

# Exercise for Warriors

IronFist  
Apocalypse

Words & Music by IronFistCatepillan

User Defined  
①= F# ③= G#  
②= C#

♩ = 120

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E-Bass

The musical score consists of five systems, each with a musical staff and a guitar tab staff. The first system starts with a dynamic marking *f* and a fingering '1'. The guitar tabs use numbers 1-7 and 8 to indicate fret positions. The second system starts with a fingering '3'. The third system starts with a fingering '5'. The fourth system starts with a fingering '6'. The fifth system starts with a fingering '7'. The guitar tabs use numbers 1-7 and 8 to indicate fret positions.

8

TAB 7 6 5 7 6 | 7 6 6 5 5 7 7 6 5

5 5 | 5 5

10

TAB 3 2 | 3 0 5 7 0 5 7 0 5 7 | 7 6 6 5 5 7 7 6 5

3 2 | 3 0 5 7 0 5 7 0 5 7

12

TAB 3 2 | 3 0 5 7 0 5 7 0 5 7

3 2 | 3 0 5 7 0 5 7 0 5 7

13

TAB 7 5 7 5 7 7 9

7 5 7 5 7 7 9

14

TAB 7 5 7 8 8 7 5 8 7

5 7 5 7 8 8 7 5 8 7

15

TAB 7 5 7 8 8 7 5 8 7

5 7 5 7 8 8 7 5 8 7

16

TAB 7 7 7 7 7 7 | 5 7 5 7 7 5 7

5 5 5 5 5 5 | 5 7 5 7 7 5 7

18

TAB: 5 7 5 7 5 7 5 7 | 10 10 9 8 7 9

20

TAB: 12 12-12 12-12 12-12 12-12 12-12 12-12 12-12 | 12 12-12 12-12 12-12 12-12 12-12 12-12 12-12

maiden technique.....

22

TAB: 12 12 11 12 12 11 12 12 12 12 14 12 14 12 12

24

TAB: 14 12 12 14 12 12 14 12 12 12 11 12 | 12 11 12 12 12 12 12 12 12 12

26

TAB: 12 12 14 12 12 14 12 12 12 10 | 12 10 12 5 3

28

TAB: 5 7 5 7 5 7 | 5 7 5 7 5 7

30

TAB: 5 3 5 3 6 5 3 | 5 3 5 6 3 5

32

The image shows a musical score for guitar. The top staff is a bass clef staff with a melodic line. The bottom staff is a guitar tab staff with fret numbers. The score is divided into three measures. The first measure contains a melodic line starting with a quarter note G2, followed by eighth notes A2, B2, C3, D3, E3, F3, G3, and a quarter note A3. The second measure contains a melodic line starting with a quarter note B2, followed by eighth notes C3, D3, E3, F3, G3, A3, B3, and a quarter note C4. The third measure contains a melodic line starting with a quarter note D3, followed by eighth notes E3, F3, G3, A3, B3, C4, and a quarter note D4. The guitar tab staff shows fret numbers: 5, 7, 5, 7, 5, 7, 5, 7, 5, 7, 5, 7, 9. There are wavy lines above the staff in the third measure.