

Inner Self

Sepultura
Beneath the Remains

Standard tuning

♩ = 155

E-Gt

1

f P.M.-----| P.M.-----|

T
A
B

3-2 3-2
1-0 1-0 0-0 0-0 0-0 0-0 0-0 0-0 0-0 0-0 0-0 0-0 0-0 0-0 0-0

Detailed description: This system contains the first four measures of the guitar part. The first measure is a whole rest. The second and third measures feature a rhythmic pattern of eighth notes: G4 (3), A4 (2), B4 (1), C5 (0), D5 (0), E5 (0), F5 (0), G5 (0). The fourth measure continues this pattern with a final G5 (0). The notation includes a dynamic marking of *f* and a phrasing slur labeled 'P.M.'. Below the staff is a guitar tablature with fret numbers 3 and 2 on the first string for the first two measures, and 3 and 2 on the first string for the fourth measure. The rest of the strings are indicated as open (0).

5

P.M.-----| P.M.-----| P.M.-----|

T
A
B

0-0 0-0 0-0 0-0 0-0 0-0 3-2 3-2 0-0 0-0 0-0 0-0 0-0 0-0 0-0 0-0 1-0 1-0 0-0 0-0 0-0 0-0 3-2 3-2 0-0 0-0 0-0 0-0 0-0 0-0 1-0 1-0 0-0 0-0 0-0 0-0

Detailed description: This system contains measures 5 through 8. Measures 5, 6, and 7 continue the eighth-note rhythmic pattern from the previous system. Measure 8 begins with a quarter rest followed by a quarter note G5 (0), then continues with the eighth-note pattern. The notation includes phrasing slurs labeled 'P.M.'. The guitar tablature shows fret numbers 3 and 2 on the first string for measures 6, 7, and 8, with all other strings open.

9

P.M.-----| P.M.-----| P.M.-----|

T
A
B

0-0 0-0 0-0 0-0 0-0 0-0 3-2 3-2 0-0 0-0 0-0 0-0 0-0 0-0 0-0 0-0 1 3 2 1-0 0-0 0-0 0-0

Detailed description: This system contains measures 9 through 12. Measures 9, 10, and 11 continue the eighth-note rhythmic pattern. Measure 12 begins with a quarter rest followed by a quarter note G5 (0), then continues with the eighth-note pattern. The notation includes phrasing slurs labeled 'P.M.'. The guitar tablature shows fret numbers 3 and 2 on the first string for measures 10, 11, and 12, with all other strings open.

13

P.M.-----| P.M.-----| P.M.-----|

T
A
B

0-0 0-0 0-0 0-0 0-0 0-0 3-2 3-2 0-0 0-0 0-0 0-0 0-0 0-0 0-0 0-0 1 3 2 1-0 0-0 0-0 0-0

Detailed description: This system contains measures 13 through 16. Measures 13, 14, and 15 continue the eighth-note rhythmic pattern. Measure 16 begins with a quarter rest followed by a quarter note G5 (0), then continues with the eighth-note pattern. The notation includes phrasing slurs labeled 'P.M.'. The guitar tablature shows fret numbers 3 and 2 on the first string for measures 14, 15, and 16, with all other strings open.

