

The Frayed Ends Of Sanity

Metallica
...And Justice For All

Standard tuning

♩ = 116

116 bpm

♩ = 116

E-Gt

TAB

		X	X	2	5	2	4
				2	5	2	4
				0	3	0	2

TAB

2	3	2		3	2	3	2		
2	3	2		3	2	3	2		
0	1	0	X	1	0	0	0	X	X

TAB

3		2	X	3	2	3	2	3	X
3		2	X	3	2	3	2	3	X
1		0	X	1	0	0	0	0	X

TAB

2	3	2	X	3	2	3	2	X	X
2	3	2	X	3	2	3	2	X	X
0	1	0	X	1	0	0	0	0	X

15

TAB: 3 2 X X 2 3 2 X X 3

1 0 0 0 0 1 0 0 0 1

half time feel

$\text{♩} = 192$

18

TAB: 0 0 0 0 3 0 3 0 4 0 0 3

0 0 0 0 1 0 1 0 2 0 0 1

19

TAB: 2 0 0 0 3 0 3 0 4 0 0 3

0 0 0 0 1 0 1 0 2 0 0 1

20

TAB: 2 0 0 0 3 0 3 0 4 0 0 3

0 0 0 0 1 0 1 0 2 0 0 1

21

TAB: 2 0 0 0 3 0 3 3 3 3

0 0 0 0 1 0 1 1 1 1

half time feel

22

TAB: 0 0 0 0 3 0 3 0 4 0 0 3

0 0 0 0 1 0 1 0 2 0 0 1

23

TAB

2 0 0 0 0 3 1 0 0 3 1 0 4 0 0 3 1

24

TAB

2 0 0 0 0 3 1 0 0 3 1 0 4 0 0 3 1

25

TAB

2 0 0 0 0 3 1 0 0 3 1 3 1 3 1

half time feel

26

TAB

0 0 0 0 0 3 1 0 0 3 1 0 4 0 0 3 1

27

TAB

2 0 0 0 0 3 1 0 0 3 1 X X 3 1 3 1 3 1 3 1

28

TAB

0 0 0 0 0 3 1 0 0 3 1 0 4 0 0 3 1

double time feel

29

TAB 2 2 0 0 2 2 0 0 7 6 0 0 7 6 0 0 7 5 0 0 5 0 0 4 0 0 2 2

half time feel

31

TAB 0 0 0 0 3 1 0 0 3 1 0 2 0 0 3 1

32

TAB 2 0 0 0 0 3 1 0 0 3 1 0 2 0 0 3 1

double time feel

33

TAB 2 2 0 0 2 2 0 0 7 6 0 0 7 6 0 0 7 5 0 0 5 0 0 4 0 0 2 2

half time feel

35

TAB 0 0 0 0 3 1 0 0 3 1 0 2 0 0 3 1

double time feel

36

Musical notation for measure 36 in treble clef with a key signature of one sharp (F#). The staff contains four chords: F#m (F#2, A2, C3), G#m (G#2, B2, D3), A2 (A2, C3, E3), and F#m (F#2, A2, C3). The guitar tab below shows the fretting for each chord: 4-4-2 for F#m, 3-3-1 for G#m, 2-2-0 for A2, and 6-6-4 for F#m.

TAB 4 3 2 6
4 3 2 6
2 1 0 4

half time feel

37

Musical notation for measure 37 in treble clef with a key signature of one sharp (F#). The staff contains a sequence of notes: F#2, A2, C3, D3, E3, F#3, G#3, A3, B3, C4, D4, E4, F#4, G#4, A4, B4, C5. The guitar tab below shows the fretting for each note: 0 for F#2, 0 for A2, 0 for C3, 0 for D3, 3 for E3, 0 for F#3, 0 for G#3, 0 for A3, 1 for B3, 3 for C4, 0 for D4, 0 for E4, 4 for F#4, 0 for G#4, 0 for A4, 3 for B4, 1 for C5.

TAB 0 0 0 0 3 0 0 0 3 0 4 0 0 3
1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1

double time feel

38

Musical notation for measure 38 in treble clef with a key signature of one sharp (F#). The staff contains four chords: F#m (F#2, A2, C3), G#m (G#2, B2, D3), A2 (A2, C3, E3), and F#m (F#2, A2, C3). The guitar tab below shows the fretting for each chord: 4-4-2 for F#m, 3-3-1 for G#m, 2-2-0 for A2, and 6-6-4 for F#m.

