

# Ben Folds Five - Ascent of Stan (Live)

01:00:00:00  
1.1,00  
Marker ##

♩ = 119,000160

Left

Right

2

Left

Right

3

Left

Right

4

Left

Right

6

Left

Right

Don't try ar  
This transcription is for educational pur

8

Left

Right

10

Strings

Left

Right

Pangs

01:00:24:05  
13.1,00  
Marker ##

12

Strings

Left

Right

of si- lence from the room

14

Strings

Left

Right

up stairs. How's the view

16

Strings

Left

Right

there?

17

Strings

Left

Right

Did you read what they're saying

18

Strings

Left

Right

ab- out you? That you're no

20

Strings

Left

Right

fun

21

Strings

Left

Right

since the war was won,

23

Strings

Left

Right

in fact you have be come

25

Strings

Left

Right

all of the things you've al ways

27

Strings

Left

Right

ru un

29

Strings

Left

Right

from. The as cent of stan.

31

Strings

Left

Right

A

32

Strings

Left

Right

text book hip py man.

33

Left

Right

34

Left

Right

36

Strings

Text book hip py man.

Left

Right

37

Left

Right

38

Strings

Left

Right

So where'd

40

Strings

Left

Right

the years go? All the time

42

Strings

we had? Be ing poor

Left

Right

44

Strings

was not such a drag

Left

Right

46

Strings

in hind sight. And you won

Left

Right

48

Strings

dered why you're fa

Left

Right

50

Strings

ther was so res igned

Left

Right

52

Strings

Now you don't won

Left

Right

54

Strings

der an y more

Left

Right

56

Left

Right



58

Strings

Left

Right

The ascent of stan A

60

Strings

Left

Right

text book hip py man

61

Left

Right

62

Strings

Left

Right

A

64

Strings

text book hip py man

Left

Right

65

Left

Right

66

Strings

Get rest while you can

Left

Right

67

Strings

Once you want ed rev o lu

Left

Right

69

Strings

Left

Right

tion Now you're the in stit u

71

Strings

Left

Right

tion. How's it feel to be

73

Strings

Left

Right

slow and expressive

the man? It's no fun

75

Strings

Left

Right

to be the man.

♩ = 109,000145      ♩ = 100,000000

Strings

Left

Right

Left

Right

Strings

Left

Right

La da dah

Strings

Left

Right

La da dah dah dah

90

Strings

Left

Right

La da dah

92

Strings

Left

Right

La da da da da da da

94

Strings

Left

Right

daaaa

95

Left

Right

97

Strings

Left

Right

And I

99

Strings

Left

Right

watched it all go down.

101

Strings

Left

Right

The ascent of stanza. A

103

Strings

Left

Right

text book hippy man.

104

Left

Right

Musical notation for measures 104, Left and Right channels. The left channel is in treble clef with a key signature of two flats and a 7/8 time signature. The right channel is in bass clef with a key signature of two flats and a 7/8 time signature. The right channel features a complex, rhythmic accompaniment with many beamed notes.

105

Strings

Left

Right

A

Musical notation for measures 105, Strings, Left, and Right channels. The strings part is in bass clef with a key signature of two flats and a 7/8 time signature, showing a few notes. The left and right channels continue the melody and accompaniment from the previous system. A section marker 'A' is placed above the right channel.

107

Strings

Left

Right

text book hip py man

Musical notation for measures 107, Strings, Left, and Right channels. The strings part is in bass clef with a key signature of two flats and a 7/8 time signature. The left channel has lyrics: "text", "book", "hip", "py", "man". The right channel continues the accompaniment.

108

Left

Right

Musical notation for measures 108, Left and Right channels. The left channel is in treble clef with a key signature of two flats and a 7/8 time signature. The right channel is in bass clef with a key signature of two flats and a 7/8 time signature.

109

Strings

Left

Right

Get rest while you can

Musical notation for measures 109, Strings, Left, and Right channels. The strings part is in bass clef with a key signature of two flats and a 7/8 time signature. The left channel has lyrics: "Get", "rest", "while", "you", "can". The right channel continues the accompaniment.

111

Strings

Left

Right

Once you wanted rev o lu tion

113

Strings

Left

Right

Now you're the in sti tu

114

Strings

Left

Right

tion How's it feel to be

116

Strings

Left

Right

the man? It's no fun



118 17

Strings

Left

Right

119

Strings

Left

Right

to be the man.

# Ben Folds Five - Ascent of Stan (Live)

Strings

♩ = 119,000160  
10

Pangs of si- lence from the room up stairs.

15 How's the view there? Did you read what they're saying ab- out you?

19 That you're no fun since the war was won,

23 in fact you have be come all of the things you've al ways

27 ru un from. The as cent of stan. A

32 text book hip py man. Text book hip py man.