17

P.M.-----+ P.M.-----+ P.M.-----+

TAB

0-0-0-0-0-0-0-0 3-2 1-0 (2) 1-1-1 3-2 1-0 (2) 1-1-1-1

22

P.M.-----+ P.M.-----+

TAB

3-2 1-0 (2) 1-1-1 3-2 1-0 (2) 1-1-1-1 2-2-2-2-2-2-2-2 0-0-0-0-0-0-0-0

27

P.M.-----+

TAB

1-1-1-1-1-1-1-1 2-2-2-2-2-2-2-2 1-1-1-1-1-1-1-1 2-2-2-2-2-2-2-2 0-0-0-0-0-0-0-0

31

P.M.-----+ P.M.-----+

TAB

1-1-1-1-1-1-1-1 2-2-2-2-2-2-2-2 1-1-1-1-1-1-1-1 2-3-2 0-1-0 0-0-0-0

35

P.M.-----+ P.M.-----+ P.M.-----+

TAB

0-0-0-0-0-0-0-0 2-3-2 0-1-0 0-0-0-0 0-0-0-0-0-0-0-0 2-3-2 0-1-0 0-0-0-0

39

P.M.-----| P.M.-----| P.M.-----|

T
A
B
0-0-0-0-0-0-0-0 2-3-2 0-0-0-0 0-0-0-0-0-0-0-0 2-3-2 0-0-0-0

43

P.M.-----| P.M.-----| P.M.-----|

T
A
B
0-0-0-0-0-0-0-0 2-3-2 0-0-0-0 0-0-0-0-0-0-0-0 2-3-2 0-0-0-0

47

P.M.-----| P.M.-----|

T
A
B
0-0-0-0-0-0-0-0 2-3-2 0-0-0-0 0-0-0-0-0-0-0-0

50

P.M.-----| P.M.-----|

T
A
B
6 7 6 4 4 4 4 4 4 4 4 4 6 7 6 4 4 4 4 4

53

P.M.-----| P.M.-----|

T
A
B
3-3-3-3-3-3-3-3 6 7 6 4 4 4 4 4 4 4 4 4 4 4 4 4

56

P.M.

TAB

6 7 6 4 4 4 4 3 3 3 3 3 3 3 6 5 3 6 4 4 4 4

4 5 4 4 4 4 3 3 3 3 3 3 4 3 1 4 2 2 2 2

59

P.M.

TAB

6 5 4 6 3 3 3 3 6 5 6 4 4 4 4

4 3 2 4 1 1 1 1 4 3 4 2 2 2 2

61

P.M.

TAB

6 5 6 3 3 3 3 6 5 3 6 4 4 4 4

4 3 4 1 1 1 1 4 3 1 4 2 2 2 2

63

P.M.

TAB

6 5 4 6 3 3 3 3 6 5 6 4 4 4 4

4 3 2 4 1 1 1 1 4 3 4 2 2 2 2

65

P.M.

TAB

6 5 6 3 3 3 3 2 2 2 2 2

4 3 4 1 1 1 1 0 0 0 0 0

♩ = 160

67

P.M.-----| P.M.-----| P.M.-----| P.M.-----|

T
A
B

2 0 0 0 0 0 2 0 3 1 1 1 1 1 3 6 4 4 4 4 4 4 2 0 0 0 0 0 0 0

69

P.M.-----| P.M.-----| P.M.-----| P.M.-----|

T
A
B

2 0 0 0 0 0 2 0 3 1 1 1 1 1 3 6 4 4 4 4 4 4 2 0 0 0 0 0 0 0

71

P.M.-----| P.M.-----| P.M.-----| P.M.-----|

T
A
B

2 0 0 0 0 0 2 0 3 1 1 1 1 1 3 6 4 4 4 4 4 4 2 0 0 0 0 0 0 0

73

P.M.-----| P.M.-----| P.M.-----| P.M.-----|

T
A
B

2 0 0 0 0 0 2 0 3 1 1 1 1 1 3 6 4 4 4 4 4 4 2 0 0 0 0 0 7 5

♩ = 155

76

P.M.-----|

T
A
B

7 5 6 4 6 4 2 0 2 0 2 0 2 0 2 0 3 2 0 0 0 0 0

81

P.M. P.M. P.M.

T
A
B

0 0 0 0 0 0 0 0 2 3 2 0 0 0 0 0 0 0 0 0 0 0 0 0 2 3 2 0 0 0 0 0

85

P.M. P.M.

T
A
B

0 0 0 0 0 0 0 0 2 3 2 0

88

P.M. P.M.

T
A
B

6 7 6 4 4 4 4 4 4 4 4 4 4 4 4 4 6 7 6 4 4 4 4 4

91

P.M. P.M.