TAB 4 3 2 6
4 3 2 6
2 1 0 4

half time feel

39

Musical notation for measure 39 in treble clef with a key signature of one sharp (F#). The staff contains a sequence of notes: F#2, A2, C3, D3, E3, F#3, G#3, A3, B3, C4, D4, E4, F#4, G#4, A4, B4, C5. The guitar tab below shows the fretting for each note: 0 for F#2, 0 for A2, 0 for C3, 0 for D3, 3 for E3, 0 for F#3, 0 for G#3, 0 for A3, 1 for B3, 3 for C4, 0 for D4, 0 for E4, 4 for F#4, 0 for G#4, 0 for A4, 3 for B4, 1 for C5.

TAB 0 0 0 0 3 0 0 0 3 0 4 0 0 3
1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1

40

Musical notation for measure 40 in treble clef with a key signature of one sharp (F#). The staff contains a sequence of notes: F#2, A2, C3, D3, E3, F#3, G#3, A3, B3, C4, D4, E4, F#4, G#4, A4, B4, C5. The guitar tab below shows the fretting for each note: 2 for F#2, 0 for A2, 0 for C3, 0 for D3, 3 for E3, 0 for F#3, 0 for G#3, 0 for A3, 1 for B3, 3 for C4, 0 for D4, 0 for E4, 4 for F#4, 0 for G#4, 0 for A4, 3 for B4, 1 for C5.

TAB 2 0 0 0 3 0 0 0 3 0 4 0 0 3
0 0 0 0 1 0 0 0 1 0 1 0 0 1 0 1 0

double time feel

41

Musical notation for measure 41 in treble clef with a key signature of one sharp (F#). The staff contains a sequence of notes: F#2, A2, C3, D3, E3, F#3, G#3, A3, B3, C4, D4, E4, F#4, G#4, A4, B4, C5. The guitar tab below shows the fretting for each note: 2 for F#2, 0 for A2, 5 for C3, 5 for D3, 7 for E3, 0 for F#3, 0 for G#3, 3 for A3, 3 for B3, 7 for C4, 0 for D4, 0 for E4, 3 for F#4, 3 for G#4, 0 for A4, 0 for B4, 5 for C5, 6 for F#4, 7 for G#4, 8 for A4.

TAB 2 0 5 5 7 0 0 5 5 7 0 0 5 6 7 8
0 0 3 3 5 0 0 3 3 5 0 0 3 4 5 6

43

TAB

0 0 3 3 5 5 7 0 0 3 3 2 0 0 3 3 0 0 3 4 5 6 2 4 2 4 2

46

TAB

5 6 7 8 5 6 7 8 2 4 5 6 7 8 2 5 3 4 5 6 0 2 4 5 6 0 3 4 5 6

50

TAB

4 5 6 7 8 2 7 5 6 7 8 5 6 7 8 4 5 6 7 8 2 7 3 4 5 6 3 4 5 6

53

TAB

5 6 7 8 5 6 7 8 3 4 5 6

half time feel

54

TAB

0 0 0 0 3 1 0 0 3 1 0 4 0 0 3 1

55

TAB

2 0 0 0 3 1 0 0 3 1 0 4 0 0 3 1

56

TAB: 2 0 0 0 0 3 1 0 0 3 1 0 4 0 0 3 1

57

TAB: 2 0 0 0 0 3 1 0 0 3 1 X X 3 3 3 3 3 1

sim.

