

# Full Blast

Mindflow  
Mind over Body

Words & Music by Rodrigo Hidalgo

Standard tuning

♩ = 140

E-Gt7

T  
A  
B

T  
A  
B

T  
A  
B

T  
A  
B

7

T  
A  
B 3 2 3 2 3 4 3 2 3 2 3 4 3 5

8

T  
A  
B 3 2 3 2 3 4 3 2 3 2 3 4 3 5

9

T  
A  
B 6 3 3 3 3 4 6 3 3 3 3 4 6 8

10

T  
A  
B 15 14 12 11 13 12 10 13 12 13 10 12 13 12 12

11

T  
A  
B 3 2 3 2 3 4 3 2 3 2 3 4 3 5

12

T  
A  
B 3 2 3 2 3 4 3 2 3 2 3 4 3 5

13

T  
A  
B 6 3 3 3 3 4 6 3 3 3 3 4 6 8

14

T  
A  
B 5 6 9 5 7 8 7 5 5 8 7 8 7 5 9 6 3/4 5 3 3 5 6

16

T  
A  
B 6 4 5 3 5 6 3 6 4

19

T  
A  
B 8 7 8 7 8 7 8 7 8 7 5 8 7 5 8 7

20

T  
A  
B

0 12 13 0 13 15 0 12 13 0 10 12 10 11 10 12

21

T  
A  
B

0 12 13 0 13 15 0 12 13 0 10 12 10 11 10 12

22

T  
A  
B

0 12 13 0 13 15 0 12 13 0 10 12 10 11 10 12

23

T  
A  
B

0 12 13 0 13 15 0 12 13 0 10 12 10 11 10 12 10 11 10 12

24

T  
A  
B

0 12 13 0 13 15 0 12 13 0 10 12 10 11 10 12

25

T  
A  
B

0 12 13 0 13 15 0 12 13 0 10 12 10 11 10 12

26

T  
A  
B

0 12 13 0 13 15 0 12 13 0 10 12 10 11 10 12

27

T  
A  
B

0 12 13 0 13 15 0 12 13 0 10 12 10 11 10 12 10 11 10 12

28

T  
A  
B

3 5 6 3 3 5 6 3 | 3 2 3 5 3 3 3 5

30

T  
A  
B

6 3 3 3 5 6 3 3 | 5 6 3 3 2 3 5 3

32

T  
A  
B

34

T  
A  
B

36

♩ = 135

T  
A  
B

40

T  
A  
B

44

T  
A  
B

46

TAB

5	5	4	4	6	6	8	8	6	6	4	4
5	5	5	5	6	6	8	8	6	6	4	4
				4	4	6	6	4	4	2	2

51

TAB

6	6	8	8	6	6	4
6	6	8	8	6	6	4
4	4	6	6	4	4	2

♩ = 100

55

TAB

4 7 5 4 5 7 4 7 5 4 5 7 4 7 5 4 5 7 4 7 5 4 5 7

56

TAB

6 9 7 6 7 9 6 9 7 6 7 9 6 9 7 6 7 9 6 9 7 6 7 9

57

TAB

4 7 6 4 6 7 4 7 6 4 6 7 4 7 6 4 6 7 4 7 6 4 6 7

58

T  
A  
B

2 5 4 2 4 5 2 5 4 2 4 5 2 5 4 2 4 5 2 5 4 2 4 5

59

T  
A  
B

4 7 5 4 5 7 4 7 5 4 5 7 4 7 5 4 5 7 4 7 5 4 5 7

60

T  
A  
B

6 9 7 6 7 9 6 9 7 6 7 9 6 9 7 6 7 9 6 9 7 6 7 9

61

T  
A  
B

4 7 6 4 6 7 4 7 6 4 6 7 4 7 6 4 6 7 4 7 6 4 6 7

62

$\text{♩} = 130$

T  
A  
B

2 5 4 2 4 5 2 5 4 2 4 5 6 7 7 8 8 9 9 10 10 11 11 12

3  
3  
1



64

T  
A  
B

1 3 4 5 6 5 4 6 4 4 4 2 4 2 3 1

72

T  
A  
B

1 3 4 5 6 5 3 6 5 4 6 4 4 4 2

78

T  
A  
B

6 3 6 3 4 3 6 3 4 5 3 4 1

79

T  
A  
B

6 3 3 3 6 3 3 3 1 3 3 3 1 1 1 1

80

T  
A  
B

1 3 3 3 1 3 3 3 1 4 3 3 1 1 1 1

81

T  
A  
B

6 3 3 3 6 3 3 3 1 3 3 3 6 3 1 3 4 3 6 3 1 3

83

T  
A  
B

6 3 3 3 6 3 3 3 1 3 3 3

84

T  
A  
B

1 3 3 3 1 3 3 3 1 4 3 3

85

T  
A  
B


6 3 3 3 6 3 3 3 1 3 3 3

86

T  
A  
B

6 3 5 3 4 6 3 8 3 8 3 5 5 5


87



TAB 6 3 3 3 6 3 3 3 1 3 3 3

