

The Way of the Fist

Five Finger Death Punch

The Way of the Fist

Words & Music by Five Finger Death Punch

Baritone
①=B ④=A
②=F# ⑤=E
③=D ⑥=B

Moderate ♩ = 194

w/ Distortion

Intro

P.M.

1

E-Gt

TAB

4/4

0 0 3 3 1 1 0 0 3 3 1 1 0 0 3 3 1 5 3 3 2 2 3 3 1

3

P.M.

TAB

0 0 3 3 1 1 0 0 3 3 1 1 0 0 3 3 1 5 3 3 2 2 3 3 1

5

P.M.

TAB

0 0 3 3 1 1 0 0 3 3 1 1 0 0 3 3 1 5 3 3 2 2 3 3 1

7

P.M.

TAB

0 0 3 3 1 1 0 0 3 3 1 1 0 0 3 3 1 5 3 3 2 2 3 3 1 0 0 0 0 0 1 0 3/4 1/2

10

P.M.

TAB

0 0 5 5 3 2 0 0 3 3 1 1 0 0 0 0 0 0 1 0 3/4 1/2 0 0 5 5 3 2 0 0 3 3 1 1

13

P.M.

TAB

0 0 0 0 0 0 1 0 3/4 1/2 0 0 5 5 3 2 0 0 3 3 1 1 0 0 0 0 0 0 1 0 3/4 1/2

16

P.M.

TAB

0 0 5 5 3 2 0 0 3 3 1 1 0 0 0 0 0 0 1 0 3/4 1/2 0 0 5 5 3 2 0 0 3 3 1 1

Solo 1

P.M.

TAB

0 0 5 5 3 2 0 0 3 3 1 1 0 0 0 0 0 0 1 0 3/4 1/2 0 0 5 5 3 2 0 0 3 3 1 1

19 P.M.-----| P.M. P.M.-----| P.M.

T
A
B

0-0-0-0-0-0-1-0-3/4
1/2 5-5-3-2 0-0-3-3-1-1 0-0-0-0-0-0-1-0-3/4
1/2

22 P.M.-----| P.M.

T
A
B

0-0-5-5-3-2 0-0-3-3-1-1 0-0-0-0-0-0-1-0-3/4
1/2

Verse 1

25 P.M.-----|

T
A
B

0-0-3-3-1-1-0-0-3-3-1-1 0-0-3-3-1 5-3-3-2-2 3-3-1

27 P.M.-----|

T
A
B

0-0-3-3-1-1-0-0-3-3-1-1 0-0-3-3-1 5-3-3-2-2 3-3-1

29 P.M.-----|

T
A
B

0-0-3-3-1-1-0-0-3-3-1-1 0-0-3-3-1 5-3-3-2-2 3-3-1

31 P.M.-----| P.M.

T
A
B

0-0-3-3-1-1-0-0-3-3-1-1 0-0-3-3-1 5-3-3-2-2 3-3-1 0-0-0-0-0-0-1-0-3/4
1/2

34 P.M.-----| P.M. P.M.-----|

T
A
B

0-0-5-5-3-2 0-0-3-3-1-1 0-0-0-0-0-0-1-0-3/4
1/2 0-0-5-5-3-2 0-0-3-3-1-1

37 P.M.-----| P.M. P.M.-----| P.M.

T
A
B

0-0-0-0-0-0-1-0-3/4
1/2 0-0-5-5-3-2 0-0-3-3-1-1 0-0-0-0-0-0-1-0-3/4
1/2

Chorus

40 P.M.-----| P.M. P.M. P.M. P.M.-----|

T
A
B

0-0-5-5-3-2 0-0-3-3-1-1 4/2-2-2-2-2 4/2-2-2-2 4/2-2-2-2 2-2-2-2 4/2-2-2-2 5-4-2-0

43 P.M.---+ P.M.---+ P.M.-----+ P.M.---+ P.M.---+ P.M.-|

Measures 43-45: Measure 43 has two groups of three eighth notes (0-0-0, 2-0-0, 2-0-0) and a group of six eighth notes (0-2-2-2-2-2). Measure 44 has two groups of six eighth notes (0-2-2-2-2-2). Measure 45 has two groups of eighth notes (4-2-2-2, 4-2-2-2) and a group of eighth notes (4-2-2).

46 P.M. P.M.-----+ P.M.---+ P.M.---+ P.M.-----+

Measures 46-48: Measure 46 has eighth notes (2-2-2-2-2-2), a quarter note (5-4), and a half note (2-0). Measure 47 has eighth notes (2-0-0-0-0-0) and a quarter note (2-0-0-0). Measure 48 has eighth notes (0-2-2-2-2-2) and a quarter note (2-2-2-2).

