

Forbidden Beat

Bad Religion

Suffer

Words by Brett Gurewitz & Greg Graffin

Music by Bad Religion

Standard tuning

♩ = 150

E-Gt

The first system of music features a treble clef with a key signature of one sharp (F#) and a 4/4 time signature. It begins with a measure of rest followed by a series of eighth-note chords. The guitar part is written in standard tuning with a capo on the first fret. The notation includes a dynamic marking of *f* (forte) and a first ending bracket over the first measure.

T	7	7	7	7	5	7	7	7	7	7	7	7	7	7	5
A	7	7	7	7	5	7	7	7	7	7	7	7	7	7	5
B	5	5	5	5	3	5	5	5	5	5	5	5	5	3	3

The second system continues the musical notation with eighth-note chords and guitar tablature. The tablature for the bass line includes triplets of eighth notes.

T	7	7	7	7	5	7	7	7	7	7	7	7	7	7	7	7
A	7	7	7	7	5	7	7	7	7	7	7	7	7	7	7	7
B	5	5	5	5	3	5	5	5	5	3	3	3	3	5	5	5

The third system continues the musical notation with eighth-note chords and guitar tablature. The tablature for the bass line includes triplets of eighth notes.

T	5	5	5	5	5	5	5	5	3	3	3	3	3	3	3	3
A	5	5	5	5	5	5	5	5	3	3	3	3	3	3	3	3
B	3	3	3	3	3	3	3	3	3	3	3	3	3	5	5	5

The fourth system continues the musical notation with eighth-note chords and guitar tablature. The tablature for the bass line includes triplets of eighth notes.

T	7	7	7	7	7	7	7	7	5	5	5	5	5	5	5	5
A	7	7	7	7	7	7	7	7	5	5	5	5	5	5	5	5
B	5	5	5	5	5	5	5	5	3	3	3	3	3	3	3	3

13

T	7	7	7	7	7	7	7	7	7	7	7	7	7	7	7	5	5	5	5	5	5	5	5	5
A	7	7	7	7	7	7	7	7	7	7	7	7	7	7	7	5	5	5	5	5	5	5	5	5
B	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	3	3	3	3	3	3	3	3	3

16

T	3	3	3	3	3	3	3	3	7	7	7	7	7	7	7	5	5	5	5	5	5	5	5
A	4	4	4	4	4	4	4	4	7	7	7	7	7	7	7	5	5	5	5	5	5	5	5
B	3	3	3	3	3	3	3	3	5	5	5	5	5	5	5	3	3	3	3	3	3	3	3

19

T	7	7	7	7	7	7	7	7	10	10	10	10	5	5	5	5	5	5	5	5	5	5	5	5
A	7	7	7	7	7	7	7	7	10	10	10	10	5	5	5	5	5	5	5	5	5	5	5	5
B	5	5	5	5	5	5	5	5	8	8	8	8	3	3	3	3	3	3	3	3	3	3	3	3

22

T					5	5	5	5	7	7	7	7	7	7	7	7	5	5	5	5	5	5	5	5
A					5	5	5	5	7	7	7	7	7	7	7	7	5	5	5	5	5	5	5	5
B	3	3	3	3	3	3	3	3	5	5	5	5	5	5	5	5	3	3	3	3	3	3	3	3

25

T	5	5	5	5	5	5	5	5	7	7	7	7	5	7	7	7	7	7	7	7	5	5	5	5
A	5	5	5	5	5	5	5	5	7	7	7	7	5	7	7	7	7	7	7	7	5	5	5	5
B	3	3	3	3	3	3	3	3	5	5	5	5	3	5	5	5	3	3	3	3	3	3	3	3

1-2. 3.

28

T 7-7-7-7-5-7-7-7-7-7-7-7-5

A 7-7-7-7-5-7-7-7-7-7-7-7-5

B 5-5-5-5-3-5-5-5-5-5-5-5-5

T 7-7-7-7-5

A 7-7-7-7-5

B 5-5-5-5-3-5-5-5-5

T 7-7-7-7-5-7-7-7

A 7-7-7-7-5-7-7-7

B 5-5-5-5-3-5-5-5-5

31

T 7-7-7-7-5

A 7-7-7-7-5

B 5-5-5-5-3-5-5-5-5

T 7-7-7-7-5-7-7-7

A 7-7-7-7-5-7-7-7

B 5-5-5-5-3-5-5-5-5

T 7-7-7-7-5

A 7-7-7-7-5

B 5-5-5-5-3-5-5-5-5

♩ = 100

34

T 7-7-7-7-5-7-7-7-7

A 7-7-7-7-5-7-7-7-7

B 5-5-5-5-3-5-5-5-5

T 7

A 7

B 5