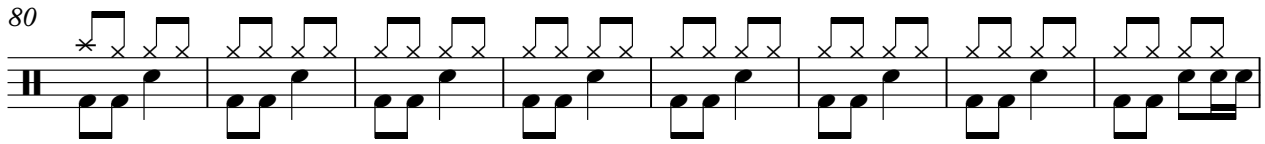
2

by Ralf Sessler

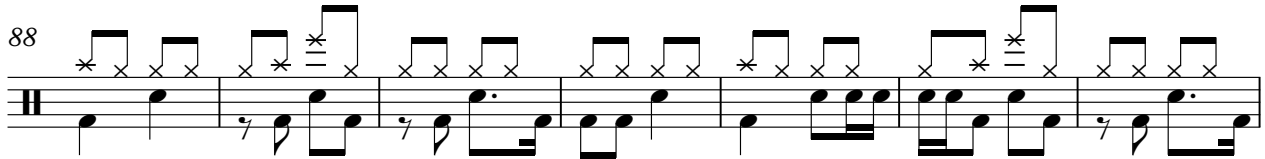
72  $\text{♩} = 112,000061$



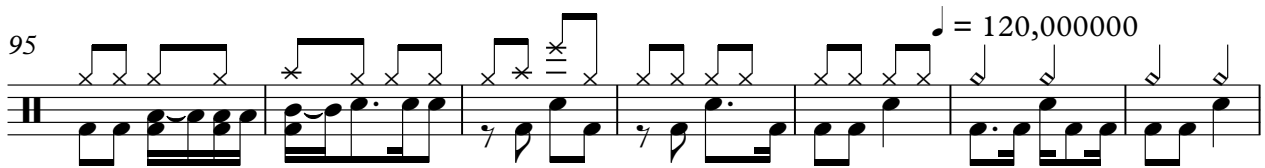
80



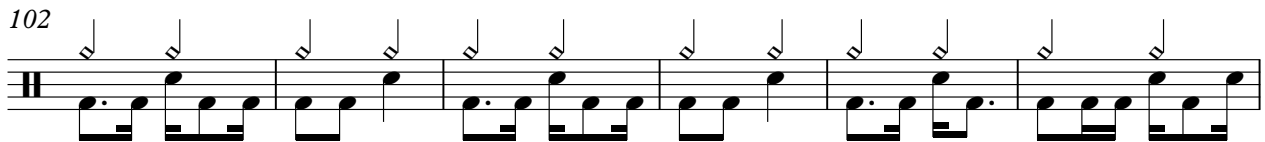
88



95  $\text{♩} = 120,000000$



102



108



Wilma's Rainbow

Helmet - Wilmas Rainbow

♩ = 112,000061

12

♩ = 80,000000    ♩ = 40,000000    ♩ = 112,000061

54

70

♩ = 104,000015    ♩ = 112,000061    ♩ = 120,000000

2    28    17

# Helmet - Wilmas Rainbow

## Helmet

♩ = 112,000061

E			2	2			2	2			2	2			2	2
B			2	2			2	2			2	2			2	2
G			4	4			4	4			4	4			4	4
D																
A			0	0			0	0			0	0			0	0
E																

11 ♩ = 80,000000 = 112,000061

T	2	2			2	2			2								
A	4	4			4	4			4								
B			0	0			0	0		0	0	3	0	3	0	0	0
												5	5	3	5	1	5

20

T																	
A	0	0	0	0	3	0	3	0	0	0	0	3	0	3	0	0	0
B	0	0	3	0	3	0	3	0	0	0	3	0	3	0	0	0	3
	5	5	5	1	5	1	5	5	5	5	1	5	1	5	5	5	1

28

T																	
A	3	0	3	3	3	0	3	3	3	0	3	3	3	0	3	3	0
B	3	0	3	3	3	0	3	3	3	0	3	3	3	0	3	3	0
	1	5	1	1	1	5	1	1	1	5	1	1	1	5	1	1	5

36

T																	
A	3	0	3	3	3	0	3	3	3	0	3	3	3	0	3	3	0
B	3	0	3	3	3	0	3	3	3	0	3	3	3	0	3	3	0
	1	5	1	1	1	5	1	1	1	5	1	1	1	5	1	1	5

44

T																	
A	3	0	3	3	3	0	3	3	3	0	3	3	3	0	3	3	0
B	3	0	3	3	3	0	3	3	3	0	3	3	3	0	3	3	0
	1	5	1	1	1	5	1	1	1	5	1	1	1	5	1	1	5