58

TAB: 2 2 0 0 2 0 0 7 0 0 7 0 0 7 5 0 0 5 0 0 4 0 0 2 2

60

TAB: 0 0 0 0 3 1 0 0 3 1 0 4 0 0 3 1

61

TAB: 2 0 0 0 0 3 1 0 0 3 1 0 4 0 0 3 1

62

TAB: 2 2 0 0 2 0 0 7 0 0 7 0 0 7 5 0 0 5 0 0 4 0 0 2 2

64

TAB
0 0 0 0 3 1 0 0 3 1 0 4 0 0 3 1

65

TAB
4 4 2 3 1 2 0 6 6 4

66

TAB
0 0 0 0 3 1 0 0 3 1 0 4 0 0 3 1

67

TAB
4 4 2 3 1 2 0 6 6 4

68

TAB
0 0 0 0 3 1 0 0 3 1 0 4 0 0 3 1

69

TAB
2 0 0 0 3 1 0 0 3 1 0 4 0 0 3 1

70

TAB

2 0 0 3 5 5 7 0 0 3 5 7 0 0 3 3 5 0 0 3 3 0 0 3 6 7 8

72

TAB

0 0 3 5 5 7 0 0 3 5 2 0 0 0 3 3 0 0 3 6 7 8 2 4 2 4 2

75

TAB

5 6 7 8 2 4 5 6 7 8 2 5 5 6 7 8 2 5 3 4 5 6 0 3

79

TAB

4 5 6 7 8 2 7 5 6 7 8 5 6 7 8 4 5 6 7 8 2 3 4 5 6

82

TAB

5 6 7 8 3 4 5 6

83

TAB

0 0 0 0 3 1 0 0 3 1 0 2 0 0 3 1

84

T
A
B

2 0 0 0 0 3 1 0 0 3 1 0 4 2 0 0 3 1

85

T
A
B

2 0 0 0 0 3 1 0 0 3 1 0 4 2 0 0 3 1

86

T
A
B

2 0 0 0 0 3 1 0 0 3 1 0 4 2 0 0 0 0

87

T
A
B

2-4-2 5-4-2 2-4-2 5-3-2-5 2-5 2-4-2 5-4-2

90

T
A
B

2-4-2 5-3-2-5 2-5 2-4-2 5-4-2 2-4-2 5-3-2-5 2-5

93

T
A
B

2-4-2 5-4-2 2-4-2 5-3-2-5 2-5 4-4-6-4 7-6-4

96

T
A
B

4 6 4 7 5 4 7 4 7 4 6 4 7 6 4 4 6 4 7 5 4 7 4 7

99

T
A
B

2 4 2 5 4 2 2 4 2 5 3 2 5 2 5 2 4 2 5 4 2

102

T
A
B

2 4 2 5 3 2 5 2 5 2 2 2 2 4 2 5 4 2

105

T
A
B

2 4 2 5 3 2 5 2 5 2 2 4 2 5 4 2 2 4 2 5 3 2 5 2 5

108

T
A
B

4 4 6 4 7 6 4 4 6 4 7 5 4 7 4 7 4 4 6 4 7 6 4

111

T
A
B

4 6 4 7 5 4 7 4 7 5 5 7 5 8 7 5 5 5 7 5 8 7 5

114

T
A
B 6 6 8 6 9 8 6 6 6 8 6 9 8 6 9 7 9 7 9 7 9 7

118

T
A
B 9 7 7 9 7 10 9 7 7 9 7 10 8 7 7 10 7 9

122

T
A
B 10 0 0 0 0 7 5 7 0 0 0 7 5

125

T
A
B 7 0 0 0 7 5 7 0 0 7 0 0 6 0 0 0 7 5 7 0 0 0 7 5

127

T
A
B 7 0 0 0 7 5 7 7 7 6 6 5 0 0 0 0 7 5 7 0 0 0 7 5

129

T
A
B 7 0 0 0 7 5 7 0 0 7 0 0 6 0 0 0 7 5 7 0 0 0 7 5

131

TAB 7 0 0 0 7 5 7 7 7 6 6 6 5 0 0 0 7 5 7 0 0 0 7 5

133

TAB 7 0 0 0 7 5 7 0 0 7 0 0 6 0 0 0 7 5 7 0 0 0 7 5

135

TAB 7 0 0 0 7 5 7 7 7 6 6 6 5 0 0 0 7 5 7 0 0 0 7 5

137

TAB 7 0 0 0 7 5 7 0 0 7 0 0 6 0 0 0 7 5 7 0 0 0 7 5 7 0 0 0 7 5

140

TAB 3 3 3 3 3 3 2 1 1 1 1 1 1 0 0 0 0 0 0 0 0 0 0 0 7 0 0 6 0 0 0 0 0 0 0 0 0 7 0 0

143

TAB 6 0 0 0 0 0 0 0 0 7 0 0 6 0 6 0 5 0 6 0

Musical notation system 145: Treble clef, key signature of two sharps (F# and C#), 4/4 time. The staff contains two measures of music. The first measure has a triad of G4, A4, and B4. The second measure contains a sequence of eighth notes: G4, A4, B4, C5, B4, A4, G4. The guitar tab below shows the fretting: Measure 1: 7-7-5 over strings 1-2-3, then 8-8-6 over strings 4-5-6. Measure 2: 0-0-0-0-0-0-7-0, then 9-9-7, then 4-2-2-2-2-2-2-2-4-2-2.