49 P.M.---+ P.M.---+ P.M.-----+ P.M.---+ P.M.---+ P.M.-|

Measures 49-51: Measure 49 has eighth notes (4-2-2-2-2-2), a quarter note (4-2-2-2), and a quarter note (2-2-2). Measure 50 has eighth notes (2-2-2-2-2-2) and a quarter note (5-4-2-0). Measure 51 has eighth notes (2-0-0-0-0-0) and a quarter note (2-0-0-0).

52 P.M.-----+ P.M.---+ P.M.---+ P.M.-----+ P.M.-----+

Measures 52-54: Measure 52 has eighth notes (0-2-2-2-2-2) and a quarter note (2-2-2-2). Measure 53 has eighth notes (2-2-2-2-2-2) and a quarter note (2-2-2-2). Measure 54 has eighth notes (2-2-2-2-2-2) and a quarter note (5-4-2-0).

55 P.M.---+ P.M.---+ P.M.-----+ P.M.-----+

Measures 55-57: Measure 55 has eighth notes (2-0-0-0-0-0) and a quarter note (2-0-0-0). Measure 56 has eighth notes (0-2-2-2-2-2) and a quarter note (2-2-2-2). Measure 57 has eighth notes (0-0-0-1-0-0) and a quarter note (0-0).

58 P.M.-----+ P.M. P.M.

Measures 58-60: Measure 58 has eighth notes (0-0-1), a quarter note (1-3), and a quarter note (2-3). Measure 59 has eighth notes (0-0-0-1-0-0) and a quarter note (0-0-1). Measure 60 has eighth notes (0-0-0-1-0-0) and a quarter note (0-0).

62 P.M.-----+ P.M. P.M.

Measures 62-64: Measure 62 has eighth notes (0-0-1), a quarter note (1-3), and a quarter note (2-3). Measure 63 has eighth notes (0-0-0-1-0-0) and a quarter note (0-0-1). Measure 64 has eighth notes (5-7-0-7-8-0) and a quarter note (5-7).

66 P.M. P.M. P.M. P.M. P.M. P.M. tr~ P.M. P.M.

Measures 66-68: Measure 66 has eighth notes (0-7-8-0), a quarter note (6-7), and a quarter note (7-8). Measure 67 has eighth notes (5-7-0-7-8-0) and a quarter note (5-7). Measure 68 has eighth notes (0-7-8-0) and a quarter note (6-7).

70 P.M. P.M. P.M. P.M. P.M. P.M. tr~

Measures 70-72: Measure 70 has eighth notes (0-7-8-0), a quarter note (6-7), and a quarter note (7-8). Measure 71 has eighth notes (5-7-0-7-8-0) and a quarter note (5-7). Measure 72 has eighth notes (0-7-8-0) and a quarter note (6-7).

Verse 2

P.M.-----|

73

T
A
B

0 0 3 3 1 1 0 0 3 3 1 1 | 0 0 3 3 1 5 3 3 2 2 3 3 1

Detailed description: This block contains the first two measures of the Verse 2 guitar tab. Measure 73 consists of two measures of music: the first measure has notes 0, 0, 3, 3, 1, 1, 0, 0, 3, 3, 1, 1; the second measure has notes 0, 0, 3, 3, 1, 5, 3, 3, 2, 2, 3, 3, 1. The notes are grouped into pairs with brackets underneath. A P.M. (pick mark) is indicated above the first measure. Measure 74 is a whole rest, indicated by a slash with a vertical line through it.

P.M.-----|

75

T
A
B

0 0 3 3 1 1 0 0 3 3 1 1 | 0 0 3 3 1 5 3 3 2 2 3 3 1

Detailed description: This block contains measures 75 and 76. Measure 75 is identical to measure 73. Measure 76 is a whole rest, indicated by a slash with a vertical line through it. A P.M. is indicated above the first measure.

P.M.-----|

77

T
A
B

0 0 3 3 1 1 0 0 3 3 1 1 | 0 0 3 3 1 5 3 3 2 2 3 3 1

Detailed description: This block contains measures 77 and 78. Measure 77 is identical to measure 73. Measure 78 is a whole rest, indicated by a slash with a vertical line through it. A P.M. is indicated above the first measure.

P.M.-----| P.M.