T
A
B

3 3 3 3 3 3 3 3 6 7 6 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4

94

P.M.

T
A
B

6 7 6 4 4 4 4 4 3 3 3 3 3 3 3 3 6 4 (6) 4 (6)

100

TAB

6 4 4 2 5 3 6 4 4 2 5 3 6 6 6 6 6 6 6 6 6 6 6 6

105

TAB

4 4 4 4 5 5 5 5 6 6 6 6 6 6 6 6 4 4 4 4 5 5 5 5 2 0 (2)

2 2 2 2 3 3 3 3 4 4 4 4 4 4 4 4 2 0 (0)

$\text{♩} = 235$

110

TAB

(2) 0 2 0 2 0 2 0 2 0 2 0 5 4 0 0 0 0 0 0

(0) 0 0 0 0 0 0 0 0 3 2 0 0 0 0 0 0

113

TAB

5 4 6 6 5 4 5 4 5 4 5 4 5 4 6 6

3 2 0 0 4 4 3 2 0 0 0 0 0 0 3 2 0 0 4 4

116

TAB

5 4 5 4 5 4 5 4 6 6

3 2 0 0 0 0 0 0 3 2 0 0 4 4

118

P.M.-----| P.M.-----| P.M.-----|

T
A
B 5/3 4/2 0 0 0 0 0 0 5/3 4/2 0 0 4 4 2 2 2 2 2 2 2 2

121

P.M.-----| P.M.-----|

T
A
B 1-1-1-1-1-1-1-1-1 2-2-2-2-2-2-2-2 1-1-1-1-1-1-1-1-1 2-2-2-2-2-2-2-2

125

P.M.-----| P.M.-----|

T
A
B 1-1-1-1-1-1-1-1-1 2-2-2-2-2-2-2-2 1-1-1-1-1-1-1-1-1

128

P.M.-----| P.M.-----|

T
A
B 5/3 4/2 0 0 0 0 0 0 5/3 4/2 0 0 6 6

130

P.M.-----| P.M.-----|

T
A
B 5/3 4/2 0 0 0 0 0 0 5/3 4/2 0 0 6 6

132

P.M.-----| P.M.-----|

T
A
B 5 4 0 0 0 0 0 0 5 4 0 0 6 6

134

P.M.-----| P.M.-----| P.M.-----|

T
A
B 5 4 0 0 0 0 0 0 5 4 0 0 6 6 2 2 2 2 2 2 2 2

137

P.M.-----|

T
A
B 1 1 1 1 1 1 1 1 2 2 2 2 2 2 2 2 1 1 1 1 1 1 1 1 2 2 2 2 2 2 2 2

141

P.M.-----|

T
A
B 1 1 1 1 1 1 1 1 2 2 2 2 2 2 2 2 1 1 1 1 1 1 1 1 1 1 1 1 1 1

144

P.M.-----| P.M.-----| P.M.-----|

T
A
B 5 4 0 0 0 2 0 0 0 0 5 4 0 0 6 6

146

TAB 5/3 4/2 0 0 0 2 0 0 0 5/3 4/2 0 0 6/4 6/4

148

TAB 5/3 4/2 0 0 0 2 0 0 0 5/3 4/2 0 0 6/4 6/4

150

TAB 5/3 4/2 0 0 0 2 0 0 0 5/3 4/2 0 0 6/4 6/4 4/2 4/2 4/2 4/2 4/2 4/2 4/2 4/2

153

TAB 3/2 3/2 3/2 3/2 3/2 3/2 3/2 3/2 3/2 4/2 4/2 4/2 4/2 4/2 4/2 4/2 4/2 3/2 3/2 3/2 3/2 3/2 3/2 3/2 3/2

156

TAB 4/2 4/2 4/2 4/2 4/2 4/2 4/2 4/2 4/2 3/2 3/2 3/2 3/2 3/2 3/2 3/2 3/2 3/2 4/2 4/2 4/2 4/2 4/2 4/2 4/2 4/2

♩ = 220

159

Musical notation for measures 159-166. The top staff shows a treble clef with a key signature of one sharp (F#). Measures 159-162 feature a P.M. (pedal point) on the low F# string, indicated by a dashed line. The notes are: 159 (F#, G, A, B, C, D), 160 (F#, G, A, B, C, D), 161 (F#, G, A, B, C, D), 162 (F#, G, A, B, C, D). Measures 163-166 show chords: 163 (F#, G, A, B), 164 (F#, G, A, B), 165 (F#, G, A, B), 166 (F#, G, A, B).

T
A
B

3	3	3	3	3	3	3	3	5	(5)	4	(4)	2	(2)	0	(0)	3