Musical notation system 147: Treble clef, key signature of two sharps (F# and C#), 4/4 time. The staff contains two measures of music. The first measure has a triad of G4, A4, and B4. The second measure contains a sequence of eighth notes: G4, A4, B4, C5, B4, A4, G4. The guitar tab below shows the fretting: Measure 1: 3-2-2-2-2-2-2-2-4-2-2. Measure 2: 3-2-2-2-2-2-2-2-4-2-2.

Musical notation system 149: Treble clef, key signature of two sharps (F# and C#), 4/4 time. The staff contains three measures of music. Each measure has a triad of G4, A4, and B4. The guitar tab below shows the fretting: Measure 1: 2-2-0-0-0-0-0-0-0-7-0-0. Measure 2: 6-0-0-0-0-0-0-0-0-7-0-0. Measure 3: 6-0-0-0-0-0-0-0-0-7-0-0.

Musical notation system 152: Treble clef, key signature of two sharps (F# and C#), 4/4 time. The staff contains two measures of music. The first measure has a sequence of eighth notes: G4, A4, B4, C5, B4, A4, G4. The second measure has a triad of G4, A4, and B4. The guitar tab below shows the fretting: Measure 1: 6-0-6-0-5-0-6-0. Measure 2: 8-8-6 over strings 1-2-3, then 9-9-7 over strings 4-5-6, then 0-0-0-0-0-0-0-7-0.

Musical notation system 154: Treble clef, key signature of two sharps (F# and C#), 4/4 time. The staff contains two measures of music. The first measure has a triad of G4, A4, and B4. The second measure contains a sequence of eighth notes: G4, A4, B4, C5, B4, A4, G4. The guitar tab below shows the fretting: Measure 1: 4-4-2 over strings 1-2-3, then 4-2-2-2-2-2-2-2-4-2-2. Measure 2: 3-2-2-2-2-2-2-2-4-2-2.

Musical notation system 156: Treble clef, key signature of two sharps (F# and C#), 4/4 time. The staff contains two measures of music. The first measure has a triad of G4, A4, and B4. The second measure contains a sequence of eighth notes: G4, A4, B4, C5, B4, A4, G4. The guitar tab below shows the fretting: Measure 1: 3-2-2-2-2-2-2-2-4-2-2. Measure 2: 2-2-0-0-0-0-0-0-0-7-0-0.

