

Spit You Out

Bullet For My Valentine
The Poison

Words & Music by BFMV

Dropped C
 ①=D ④=C
 ②=A ⑤=G
 ③=F ⑥=C

Moderate ♩ = 108

Intro

E-Gt

f P.M.----| P.M.----| P.M.----| P.M.----| P.M. P.M.

TAB

9 0 0 0 10 0 0 9 0 0 10 0 0 9 0 10 0

2 P.M.----| P.M.----| P.M.----| P.M.----| P.M. P.M.

TAB

9 8 8 8 10 8 8 9 8 8 10 8 8 9 8 10 8

3 P.M.----| P.M.----| P.M.----| P.M.----| P.M. P.M.

TAB

9 10 10 10 10 10 10 9 10 10 10 10 10 9 10 10 10

4 P.M.----| P.M.----| P.M.----| P.M.----| P.M. P.M.

TAB

9 8 8 8 10 8 8 9 8 8 10 8 8 9 8 10 8

5

P.M.-----| P.M.-----| P.M.-----| P.M.-----| P.M. P.M.

T
A
B

9 0 0 10 0 0 9 0 0 10 0 0 9 0 10 0

6

P.M.-----| P.M.-----| P.M.-----| P.M.-----| P.M. P.M.

T
A
B

9 8 8 10 8 8 9 8 8 10 8 8 9 8 10 8

7

P.M.-----| P.M.-----| P.M.-----| P.M.-----| P.M. P.M.

T
A
B

9 10 10 10 10 3 10 9 10 10 10 10 9 10 10 10

8

P.M.-----| P.M.-----| P.M.-----| P.M.-----| P.M. P.M.

T
A
B

9 8 8 10 8 8 9 8 8 10 8 8 9 8 10 8

9

P.M.-----| P.M.-----| P.M.-----| P.M.-----| P.M. P.M.

T
A
B

9 0 0 10 0 0 9 0 0 10 0 0 9 0 10 0

10

P.M.-----| P.M.-----| P.M.-----| P.M.-----| P.M. P.M.

T
A
B 9 8 8 8 8 8 8 8 8 8 10 8 8 8 9 8 10 8

11

P.M.-----| P.M.-----| P.M.-----| P.M.-----| P.M. P.M.

T
A
B 9 10 10 10 10 10 10 10 10 10 10 10 10 9 10 10 10

12

P.M.-----| P.M.-----| P.M.-----| P.M.-----| P.M. P.M.

T
A
B 9 8 8 8 8 8 8 8 8 8 10 8 8 8 9 8 10 8

13

P.M.-----| P.M.-----| P.M.-----| P.M.-----| P.M. P.M.

T
A
B 9 0 0 0 0 0 0 0 0 0 10 0 0 0 9 0 10 0

14

P.M.-----| P.M.-----| P.M.-----| P.M.-----| P.M. P.M.

T
A
B 9 8 8 8 8 8 8 8 8 8 10 8 8 8 9 8 10 8

15

P.M.----| P.M.----| P.M.----| P.M.----| P.M. P.M.

TAB 9 10 10 10 10 10 9 10 10 10 10 10 9 10 10 10

16

P.M.--| P.M.--| P.M.--| P.M.--| P.M. P.M.

TAB 9 8 8 8 8 8 9 8 8 10 8 8 9 8 8 8 3-5 3-5 3-5 5-3-0 0

Verse 1

18

P.M. P.M.

TAB 7 8 7 7 8 7 8 7 7 8

22

P.M.-| P.M.-| P.M.-| P.M.-| P.M. P.M. P.M.--| P.M.--| P.M. P.M.

TAB 3-0-0-5-0-0-3-0-0-5-0-0-3-0-3-0 3-0-0-5-0-0-3-0-7-8-7-7-8

24

P.M.-| P.M.-| P.M.-| P.M.-| P.M. P.M. P.M.--| P.M.--| P.M. P.M.