2	2	2	2	2	2	2	2		(3)	2	(2)			0	(0)	1

167

Musical notation for measures 167-175. The top staff shows a treble clef with a key signature of one sharp (F#). Measures 167-175 show chords: 167 (F#, G, A, B), 168 (F#, G, A, B), 169 (F#, G, A, B), 170 (F#, G, A, B), 171 (F#, G, A, B), 172 (F#, G, A, B), 173 (F#, G, A, B), 174 (F#, G, A, B), 175 (F#, G, A, B).

T
A
B

(3)	5	(5)	4	(4)	2	(2)	3	(3)
(1)	3	(3)	2	(2)	0	(0)	1	(1)

♩ = 235

176

Musical notation for measures 176-178. The top staff shows a treble clef with a key signature of one sharp (F#). Measures 176-178 feature a P.M. on the low F# string, indicated by a dashed line. The notes are: 176 (F#, G, A, B, C, D), 177 (F#, G, A, B, C, D), 178 (F#, G, A, B, C, D).

T
A
B

0	0	0	0	0	0	0	0	0	0	3	(2)	3	(2)	0	0	0	0	0	0
										1	0	1	0						

179

Musical notation for measures 179-181. The top staff shows a treble clef with a key signature of one sharp (F#). Measures 179-181 feature a P.M. on the low F# string, indicated by a dashed line. The notes are: 179 (F#, G, A, B, C, D), 180 (F#, G, A, B, C, D), 181 (F#, G, A, B, C, D).

T
A
B

0	0	0	0	3	(2)	3	(2)	0	0	0	0	0	0	0	0	0	0	0	0	3	(2)	3	(2)
				1	0	1	0													1	0	1	0

182

Musical notation for measures 182-184. The top staff shows a treble clef with a key signature of one sharp (F#). Measures 182-184 feature a P.M. on the low F# string, indicated by a dashed line. The notes are: 182 (F#, G, A, B, C, D), 183 (F#, G, A, B, C, D), 184 (F#, G, A, B, C, D).

T
A
B

0	0	0	0	0	0	0	0	0	0	0	3	3	4	0	0	0	0	0	0	0	0	0
											1	1	2									

185

Musical notation for measures 185-187. The top staff shows a treble clef with a key signature of one sharp (F#). Measures 185-187 feature a P.M. on the low F# string, indicated by a dashed line. The notes are: 185 (F#, G, A, B, C, D), 186 (F#, G, A, B, C, D), 187 (F#, G, A, B, C, D).

T
A
B

0	0	0	0	3	3	4	0	0	0	0	0	0	0	0	0	0	0	0	0	3	3
				1	1	2														1	1

188

P.M.-----|

T
A
B 4 2 0 0 0 0 0 0 0 3 3 4 2 0 0 0 0 0 0 0

191

P.M.-----|

T
A
B 0 0 0 0 3 3 4 2 2 0 0 0 0 0 0 0 0 0 3 3

195

P.M.-----|

T
A
B 4 2 0 0 0 0 0 0 0 3 3 4 2 0 0 0 0 0 0 0

198

P.M.-----|

T
A
B 0 0 0 0 3 3 4 2 0 0 0 0 0 0 0 0 3 3

201

P.M.-----|

T
A
B 1 1 1 1 1 1 3 3 2 2 2

202

P.M.-----|

T
A
B 1 1 1 1 1 1 3 3 2 2 2

203

P.M.