52

T																	
A	0	3	3	3	3	1	1	1	0	0	0	3	3	1	1	1	0
B	0	3	3	3	3	3	3	3	0	3	3	3	3	1	1	1	0
	5	1	1	1	1	4	4	4	3	3	5	1	1	1	1	4	4

62

T	1	1															
A	1	1	3	0	3	3	3	0	3	3	3	0	3	3	3	0	3
B	4	4	1	5	1	1	1	5	1	1	1	5	1	1	1	5	1

70 ♩ = 104,000015 ♩ = 112,000061

T																	
A	0	0	3	0	0	3	0	0	3	3	0	3	3	3	0	3	3
B	0	0	3	0	0	3	0	0	3	3	0	3	3	3	0	3	3
	5	5	5	5	5	1	1	5	1	1	1	5	1	1	1	5	1

78

T																	
A	3	0	3	0	3	3	3	0	3	3	3	0	3	3	3	0	3
B	3	0	3	0	3	3	3	0	3	3	3	0	3	3	3	0	3
	1	5	1	5	1	1	1	5	1	1	1	5	1	1	1	5	1

V.S.

Helmet

T												
A	0 3 3	0 0 0	0 3 3	3 3 1	1 1	0 0				1	1 1	0 0
B	0 3 3	0 0 0	0 3 3	3 3	1 1	0 0	0 3 3	3 3 1	1 1	1 1	0 0	
	5 1 1	5 5	5 1 1	1 1 4	4 4	3 3	5 1 1	1 1 4	4 4	4 4	3 3	

97

♩ = 120,000000

T													
A	0 3 3	3 3 1	1 1		0			0			0		
B	0 3 3	3 3	1 1 4	4 4	0 0 0 0	3 0 3	0 0 0 0	3 0 3	0 0 0 0	3 0 3	0 0 0 0	3 0 3	
	5 1 1	1 1 4	4 4		5 5 3 5	1 5 1	5 5 3 5	1 5 1	5 5 3 5	1 5 1	5 5 3 5	1 5 1	

106

T												
A	0	0 0 0	0	3 0 3	0 0 0 0	3 0 3	0 0 0 0	3 0 3	0 0 0 0	3 0 3	0 0 0 0	3 0 3
B	0	0 0 3	0	3 0 3	0 0 0 0	3 0 3	0 0 0 0	3 0 3	0 0 0 0	3 0 3	0 0 0 0	3 0 3
	5	5 5 3 5	5	1 5 1	5 5 3 5	1 5 1	5 5 3 5	1 5 1	5 5 3 5	1 5 1	5 5 3 5	5

111

T										
A	3 0 3	0 0 0 0	3 0 3	3 3	3					
B	3 0 3	0 0 0 0	3 0 3	3 3	3					
	1 5 1	5 5 3 5	1 5 1	1 1	1					

# Helmet - Wilmas Rainbow

## 7-string Electric Guitar

♩ = 112,000061    ♩ = 80,000000 = ♩ = 40,000000 = ♩ = 20,000000  
**13**

E									
T									
B									
A									
D									
B									
E									
A									

21

T									
A	3 0 3	0 0 0 0	3 0 3	0 0 0 0	3 0 3	0 0 0 0	3 0 3 3	3 0 3 3	3 0 3 3
B	3 0 3	0 0 0 0	3 0 3	0 0 0 0	3 0 3	0 0 0 0	3 0 3 3	3 0 3 3	3 0 3 3
	1 5 1	5 5 5	1 5 1	5 5 5	1 5 1	5 5 5	1 5 1 1	1 5 1 1	1 5 1 1

29

T									
A	3 0 3 3	3 0 3	3 0 3 3	3 0 3 3	3 0 3 3	3 0 3	0 3	3 0 3 3	3 0 3 3
B	3 0 3 3	3 0 3	3 0 3 3	3 0 3 3	3 0 3 3	3 0 3	0 3	3 0 3 3	3 0 3 3
	1 5 1 1	1 5 1	1 5 1 1	1 5 1 1	1 5 1 1	1 5 1	5 1	1 5 1 1	1 5 1 1

37

T									
A	3 0 3 3	3 0 3	3 0 3 3	3 0 3 3	3 0 3 3	3 0 3	0 3	3 0 3 3	3 0 3 3
B	3 0 3 3	3 0 3	3 0 3 3	3 0 3 3	3 0 3 3	3 0 3	0 3	3 0 3 3	3 0 3 3
	1 5 1 1	1 5 1	1 5 1 1	1 5 1 1	1 5 1 1	1 5 1	5 1	1 5 1 1	1 5 1 1

45

T										
A	3 0 3 3	3 0 3	3 0 3 3	3 0 3 3	3 0 3 3	3 0 3	0 3 3	0 0 0	0 3 3	3 3 1
B	3 0 3 3	3 0 3	3 0 3 3	3 0 3 3	3 0 3 3	3 0 3	0 3 3	0 0 0	0 3 3	3 3 1
	1 5 1 1	1 5 1	1 5 1 1	1 5 1 1	1 5 1 1	1 5 1	5 1 1	5 5	5 1 1	1 1 4

