

# Legend Of A Bainshead Man

Death Metal  
AMON AMARTH  
The Avenger

Words & Music by AMON AMARTH

Baritone  
①=B ④=A  
②=F# ⑤=E  
③=D ⑥=B

♩ = 118

E-Gt

T  
A  
B

## Intro (0:07)

T  
A  
B

T  
A  
B

T  
A  
B

11 *let ring*

TAB

7 7 4 0 4 7 7 4 0 4 7 7 4 0 4 7 7 7 7 7

13 *let ring*

TAB

4 4 4 6 6 6 4 4 4 4 4 4 4 4 4 4 4 6

15 *let ring*

TAB

7 7 4 0 4 7 7 4 0 4 7 7 4 0 4 7 7 7 7 7

17 *let ring*

TAB

4 4 4 6 6 6 4 4 4 4 4 4 4 4 4 4 4 6

19 *let ring*

TAB

7 7 4 0 4 7 7 4 0 4 7 7 4 0 4 7 7 7 7 7

Verse 1 (0:40)

21

*f*  
P.M.-----  
*fff*

T  
A  
B

4 4 4 4 4 4 4 4 4 4 6 6  
6 6

22

*f*  
P.M.-----  
*fff*

*f*  
P.M.-----  
*fff*

T  
A  
B

4 4 4 4 4 4 4 4 4 4 6 6 0 0 0 0 0 0 0 0 2 2  
6 6 2 2

Maintheme 1 (1:12)

24

*f*  
P.M.-----  
*fff*

4x

4<sup>let</sup> *fing*-----

T  
A  
B

0 0 0 0 0 0 0 0 2 2 8 8 8 8 8 8 7 7 7 7 7 7  
2 2

26

*f*  
P.M.-----  
*fff*

let ring-----

T  
A  
B

8 8 8 8 8 8 7 7 7 8 8 8 5 5 5 5 5 5 5 5 5 5 5 5  
5 5 5 5 5 5 5 5 5 5 8 8 8 8 8 8 7 7 7 7 7 7

28

*f*  
P.M.-----  
*fff*

let ring-----

T  
A  
B

5 5 5 5 5 5 5 5 5 5 5 5 8 8 8 8 8 8 7 7 7 7 7 7

30

let ring

TAB

8 8 8 8 8 8 7 7 7 8 8 8 | 5 5 5 5 5 5 5 5 5 5 5 5

Verse 2 (1:28)

32

let ring

P.M.

*fff*

TAB

5 5 5 5 5 5 5 5 5 5 5 5 | 4 4 4 4 4 4 4 4 4 4 6 6 | 6 6

34

*f*

P.M.

*fff*

*f*

P.M.

*fff*

TAB

4 4 4 4 4 4 4 4 4 4 | 6 6 | 6 6 | 0 0 0 0 0 0 0 0 0 0 | 2 2 | 2 2

36

*f*

P.M.

*fff*

*f*

P.M.

*fff*

TAB

0 0 0 0 0 0 0 0 0 0 | 2 2 | 2 2 | 4 4 4 4 4 4 4 4 4 4 | 6 6 | 6 6

38

*f*

P.M.

*fff*

*f*

P.M.

*fff*

TAB

4 4 4 4 4 4 4 4 4 4 | 6 6 | 6 6 | 0 0 0 0 0 0 0 0 0 0 | 2 2 | 2 2

Chorus (1:45)

40

Musical notation for measures 40-41. Measure 40 contains four groups of three eighth notes (trios) on a G major chord. Measure 41 contains four groups of three eighth notes on an A major chord. Dynamics include *f* and *fff*. A 'P.M.' (pick mark) is indicated with a dashed line in measure 40.

TAB

0 0 0 0 0 0 0 0 2 2 2 2 6 6 6 6 6 6 6 6 6 6 6 6 6 6 6

42

Musical notation for measures 42-43. Measure 42 contains four groups of three eighth notes on an A major chord. Measure 43 contains four groups of three eighth notes on a G major chord.

TAB

9 9 9 9 9 9 8 8 8 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9

44

Musical notation for measures 44-45. Measure 44 contains four groups of three eighth notes on an A major chord. Measure 45 contains four groups of three eighth notes on a G major chord.

TAB

7 7 7 7 7 7 6 6 6 9 9 9 6 6 6 6 6 6 6 6 6 6 6 6 6 6 6

46

Musical notation for measures 46-47. Measure 46 contains four groups of three eighth notes on an A major chord. Measure 47 contains four groups of three eighth notes on a G major chord.

TAB

9 9 9 9 9 9 8 8 8 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9

48

Musical notation for measures 48-49. Measure 48 contains four groups of three eighth notes on an A major chord. Measure 49 contains four groups of three eighth notes on a G major chord.

TAB

7 7 7 7 7 7 6 6 6 9 9 9 8 8 8 6 6 6 6 6 6 6 6 6 6 6 6

50

Musical notation for measures 50-51. Measure 50 contains four groups of three eighth notes on an A major chord. Measure 51 contains four groups of three eighth notes on a G major chord.

TAB

9 9 9 9 9 9 8 8 8 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9

52

T  
A  
B

54

T  
A  
B

**Bridge (2:17)**

56

T  
A  
B

58

T  
A  
B

60

T  
A  
B

62

T  
A  
B

Chorus 2 (2:34)

64

Musical notation for measures 64-65. Measure 64 contains four groups of three eighth notes: G4, A4, B4; A4, B4, C5; B4, C5, D5; C5, D5, E5. Measure 65 contains four groups of three eighth notes: F#4, G4, A4; G4, A4, B4; A4, B4, C5; B4, C5, D5. The key signature has one sharp (F#).