T
A
B

1 1 1 1 1 1 3 3 2 2 2 0 0 0 0 0 0 0 0 0 0 0

205

P.M.

T
A
B

1 1 1 1 1 1 3 3 2 2 2

206

P.M.

T
A
B

1 1 1 1 1 1 3 3 2 2 2

207

P.M.

T
A
B

1 1 1 1 1 1 3 3 2 2 2 0 0 0 0 0 0 0 0 0 0 0

209

P.M.

T
A
B

1 1 1 1 1 1 3 3 2 2 2

210

211

P.M.

T
A
B

1 1 1 1 1 1 3 3 2 2 2 0 0 0 0 0 0 0 0 0 0 0

213

P.M.

T
A
B

1 1 1 1 1 1 3 3 2 2 2 0 0 0 0 0 0 0 0 0 0 0

214

P.M.

T
A
B

1 1 1 1 1 1 3 3 2 2 2 0 0 0 0 0 0 0 0 0 0 0

$\text{♩} = 235 \text{ rall.} - -$

215

P.M.

T
A
B

1 1 1 1 1 1 3 3 2 2 2 0 0 0 0 0 0 0 0 0 0 0

rall. ----- $\text{♩} = 155$

217

P.M.

T
A
B

6 5 3 6 4 4 4 4 6 5 4 6 3 3 3 3 4 3 2 4 1 1 1 1

219

T
A
B

6 5 6 4 4 4 4 6 5 6 3 3 3 3
4 3 4 2 2 2 2 4 3 4 1 1 1 1

221

T
A
B

6 5 3 6 4 4 4 4 6 5 4 6 3 3 3 3
4 3 1 4 2 2 2 2 4 3 2 4 1 1 1 1

223

T
A
B

6 5 6 4 4 4 4 6 5 6 3 3 3 3
4 3 4 2 2 2 2 4 3 4 1 1 1 1

225

$\text{♩} = 160$

T
A
B

2 2 2 2 2 2 2 0 0 0 0 0 0 3 1 1 1 1 3
0 0 0 0 0 0 0 0 0 0 0 0 0 1 1 1 1 1

227

T
A
B

6 4 4 4 4 4 6 2 0 0 0 0 0 0 0 2 3 1 1 1 1 3
4 4 4 4 4 4 4 0 0 0 0 0 0 0 0 1 1 1 1 1

229

P.M.-----| P.M.-----| P.M.-----| P.M.-----|

T
A
B

6 4 4 4 4 4 6 2 0 0 0 0 0 0 0 2 0 0 0 0 0 0 2 3 1 1 1 1 1 3

231

P.M.-----| P.M.-----| P.M.-----| P.M.-----|

T
A
B

6 4 4 4 4 4 6 2 0 0 0 0 0 0 0 2 0 0 0 0 0 0 2 3 1 1 1 1 1 3

233

P.M.-----| P.M.-----| P.M.-----|

T
A
B

6 4 4 4 4 4 6 2 0 0 0 0 0 0 0 0 4 2 0 2 0 3 3 3 3 3 3 2 0 3 3 3 3 3 3 2 0 3 3 3 3 3 3

235

P.M.-----| P.M.-----| P.M.-----|

T
A
B

0 4 2 0 2 0 3 3 3 3 3 3 0 4 2 0 2 0 3 3 3 3 3 3 2 0 3 3 3 3 3 3

237

P.M.-----| P.M.-----|

T
A
B

0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 4 2 0 2 0 3 3 3 3 3 3 2 0 3 3 3 3 3 3

239

P.M.-----| P.M.-----| P.M.-----|

T
A
B

0 4 2 0 2 0 3 3 3 3 3 3 0 4 2 0 2 0 3 3 3 3 3 3 2 0 3 3 3 3 3 3