54

T										
A	1 1	0 0				1 1	0 0			1 1
B	1 1	0 0	0 3 3	3 3 1	1 1	0 0	0 3 3	3 3 1	1 1	1 1
	4 4	3 3	0 3 3	3 3	4 4	3 3	0 3 3	3 3	4 4	4 4
			5 1 1	1 1 4			5 1 1	1 1 4		

63

♩ = 104,000015  
**2**

T										
A	3 0 3 3	3 0 3 3	3 0 3 3	3 0 3	3 0 3 3	3 0 3 3	3 0 3 3	3 0 3		
B	3 0 3 3	3 0 3 3	3 0 3 3	3 0 3	3 0 3 3	3 0 3 3	3 0 3 3	3 0 3		
	1 5 1 1	1 5 1 1	1 5 1 1	1 5 1	1 5 1 1	1 5 1 1	1 5 1 1	1 5 1		

T							
A	3 0 3 3	3 0 3 3	3 0 3 3	3 0 3	3 0 3 3	3 0 3 3	0 3
B	3 0 3 3	3 0 3 3	3 0 3 3	3 0 3	3 0 3 3	3 0 3 3	0 3
	1 1 1 1	1 1 1 1	1 1 1 1	1 1	1 1 1 1	1 1 1 1	1 1
	5	5	5	5	5	5	5

80

T							
A	3 0 3 3	3 0 3 3	3 0 3 3	3 0 3	3 0 3 3	3 0 3 3	0 3 3
B	3 0 3 3	3 0 3 3	3 0 3 3	3 0 3	3 0 3 3	3 0 3 3	0 3 3
	1 1 1 1	1 1 1 1	1 1 1 1	1 1	1 1 1 1	1 1 1 1	1 1 1
	5	5	5	5	5	5	5

88

T											
A	0 0 0	0 3 3	3 3 1	1 1 1	0 0	0 3 3	3 3 1	1 1 1	0 0	0 3 3	
B	0 0 0	0 3 3	3 3 1	1 1 1	0 0	0 3 3	3 3 1	1 1 1	0 0	0 3 3	
	5 5	5 1 1	1 1 4	4 4	3 3	5 1 1	1 1 4	4 4	3 3	5 1 1	

98

T											
A	3 3 1	1 1 1	0 0 0	3 0 3	0 0 0	3 0 3	0 0 0	3 0 3	0 0 0	3 0 3	0 0 0
B	3 3 1	1 1 1	0 0 0	3 0 3	0 0 0	3 0 3	0 0 0	3 0 3	0 0 0	3 0 3	0 0 0
	1 1 4	4 4	5 5 3	1 5 1	5 5 3	1 5 1	5 5 3	1 5 1	5 5 3	1 5 1	5 5 3

107

T							
A	3 0 3	0 0 0	3 0 3	0 0 0	3 0 3	0 0 0	3 0 3
B	3 0 3	0 0 0	3 0 3	0 0 0	3 0 3	0 0 0	3 0 3
	1 5 1	5 5 3	1 5 1	5 5 3	1 5 1	5 5 3	1 5 1

112

T					
A	0 0 0	3 0 3	3 3	3	
B	0 0 0	3 0 3	3 3	3	
	5 5 3	1 5 1	1 1	1	

# Helmet - Wilmas Rainbow

(S) Sequenced 1998

♩ = 112,000061    ♩ = 80,00000000    ♩ = 112,000061

**13**

Musical staff 13: Bass clef, key signature of two sharps (F# and C#), 2/4 time signature. The staff contains a whole rest followed by a series of eighth and sixteenth notes.

20

Musical staff 20: Bass clef, key signature of two sharps (F# and C#), 2/4 time signature. The staff contains a series of eighth and sixteenth notes.

26

Musical staff 26: Bass clef, key signature of two sharps (F# and C#), 2/4 time signature. The staff contains a series of eighth and sixteenth notes.

33

Musical staff 33: Bass clef, key signature of two sharps (F# and C#), 2/4 time signature. The staff contains a series of eighth and sixteenth notes.

40

Musical staff 40: Bass clef, key signature of two sharps (F# and C#), 2/4 time signature. The staff contains a series of eighth and sixteenth notes.

47

Musical staff 47: Bass clef, key signature of two sharps (F# and C#), 2/4 time signature. The staff contains a series of eighth and sixteenth notes.

55

Musical staff 55: Bass clef, key signature of two sharps (F# and C#), 2/4 time signature. The staff contains a series of eighth and sixteenth notes.

64

♩ = 104,000015

**2**

Musical staff 64: Bass clef, key signature of two sharps (F# and C#), 2/4 time signature. The staff contains a series of eighth and sixteenth notes, ending with a double bar line.



2

(S) Sequenced 1998

72

♩ = 112,000061



79



86



94

♩ = 120,000000



102



108



112