39 So where'd the years go? All the time we had?

43 Be ing poor was not such a drag in hind sight.

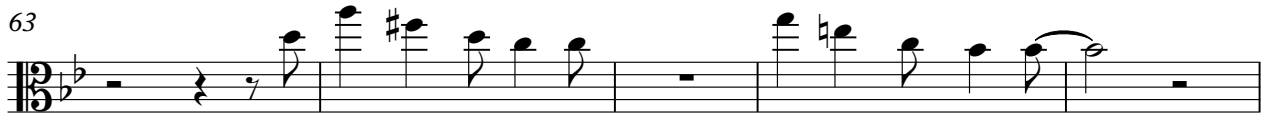
47 And you won dered why you're fa ther was

51 so res igned Now you don't won der an y more V.S.


Strings

56 

The as cent of stan A text book hip py man

63 

A text book hip py man Get rest while you can

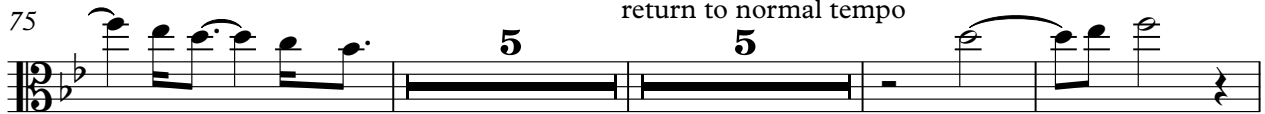
68 

Once you want ed rev o lu tion Now you're the in stit u

71 

slow and expressive

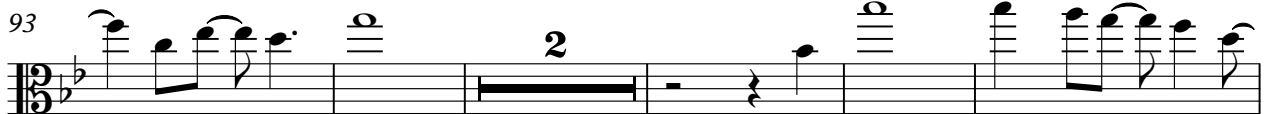
tion. How's it feel to be the man? It's no fun

75 

to be the man. La da dah

88 

La da dah dah dah La da dah La da da da

93 

da da da daaaa And I watched it all go do

100 

w n. The as cent of stan. A text book hip py man.

104 

A text book hip py man Get rest while you can

110 

Once you wan ted rev o lu tion

Strings

113

Now you're the in sti tu tion How's it feel to be the man?

117

It's no fun to be the man.

# Ben Folds Five - Ascent of Stan (Live)

Left

♩ = 119,000160

3  
6 Don't try and sell it hatch.  
This transcription is for educational purposes only.  
9  
12  
14  
16  
18  
20  
21 V.S.

Musical score for the left hand, measures 23 to 47. The score is written in a single system with ten staves. The key signature is one flat (B-flat), and the time signature is 4/4. The notation includes a variety of rhythmic patterns, including eighth and sixteenth notes, and rests. Measure 23 starts with a quarter rest followed by a series of eighth notes. Measure 25 features a triplet of eighth notes. Measure 28 includes a triplet of eighth notes and a quarter note. Measure 31 has a triplet of eighth notes and a quarter note. Measure 34 features a quarter note and a quarter rest. Measure 37 includes a quarter note and a quarter rest. Measure 40 has a quarter note and a quarter rest. Measure 42 features a quarter note and a quarter rest. Measure 44 includes a quarter note and a quarter rest. Measure 47 has a quarter note and a quarter rest.

Musical score for the left hand, measures 49-72. The score is written in a single system with ten staves. The key signature is two flats (B-flat and E-flat), and the time signature is 3/4. The notation includes various rhythmic values such as eighth, sixteenth, and thirty-second notes, as well as rests and accidentals. The music is characterized by a steady eighth-note accompaniment in the lower register, with melodic lines in the upper register. Measure 59 contains a whole rest. Measure 62 features a sharp sign (#) on the second line of the staff. Measure 65 features a sharp sign (#) on the second line of the staff. Measure 69 features a flat sign (b) on the first line of the staff. Measure 72 features a sharp sign (#) on the second line of the staff.

V.S.





112

Musical notation for measure 112, featuring a treble clef, a key signature of two flats (B-flat and E-flat), and a 3/4 time signature. The notation includes a melodic line on the staff with eighth and quarter notes, and a guitar-specific bass line below with chords and single notes.

114

Musical notation for measure 114, continuing the piece with similar melodic and bass line patterns as measure 112.

116

Musical notation for measure 116, showing further development of the melodic and bass line motifs.

118

Musical notation for measure 118, concluding the sequence with a melodic line and a final bass line chord.