Detailed description: This block contains the musical notation for measure 87. It features a treble clef, a key signature of one sharp (F#), and a 4/4 time signature. The melody consists of quarter notes: F#4, A4, B4, C5, D5, E5, F#5, G5, A5, B5, C6, D6, E6, F#6, G6, A6, B6, C7. The guitar tab below shows the fretting for each note: 6, 3, 3, 3, 6, 3, 3, 3, 1, 3, 3, 3. The tab is written on a six-line staff with the strings numbered 1 to 6 from top to bottom.


88



TAB 1 3 3 3 1 3 3 3 1 4 3 3

Detailed description: This block contains the musical notation for measure 88. It features a treble clef, a key signature of one sharp (F#), and a 4/4 time signature. The melody consists of quarter notes: F#4, A4, B4, C5, D5, E5, F#5, G5, A5, B5, C6, D6, E6, F#6, G6, A6, B6, C7. The guitar tab below shows the fretting for each note: 1, 3, 3, 3, 1, 3, 3, 3, 1, 4, 3, 3. The tab is written on a six-line staff with the strings numbered 1 to 6 from top to bottom.


89



TAB 6 3 3 3 6 3 3 3 1 3 3 3

Detailed description: This block contains the musical notation for measure 89. It features a treble clef, a key signature of one sharp (F#), and a 4/4 time signature. The melody consists of quarter notes: F#4, A4, B4, C5, D5, E5, F#5, G5, A5, B5, C6, D6, E6, F#6, G6, A6, B6, C7. The guitar tab below shows the fretting for each note: 6, 3, 3, 3, 6, 3, 3, 3, 1, 3, 3, 3. The tab is written on a six-line staff with the strings numbered 1 to 6 from top to bottom.

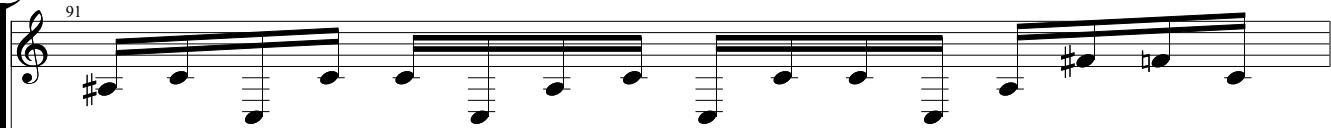
90



TAB 6 3 3 3 6 3 3 3 1 3 3 3

Detailed description: This block contains the musical notation for measure 90. It features a treble clef, a key signature of one sharp (F#), and a 4/4 time signature. The melody consists of quarter notes: F#4, A4, B4, C5, D5, E5, F#5, G5, A5, B5, C6, D6, E6, F#6, G6, A6, B6, C7. The guitar tab below shows the fretting for each note: 6, 3, 3, 3, 6, 3, 3, 3, 1, 3, 3, 3. The tab is written on a six-line staff with the strings numbered 1 to 6 from top to bottom.

91



TAB 1 3 3 3 1 3 3 3 1 4 3 3

Detailed description: This block contains the musical notation for measure 91. It features a treble clef, a key signature of one sharp (F#), and a 4/4 time signature. The melody consists of quarter notes: F#4, A4, B4, C5, D5, E5, F#5, G5, A5, B5, C6, D6, E6, F#6, G6, A6, B6, C7. The guitar tab below shows the fretting for each note: 1, 3, 3, 3, 1, 3, 3, 3, 1, 4, 3, 3. The tab is written on a six-line staff with the strings numbered 1 to 6 from top to bottom.