79

T
A
B

0 0 3 3 1 1 0 0 3 3 1 1 | 0 0 3 3 1 5 3 3 2 2 3 3 1 | 0 0 0 0 0 0 1 0 1 2

Detailed description: This block contains measures 79, 80, and 81. Measure 79 is identical to measure 73. Measure 80 is identical to measure 73. Measure 81 has notes 0, 0, 0, 0, 0, 0, 1, 0, 1, 2. A P.M. is indicated above the first measure, and another P.M. is indicated above the last measure.

P.M.-----| P.M. P.M.-----|

82

T
A
B

0 0 5 5 3 2 0 0 3 3 1 1 | 0 0 0 0 0 0 1 0 3 4 1 2 | 0 0 5 5 3 2 0 0 3 3 1 1

Detailed description: This block contains measures 82, 83, and 84. Measure 82 has notes 0, 0, 5, 5, 3, 2, 0, 0, 3, 3, 1, 1. Measure 83 has notes 0, 0, 0, 0, 0, 0, 1, 0, 3, 4, 1, 2. Measure 84 has notes 0, 0, 5, 5, 3, 2, 0, 0, 3, 3, 1, 1. P.M. marks are indicated above the first, middle, and last measures.

P.M.-----| P.M. P.M.-----| P.M.

85

T
A
B

0 0 0 0 0 0 1 0 3 4 1 2 | 0 0 5 5 3 2 0 0 3 3 1 1 | 0 0 0 0 0 0 1 0 3 4 1 2

Detailed description: This block contains measures 85, 86, and 87. Measure 85 has notes 0, 0, 0, 0, 0, 0, 1, 0, 3, 4, 1, 2. Measure 86 has notes 0, 0, 5, 5, 3, 2, 0, 0, 3, 3, 1, 1. Measure 87 has notes 0, 0, 0, 0, 0, 0, 1, 0, 3, 4, 1, 2. P.M. marks are indicated above the first, middle, and last measures.

Chorus

P.M.-----| P.M.----| P.M.----| P.M.-----|

88

T
A
B

0 0 5 5 3 2 0 0 3 3 1 1 | 4 2 2 2 2 4 2 2 2 2 4 2 2 2 | 2 4 2 2 2 2 5 4 2 0

Detailed description: This block contains measures 88, 89, and 90. Measure 88 has notes 0, 0, 5, 5, 3, 2, 0, 0, 3, 3, 1, 1. Measure 89 has notes 4, 2, 2, 2, 2, 4, 2, 2, 2, 2, 4, 2, 2, 2. Measure 90 has notes 2, 4, 2, 2, 2, 2, 5, 4, 2, 0. P.M. marks are indicated above the first, middle, and last measures.

P.M.----| P.M.----| P.M.-----| P.M.----| P.M.----| P.M.----|

91

T
A
B

2 0 0 0 0 2 0 0 0 0 2 0 0 0 | 0 2 2 2 2 2 2 2 2 2 2 2 2 2 | 4 2 2 2 2 4 2 2 2 4 2 2 2 2

Detailed description: This block contains measures 91, 92, and 93. Measure 91 has notes 2, 0, 0, 0, 0, 2, 0, 0, 0, 0, 2, 0, 0, 0. Measure 92 has notes 0, 2, 2, 2, 2, 2, 2, 2, 2, 2, 2, 2, 2, 2. Measure 93 has notes 4, 2, 2, 2, 2, 4, 2, 2, 2, 4, 2, 2, 2, 2. P.M. marks are indicated above the first, middle, and last measures.

P.M. P.M.-----| P.M.----| P.M.----| P.M.-----|

94

T
A
B

2 4 2 2 2 2 5 4 2 0 | 2 0 0 0 0 2 0 0 0 0 2 0 0 0 | 0 2 2 2 2 2 2 2 2 2 2 2 2 2

Detailed description: This block contains measures 94, 95, and 96. Measure 94 has notes 2, 4, 2, 2, 2, 2, 5, 4, 2, 0. Measure 95 has notes 2, 0, 0, 0, 0, 2, 0, 0, 0, 0, 2, 0, 0, 0. Measure 96 has notes 0, 2, 2, 2, 2, 2, 2, 2, 2, 2, 2, 2, 2, 2. P.M. marks are indicated above the first, middle, and last measures.