Ben Folds Five - Ascent of Stan (Live)

Right

♩ = 119,000160

3

5

7

9

12

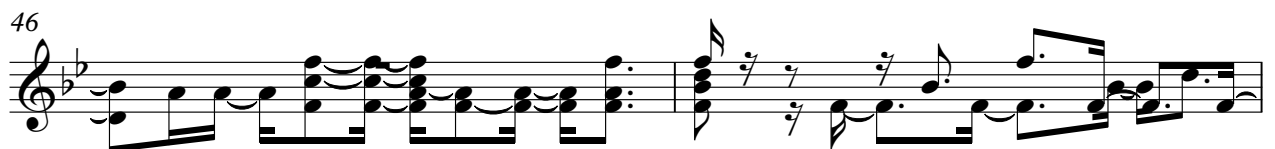
15

17

20

23

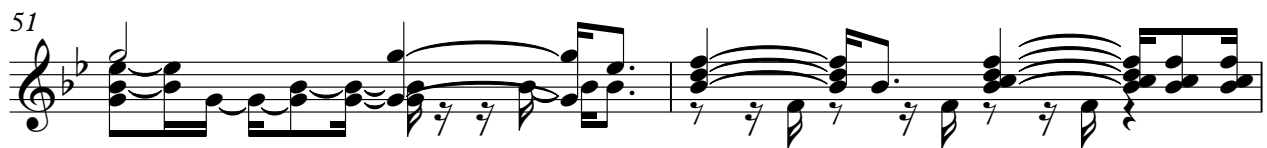
V.S.



48



51



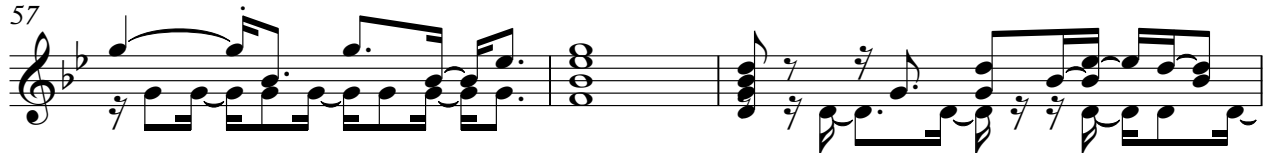
53



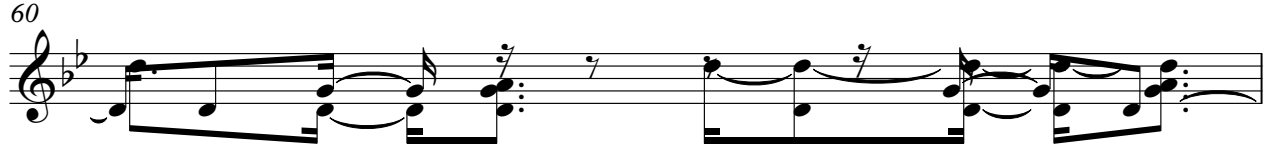
55



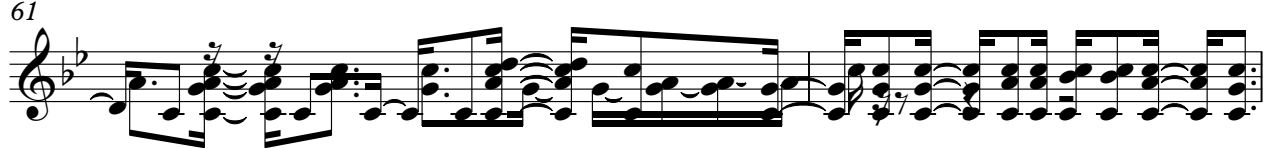
57



60



61



63



65



66



68

70

72

74

♩ = 109,000145      ♩ = 100,000000

77

81

86

♩ = 119,000160

88

90

92

94



96



98



100



103



104



106



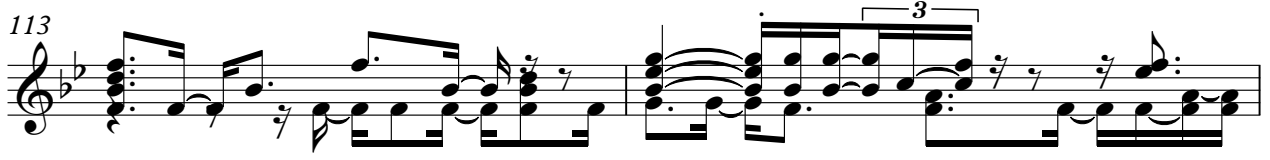
108



110



113



V.S.

115



Musical notation for measure 115, featuring a treble clef, a key signature of two flats (B-flat and E-flat), and a 4/4 time signature. The notation includes a complex sequence of notes and rests, with a double bar line at the end of the measure.

117



Musical notation for measure 117, featuring a treble clef, a key signature of two flats (B-flat and E-flat), and a 4/4 time signature. The notation includes a complex sequence of notes and rests, with a double bar line at the end of the measure.

119



Musical notation for measure 119, featuring a treble clef, a key signature of two flats (B-flat and E-flat), and a 4/4 time signature. The notation includes a complex sequence of notes and rests, with a double bar line at the end of the measure.