92

T  
A  
B

6 3 3 3 6 3 3 3 1 3 3 3

1 1 1 1

93

T  
A  
B

1 3 3 3 1 3 3 3 1 4 3 3

1 1 1 1

$\text{♩} = 205$

94

T  
A  
B

4 1 3 0 3 1 3 0 8 5 8 0 8 6 8 5 3 5 3 1 3 1 3 5

$\text{♩} = 122$

95

T  
A  
B

1 1 0 1 3 1 0 3 3 3

1 1 1 1 1

96

T  
A  
B

1 1 0 1 3 1 0 1 4 3 1 0 1 0 3 1

97

T  
A  
B

1 0 1 3 1 0 1 1 1 1 1 0 1 3 1 0 1 4 1 3 1 2

99

T  
A  
B

1 1 0 1 3 1 0 1 3 1 3 3

100

T  
A  
B

1 1 0 1 3 1 0 1 4 3 1 0 1 0 3 1

101

T  
A  
B

1 1 0 1 3 1 0 1 1 3 4

102

$\text{♩} = 110$

T  
A  
B

1 1 0 1 3 1 0 1 4 3 1 0 1 0 3 1 4 4 4 1 3 4 4 4 1 3 1

104

TAB

3 3 3 0 1 3 3 3 0 1 4 5 3 2 6 5

105

TAB

4 4 4 1 3 4 4 4 4 4 1 3 4 1

106

TAB

3 3 3 0 1 3 3 3 0 1 5 0 1 3 0 1

109

TAB

3 3 3 0 1 3 3 3 0 1 5 0 1 3 0 1

♩ = 135

111

TAB

3 5 6 8 2 5 6 3 5 6 3 5 6 8 3 5 6 8

1 3 4 6 0 3 4 1 3 4 6 8

113

T  
A  
B

1 3 5 6 8 0 5 6 3 5 6 10 10 8

♩ = 140

115

T  
A  
B

0 12 13 0 13 15 0 12 13 0 10 12 10 11 10 12

116

T  
A  
B

0 12 13 0 13 15 0 12 13 0 10 12 10 11 10 12

117

T  
A  
B

0 12 13 0 13 15 0 12 13 0 10 12 10 11 10 12

118

T  
A  
B

0 12 13 0 13 15 0 15 17 0 17 18 20

♩ = 132

119

T  
A  
B

120

T  
A  
B

121

T  
A  
B

122

T  
A  
B

123

T  
A  
B



124

T  
A  
B

125

T  
A  
B

126

T  
A  
B

127

T  
A  
B

128

T  
A  
B

129

T  
A  
B

7—7—7—5—5—5—5—5—5 7—7—7—7—7—7—5—5—5—5—5—5—3—5—7

130

T  
A  
B

7—7—7—5—5—5—5—5—5 7—7—7—7—7—7—5—5—5—5—5—5—3—5—7

131

T  
A  
B

7—7—7—5—5—5—5—5—5 7—7—7—7—7—7—5—5—5—5—5—5—3—5—7

132

T  
A  
B

7—7—7—5—5—5—5—5—5 7—7—7—7—7—7—5—5—5—5—5—5—3—5—7

4	6	8	9
4	6	8	9
2	4	6	7

134

TAB

6 8 3 3 4 6 8 9 4 6 2 0 4 4 6 2 0 4 6 3

♩ = 135

137

TAB

10 11 13 11 5 6 8 6

139

TAB

5 6 8 13 10 8 11 10 11 8

141

TAB

10 11 13 11 5 6 8 6 5 6 8 15

♩ = 110

144

TAB

10 8 11 10 11 8 4 6 7 9 8 9 11

146

T  
A  
B

4 6 7 9 8 8 6 4 4 | 4 6 7 9 8 9 11 13

14#

T  
A  
B

11 | 4 6 7 9 8 9 11 | 4 6 7 9 8 8 6 4 4

151

T  
A  
B

4 6 7 9 8 9 11 | 0 2 1 2 0 7 | 9 10 | 9 9 6 4

15#

T  
A  
B

6 7 | 4 6 | 6 7 | 4 6

15#

T  
A  
B

6 7 | 4 6 | 6 7 | 7 9

♩ = 132

162

Musical notation for measures 162-165. The staff shows a sequence of eighth notes with triplets. The first three measures have triplets of eighth notes on G4, A4, and B4. The last three measures have triplets of eighth notes on C5, B4, and A4. The key signature has one sharp (F#).

TAB

6 6 6 5 5 5 5 5 5 3 3 3 3 3 3 6 6 6 6 6 6 3 6 3

163

Musical notation for measures 163-166. The staff shows a sequence of eighth notes with triplets. The first three measures have triplets of eighth notes on G4, A4, and B4. The last three measures have triplets of eighth notes on C5, B4, and A4. The key signature has one sharp (F#).

TAB

6 6 6 5 5 5 5 5 5 3 3 3 3 3 3 6 6 6 6 6 6 3 6 3

♩ = 140

164

Musical notation for measures 164-165. The staff shows eighth notes in a 2/4 time signature. The notes are G4, A4, B4, C5, B4, A4, G4, F#4, E4, D4, C4. The key signature has one sharp (F#).