TAB 3-0-0-5-0-0-3-0-0-5-0-0-3-0-3-0 3-0-0-5-0-0-3-0-7-8-7-7-8

♩ = 110
Pre-Chorus

26

Musical notation for measures 26-27. Measure 26 features a treble clef, a key signature of two sharps (F# and C#), and a 3/4 time signature. It contains a series of chords: F#m (x02321), C#m (x03231), F#m (x02321), C#m (x03231), and a half note chord F#m (x02321). Measure 27 has a bass clef and consists of a series of eighth notes: F#1, C#2, F#3, C#4, F#5, C#6, F#7, C#8, F#9, C#10, F#11, C#12, F#13, C#14, F#15, C#16, F#17, C#18, F#19, C#20. A dashed line labeled "P.M." is positioned above the bass line.

TAB

	3	5	7	(7)														3
A	1	3	5	(7)	0	0	0	0	0	0	0	0	0	0	0	0	0	3
B				(5)	0	0	0	0	0	0	0	0	0	0	0	0	0	1

28

Musical notation for measures 28-29. Measure 28 features a treble clef, a key signature of two sharps (F# and C#), and a 3/4 time signature. It contains a series of chords: F#m (x02321), C#m (x03231), F#m (x02321), C#m (x03231), and a half note chord F#m (x02321). Measure 29 has a bass clef and consists of eighth notes: F#1, C#2, F#3, C#4, F#5, C#6, F#7, C#8, F#9, C#10, F#11, C#12, F#13, C#14, F#15, C#16, F#17, C#18, F#19, C#20. A dashed line labeled "P.M." is positioned above the bass line.

TAB

	(3)	5	7	(7)														3
A	(3)	5	7	(7)	10	10	12	10	12	10	10	12	10	12				3
B	(1)	3	5	(5)														1

30

Musical notation for measures 30-31. Measure 30 features a treble clef, a key signature of two sharps (F# and C#), and a 3/4 time signature. It contains a series of chords: F#m (x02321), C#m (x03231), F#m (x02321), C#m (x03231), and a half note chord F#m (x02321). Measure 31 has a bass clef and consists of eighth notes: F#1, C#2, F#3, C#4, F#5, C#6, F#7, C#8, F#9, C#10, F#11, C#12, F#13, C#14, F#15, C#16, F#17, C#18, F#19, C#20. A dashed line labeled "P.M." is positioned above the bass line.

TAB

	(3)	5	7	(7)														3
A	(3)	5	7	(7)	0	0	0	0	0	0	0	0	0	0	0	0	0	3
B	(1)	3	5	(5)	0	0	0	0	0	0	0	0	0	0	0	0	0	1

32

Musical notation for measure 32. It features a treble clef, a key signature of two sharps (F# and C#), and a 3/4 time signature. The measure contains a series of chords: F#m (x02321), C#m (x03231), F#m (x02321), C#m (x03231), and a half note chord F#m (x02321).

TAB

	(3)	5
A	(3)	5
B	(1)	3

33

Musical notation for measure 33. It features a treble clef, a key signature of two sharps (F# and C#), and a 3/4 time signature. The measure contains a series of chords: F#m (x02321), C#m (x03231), F#m (x02321), C#m (x03231), and a half note chord F#m (x02321).

TAB

	7																	
A	7	15	14	13	12	11	10	9	8	7	6	5	4	3	2			
B	5	15	14	13	12	11	10	9	8	7	6	5	4	3	2			

Chorus

34

5 6 8 6 5 6 3 (3) 5 6 5 6 8 6 5 6

37

3 3 3 3 1 1 1 1 1 1 1 1 5 6 8 6 5 6 3

39

(3) 5 6 5 6 8 6 5 6

41

3 3 3 3 6 6 6 6 1 1 1 1 8 8 8 8 3 5 3 5 3 5 5 3 0 0

Verse 2

43

P.M.