158

T
A
B

6 0 0 0 0 0 0 0 7 0 0 6 0 0 0 0 0 0 0 7 0 0

160

T
A
B

4 2 2 2 2 2 2 2 4 2 2 3 2 2 2 2 2 2 2 4 2 2

162

T
A
B

3 2 2 2 2 2 2 2 4 2 2 2 0 0 0 0 0 0 0 7 0 0

164

T
A
B

6 0 0 0 0 0 0 0 7 0 0 6 0 0 0 0 0 0 0 7 0 0 6 0 4 5 3 5 6 0

167

T
A
B

8 6 0 0 0 0 0 0 7 0 0 6 0 0 0 0 0 0 0 7 0 0 6 0 0 0 0 0 0 0 7 0 0

170

T
A
B

6 0 0 0 0 0 0 0 7 0 0 6 0 4 5 3 5 6 0 9 11 2 2 2 2 2 0
9 11 2 2 2 2 2 0
7 9

173

TAB 5 7 9 0 0 0 5 7 9 0 0 0 0 5 7 9 0 0 5 7 9 0 0 0 0

177

TAB 5 7 9 0 0 0 5 7 9 0 0 0 0 5 7 9 0 0 5 7 9 0 0 0 0

180

TAB 5 7 9 4 4 2 4 2 5 4 2 2 4 2 5 3 2 5 2 5

183

TAB 2 4 2 5 4 2 2 4 2 5 3 2 5 2 5 7 9 7 10 9 7

186

TAB 7 9 7 10 8 7 10 7 10 5 7 9 5 7 9 5 7 9 5 7 9 0 0 0 0

189

TAB 5 7 9 0 0 0 5 7 9 0 0 0 0 5 7 9 0 0 5 7 9 0 0 0 0

193

T
A
B

5 7 0 0 7 5 0 7 0 0 0 5 7 9 9 9 9

199

T
A
B

2 4 2 5 4 2 2 4 2 5 3 2 5 2 5 4 4 4 2 2

202

T
A
B

2 4 2 5 4 2 2 4 2 5 3 2 2 1 0 4 4 4 3 3 4 3 3 1 1

205

T
A
B

3 3 3 1 1 3 1

206

T
A
B

0 0 0 0 3 1 0 0 3 1 0 4 0 0 3 1

207

T
A
B

2 0 0 0 3 1 0 0 3 1 0 4 0 0 3 1

208

T
A
B

2 0 0 0 0 3 1 0 0 3 1 0 4 0 0 3 1

209

T
A
B

2 0 0 0 0 3 1 0 0 3 1 X X 3 3 3 3 3 1

210

T
A
B

2 2 0 0 0 2 0 0 7 0 0 7 0 0 7 5 0 0 7 5 0 0 7 4 0 0 2 2

1/2

212

T
A
B

0 0 0 0 0 3 1 0 0 3 1 0 4 0 0 0 3 1

213

T
A
B

2 0 0 0 0 3 1 0 0 3 1 0 4 0 0 0 3 1

214

T
A
B

2 2 0 0 0 2 0 0 7 0 0 7 0 0 7 5 0 0 7 5 0 0 7 4 0 0 2 2

1/2

216

TAB
0 0 0 0 3 1 0 0 3 1 0 4 0 0 3 1

217

TAB
4 4 2 3 3 1 2 2 0 6 6 4

218

TAB
0 0 0 0 3 1 0 0 3 1 0 4 0 0 3 1

219

TAB
4 4 2 3 3 1 2 2 0 6 6 4

220

TAB
0 0 0 0 3 1 0 0 3 1 0 4 0 0 3 1

221

TAB
2 0 0 0 0 3 1 0 0 3 1 0 4 0 0 3 1

222

TAB

2 5 7 5 7 5 0 0 5 5 7 0 0 5 5 6 7 8

0 0 3 3 5 0 0 3 3 5 0 0 3 3 4 5 6

224

TAB

0 0 5 5 7 0 0 5 5 2 0 0 0 5 5 6 7 8 2 4

0 0 3 3 5 0 0 3 3 0 0 3 3 4 5 6 0 0 2 4

227

TAB

5 6 7 8 2 4 5 6 7 8 2 5

5 6 7 8 0 4 5 6 7 8 0 3

3 4 5 6 0 2 2 3 4 5 6 0 3

231

TAB

4 5 6 7 8 9 9 7 7 5 6 7 8

4 5 6 7 8 9 9 7 7 5 6 7 8

2 3 4 5 6 7 7 5 5 3 4 5 6

234

TAB

9 7 5 6 7 8 5 6 7 8 5 6 7 8

9 7 5 6 7 8 5 6 7 8 5 6 7 8

7 5 3 4 5 6 3 4 5 6 3 4 5 6

237

TAB

0 0 0 0 3 0 0 3 0 4 0 0 3 2 0 0 0 3 0 0

0 0 0 0 1 0 0 1 0 2 0 0 1 0 0 0 0 1 0 0

240

TAB 3 1 0 4 2 0 0 0 3 1 2 0 0 0 0 3 1 0 0

242

TAB 3 1 0 4 2 0 0 3 1 2 0 0 0 0 3 1 0 0 3 1 X X X 3 X 3 X X X X 1 X 1

245

TAB X 3 1 0 0 3 1 0 2 0 3 1 0 2 0 0 0 3 1 2 0 0 0 3 1 0 0

248

TAB 3 1 0 4 2 0 0 0 3 1 2 0 0 0 0 3 1 0 0

250

TAB 3 1 0 4 2 0 0 0 3 1 2 0 2 0 2 0 2 0 2 0 2 0

252

TAB 2 2 2 2 2 0 4 2 5 7 9 5 7 5 7 9 5 7 0 0 0 0

255

T
A
B

5 7 9 5 7 9 5 7 9 5 7 9 5 7 9

0-0 0-0 0-0 0-0 0-0 0-0 0-0 0-0 0-0 0-0 0-0 0-0 0-0 0-0 0-0

259

T
A
B

5 7 9 5 7 9 5 7 9 5 7 9 5 7 9

0-0 0-0 0-0 0-0 0-0 0-0 0-0 0-0 0-0 0-0 0-0 0-0 0-0 0-0 0-0

263

mf *f*

T
A
B

(9) 9 (9) 9 (7) 7 (0) 0