TAB

3 5 6 1 2 4 2 4 3 5 6 1 2 4 2 4

166

Musical notation for measures 166-167. The staff shows eighth notes in a 5/4 time signature. The notes are G4, A4, B4, C5, B4, A4, G4, F#4, E4, D4, C4. The key signature has one sharp (F#).

TAB

5 7 8 10 11 3 5 6 3 3 5 6 3

168

Musical notation for measures 168-169. The staff shows eighth notes in a 4/4 time signature. The notes are G4, A4, B4, C5, B4, A4, G4, F#4, E4, D4, C4. The key signature has one sharp (F#).

TAB

3 2 3 5 3 3 3 5 6 3 3 3 5 6 3 3

170

T  
A  
B

172

T  
A  
B

174

$\text{♩} = 135$

T  
A  
B

177

T  
A  
B

183

T  
A  
B

♩ = 120

185

T  
A  
B

190

T  
A  
B

195

T  
A  
B

200

T  
A  
B

208

T  
A  
B

216

TAB 4 4 2 3 4 4 2 2 3 3 3 3 5 5 5

219

TAB 5 6 6 6 1 2 2 2 2 4 4 4 4 5 2 4 4

221

TAB 4 4 5 5 7 7 7 7 7 5 4 7 6 7 4 7

223

TAB 2 4 2 4 2 5 4 2 4 2 7 5 4 7 6 7 4 7

224

TAB 2 4 2 4 2 0 2 0 4 2 2 0 5 5 3



225

TAB  
2 2 4 2 2 2 2 4 5 4 2 4 2 7 5 4 7 6 7 4 7

226

TAB  
2 4 2 2 0 2 0 5 4 5 7 2 0

227

TAB  
2 4 2 2 5 4 2 4 2 7 5 4 7 6 7 4 7

228

TAB  
2 4 2 4 2 0 2 0 4 2 2 5 2 3

229

TAB  
2 2 4 2 2 2 2 4 4 5 4 2 4 2 7 5 4 7 6 7

230

T  
A  
B

2 4 2 4 2 0 2 0 5 4 5 7 2 0

231

T  
A  
B

16 14 16 17 16 17 16 14 16 14 16 17 14 15 17 14 16 17

232

T  
A  
B

16 14 16 17 16 17 16 14 16 14 16 14 12 14

233

T  
A  
B

16 14 16 17 16 17 16 14 16 14 16 17 12 14 15 13 14 16

234

T  
A  
B

14 12 14 12 11 12 11 9 8 9

235

T  
A  
B

16 — 14 — 16 — 17 — 16 — 17 — 16 — 14 — 16 — 14 — 16 — 17 — 14 — 15 — 17 — 14 — 16 — 17

236

T  
A  
B

16 — 14 — 16 — 17 — 16 — 17 — 16 — 14 — 16 — 14 — 16 — 14 — 12 — 14

237

T  
A  
B

16 — 14 — 16 — 17 — 16 — 17 — 16 — 14 — 16 — 14 — 16 — 17 — 12 — 14 — 15 — 13 — 14 — 16

238

T  
A  
B

14 — 12 — 14 — 12 — 11 — 12 — 11 — 9 — 8 — 16

239

T  
A  
B

14 — 16 — 17 — 16 — 17 — 16 — 14 — 16 — 14 — 16 — 17 — 14 — 15 — 17 — 14 — 16 — 17 — 16

240

T  
A  
B 14 16 17 16 17 16 14 16 14 16 14 12 14 16

241

T  
A  
B 14 16 17 16 17 16 14 16 14 16 17 12 14 15 13 14 16 14

242

$\text{♩} = 135$

T  
A  
B 12 14 12 11 12 11 9 8 9

4 4 4 4 5 3  
4 4 4 4 5 3  
2 2 2 2 3 1

244

T  
A  
B 4 4 4 4 2 5 4 4 4 4 5 3 4 4 4 4 2 5 4 4 4 4 2 5 2 2 0 3

247

T  
A  
B 4 4 4 4 4 5 3 4 4 4 4 5 1 4 4 4 4 2 5 4 4 4 4 2 5 2 2 0 3

249

T  
A  
B

	4	4-4	4	4	4-5	3		4	4-4	4	4	4-2	5
	4	4-4	4	4	4-5	1		4	4-4	4	4	4-2	5
	2	2-2	2	2	2-3			2	2-2	2	2	2-0	3

251

T  
A  
B