TAB

6 6 6 6 6 6 9 9 9 9 9 9 | 6 6 6 6 6 6 6 6 6

66

Musical notation for measures 66-67. Measure 66 contains four groups of three eighth notes: G4, A4, B4; A4, B4, C5; B4, C5, D5; C5, D5, E5. Measure 67 contains four groups of three eighth notes: F#4, G4, A4; G4, A4, B4; A4, B4, C5; B4, C5, D5. The key signature has one sharp (F#).

TAB

/ 9 9 9 9 9 9 8 8 8 9 9 9 | 9 9 9 9 9 9 9 9 9 9 9 9

68

Musical notation for measures 68-69. Measure 68 contains four groups of three eighth notes: G4, A4, B4; A4, B4, C5; B4, C5, D5; C5, D5, E5. Measure 69 contains four groups of three eighth notes: F#4, G4, A4; G4, A4, B4; A4, B4, C5; B4, C5, D5. The key signature has one sharp (F#).

TAB

9 9 9 9 9 9 8 8 8 9 9 9 | 6 6 6 6 6 6 6 6 6 6 6 6

70

Musical notation for measures 70-71. Measure 70 contains four groups of three eighth notes: G4, A4, B4; A4, B4, C5; B4, C5, D5; C5, D5, E5. Measure 71 contains four groups of three eighth notes: F#4, G4, A4; G4, A4, B4; A4, B4, C5; B4, C5, D5. The key signature has one sharp (F#).

TAB

/ 9 9 9 9 9 9 8 8 8 9 9 9 | 9 9 9 9 9 9 9 9 9 9 9 9

Chorus 2 (2:50)

72

Musical notation for measures 72-73. Measure 72 contains four groups of three eighth notes: G4, A4, B4; A4, B4, C5; B4, C5, D5; C5, D5, E5. Measure 73 contains four groups of three eighth notes: F#4, G4, A4; G4, A4, B4; A4, B4, C5; B4, C5, D5. The key signature has one sharp (F#).

TAB

9 9 9 9 9 9 8 8 8 9 9 9 | 6 6 6 6 6 6 6 6 6 / 6 6 6

74

T  
A  
B

9 9 9 9 9 9 8 8 8 9 9 9 9 9 9 9 9 9 9

76

T  
A  
B

7 7 7 7 7 7 6 6 6 9 9 9 6 6 6 6 6 6 6 6 6 6 6 6

78

T  
A  
B

9 9 9 9 9 9 8 8 8 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9

80

T  
A  
B

7 7 7 7 7 7 6 6 6 9 9 9 8 8 8 6 6 6 6 6 6 6 6 6 6 6 6

82

T  
A  
B

9 9 9 9 9 9 8 8 8 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9

84

T  
A  
B

7 7 7 7 7 7 6 6 6 9 9 9 8 8 8 8 8 8 6 6 6 6 6 6 6 6 6



86

T  
A  
B

9 9 9 9 9 9 8 8 8 9 9 9 9 9 9 9 9 9 9 9 9

Interlude (3:22)

88

T  
A  
B

7 7 7 7 7 7 6 6 6 6 6 6 6 (6) (6) 4 4 4 4 4 6 (4)

91

T  
A  
B

7 7 4 0 4 7 7 4 0 4 7 7 7 7 7

93

T  
A  
B

4 4 4 6 6 6 4 4 4 4 4 4 4 4 4 6

95

T  
A  
B

7 7 4 0 4 7 7 4 0 4 7 7 7 7 7

97

let ring

T  
A  
B

4 4 4 | 6 6 6 4 4 4 4 4 4 | 4 4 4 6 6 6 4 4 4 4 4 6

99

let ring

T  
A  
B

7 7 | 4 0 4 | 7 7 | 4 0 4 | 7 7 | 4 0 4 | 7 7 7 7 7

101

let ring

T  
A  
B

4 4 4 | 6 6 6 4 4 4 4 4 4 | 4 4 4 6 6 6 4 4 4 4 4 6

103

Verse 3 (3:55)

let ring

T  
A  
B

7 7 7 | 4 0 4 | 7 7 7 | 4 0 4 | 7 7 7 | 4 0 4 | 7 7 7 7

13

106

f fff ff f fff

P.M.

T  
A  
B

(13) | 12 13 12 9 | (9) | (9) | 4 4 4 4 4 4 4 4 4 4 | 6 6 | 6 6

110

T  
A  
B

112

T  
A  
B

114

T  
A  
B

116

T  
A  
B

118

T  
A  
B

Bridge (4:27)

120

*f* P.M. *fff* *f* let ring

TAB

0 0 0 0 0 0 0 0 0 2 2

122

let ring let ring

TAB

8 8 8 8 8 8 7 7 7 8 8 8 5 5 5 5 5 5 5 5 5 5 5 5

124

let ring

TAB

5 5 5 5 5 5 5 5 5 5 8 8 8 8 8 8 7 7 7 7 7 7

126

let ring

TAB

8 8 8 8 8 8 7 7 7 8 8 8 5 5 5 5 5 5 5 5 5 5 5 5

Outro (4:44)

128

let ring let ring

TAB

5 5 5 5 5 5 5 5 5 5 8 8 8 8 8 8 7 7 7 7 7 7

130

let ring

TAB

8 8 8 8 8 8 7 7 7 8 8 8 7 7 7 7 7 7 7 7 7 7 7 7