97 P.M. ---| P.M. ---| P.M. -----| P.M. -----| P.M. ---| P.M. ---| P.M. ---|

T
A
B

4 2-2-2-2 4 2-2-2 2-2-2 4 2-2-2 2-2-2 4 2-2-2 2-2-2 5 4 2 0 2 0-0-0-0 2 0-0-0-0 2 0-0-0-0

100 P.M. -----| P.M. ---| P.M. ---| P.M. -----| P.M. -----|

T
A
B

0 2-2-2-2 2-2-2 2-2-2 2-2-2 2-2-2 4 2-2-2 4 2-2-2 4 2-2-2 2-2-2 2-2-2 2 4 2-2-2-2 5 4 2 0

103 P.M. ---| P.M. ---| P.M. -----| **Mid solo** P.M. ---|

T
A
B

2 0-0-0-0 2 0-0-0-0 2 0-0-0-0 0-2-2-2-2 2-2-2 2-2-2 2-2-2 2-2-2 6 4 (6) (4) 2 2

107 P.M. ---| P.M. ---|

T
A
B

4 2 4 2 (4) (2) 4 4 6 4 (6) (4) 2 2 4 2 4 2 (4) (2) 6 4

114 P.M. ---| P.M. ---| P.M. ---|

T
A
B

(6) (4) 2 2 4 2 4 2 (4) (2) 4 4 6 4 (6) (4) 2 2 4 2 4 2 (4) (2)

121 P.M. -----|

T
A
B

0 0 0 1 0 0 (0) 0 1 1 3 2 3 0 0 0 1 0 0 (0) 0 1 7

125 P.M. -----|

T
A
B

0 0 0 1 0 0 (0) 0 1 1 3 2 3 0 0 0 1 0 0 (0) 0 1 7

129 P.M. P.M. P.M. P.M. P.M. P.M. P.M. P.M. *tr*

T
A
B

5 7 0 7 8 0 5 7 0 7 8 0 6 7 7 8 5 7 0 7 8 0 5 7 0 7 8 6 (7)

133 P.M. P.M. P.M. P.M. P.M. P.M. P.M. P.M. *tr*

T
A
B

5 7 0 7 8 0 5 7 0 7 8 0 6 7 7 8 5 7 0 7 8 0 5 7 0 7 8 6 (7)

137 P.M. P.M. P.M. P.M. P.M. P.M. P.M. P.M. *tr*

TAB 5-7 0-7-8 0-5-7 0-7-8 0-6-7 7-8 5-7 0-7-8 0-5-7 0-7-8 0-6-(7)

141 P.M. P.M. P.M. P.M. P.M. P.M. P.M. P.M. *tr*

TAB 5-7 0-7-8 0-5-7 0-7-8 0-6-7 7-8 5-7 0-7-8 0-5-7 0-7-8 0-6-(7)

Chorus

145 P.M.---| P.M.---| P.M.-----| P.M.-----| P.M.---| P.M.---| P.M.-|

TAB 4 2-2-2-2-2 4 2-2-2 2-2-2 4 2-2-2 2-2-2 5-4-2 5 7 5-5-5-5 7 5-5-5 7 5-5-5

148 P.M.-----| P.M.---| P.M.---| P.M.-----| P.M.-----|

TAB 5-7-7-7-7-7-7-7 4 2-2-2-2 4 2-2-2 4 2-2-2 2 4 2-2-2-2 5-4-2 5

151 P.M.---| P.M.---| P.M.-----| P.M.---| P.M.---| P.M.-|

TAB 7 5-5-5-5 7 5-5-5 7 5-5-5 5-7-7-7-7-7-7-7 4 2-2-2-2 4 2-2-2 4 2-2-2

154 P.M. P.M.-----| P.M.---| P.M.---| P.M.-----|

TAB 2 4 2-2-2-2 5-4-2 5 7 5-5-5-5 7 5-5-5 7 5-5-5 5-7-7-7-7-7-7 7 7-7-7-7

157 P.M.---| P.M.---| P.M.-----| P.M.---| P.M.---| P.M.-|

TAB 4 2-2-2-2 4 2-2-2 4 2-2-2 2-2-2 5-4-2 5 7 5-5-5-5 7 5-5-5 7 5-5-5

160 P.M.-----| **Outro / outro solo** P.M.-| P.M.-|

TAB 5-7-7-7-7-7-7-7 6 4 (6) (4) 2-2 4 2 4 2 (4) (2) 4-4 6 4

166 P.M.---| P.M.---| P.M.-|

TAB (6) (4) 2-2 4 2 4 (4) (2) 6 4 (6) (4) 2-2 4 2 4 (4) (2) 4-4

173 P.M. - - | P.M. - - |

6 4 2 4 4 6 4 2 4 4

(4) (6) (4) (2)

180 P.M. - - | P.M. - - | P.M. - - |

2 4 6 4 4 6 4 2 4

(4) (2) (6) (4) (4) (2)

187 P.M. - | P.M. - |

4 2 4 4 6 4 2 2 4 4

(4) (2) (4) (2)