(0) 7 8 7 7 8

46

7 8 7 8 7 8 7 8 7 8 7 8 7 8 7 8

47

P.M. -| P.M. -| P.M. -| P.M. -| P.M. P.M. P.M. - -| P.M. - -| P.M. P.M.

TAB 3-0-0-5-0-0-3-0-0-5-0-0-3-0-3-0 3-0-0-5-0-0-3-0-7-8-7-7-8

49

P.M. -| P.M. -| P.M. -| P.M. -| P.M. P.M. P.M. - -| P.M. - -| P.M. P.M.

TAB 3-0-0-5-0-0-3-0-0-5-0-0-3-0-3-0 3-0-0-5-0-0-3-0-7-8-7-7-8

Pre-Chorus

51

P.M. -

TAB 3 5 7 (7) 3
3 5 7 (7) 3
1 3 5 (5) 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 1

53

TAB (3) 5 7 (7) 3
(3) 5 7 (7) 3
(1) 3 5 (5) 10 10 12 10 12 10 10 12 10 12 1 3
1 3 5 (5) 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 1

55

P.M. -

TAB (3) 5 7 (7) 3
(3) 5 7 (7) 3
(1) 3 5 (5) 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 1

57

TAB (3) (3) (1) 5 5 3

58

TAB 7 7 5 15 14 13 12 11 10 9 8 7 6 5 4 3 2 15 14 13 12 11 10 9 8 7 6 5 4 3 2

Chorus
59

TAB 5 6 8 6 5 6 3 (3) 5 6 5 6 8 6 5 6

62

TAB 3 3 3 3 1 1 1 1 1 1 1 1 5 6 8 6 5 6 8 6 5 6 3

64

TAB (3) 5 6 (3) 5 6 8 6 5 6

Breakdown
66

TAB 3 3 3 3 6 6 6 6 1 1 1 1 8 8 8 8 0 0 0 0 0 0 0 0

71

T
A
B 0 0 0 0 0 0 0 0

73

T
A
B 0 0 0 0

74

T
A
B 8 8 8 8 8 8 8 8 3 3 3 3 1 1 1 1

75

T
A
B 0 0 0 0 0 0 0 0

77

T
A
B 0 0 0 0

78

T
A
B 8 8 8 8 8 8 8 8 3 3 3 3 1 1 1 1 0 0 0 0

80

T
A
B

0 0 0 0 0 0 0 0

82

T
A
B

8-10-8-10-8-10-8-10-8-10-8-10-8-10-7-8-7-8-7-8-7-8-5-7-5-7-5-7-7

83

T
A
B

0 0 0 0 (0) 0 0 0 0 0 0

86

T
A
B

8-10-8-10-8-10-8-10-8-10-8-10-8-10-7-8-7-8-7-8-7-8-5-7-5-7-5-7-7

Bass Solo

87

T
A
B

91

T
A
B

Pre-Chorus

94

TAB 7-5 7-8 7-5 7-8 7-5 7

3 5 7
3 3 5

96

P.M.

TAB (7) 3 (3) 5 7
(7) 3 (3) 5 7
(5) 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 1 (1) 3 5 7

98

TAB (7) 3 (3) 5 7
(7) 7 7 8 7 8 7 7 7 8 7 8 1 (3) 5 7
(5) 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 1 (1) 3 5 7

100

P.M.

TAB (7) 3 (3) 5
(7) 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 1 (3) 5
(5) 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 1 (1) 3 5

Outro

102

P.M. P.M. P.M. P.M. P.M. P.M. P.M. P.M. P.M. P.M.

TAB 7 3 3 0 0 5 0 0 3 0 0 5 0 0 3 0 3 0 3 0 0 5 0 0 3 0 7 8 7 7 8
7 7 5

105

P.M. -| P.M. -| P.M. -| P.M. -| P.M. P.M. P.M. - -| P.M. - -| P.M. P.M.

T
A
B 3-0-0-5-0-0-3-0-0-5-0-0-3-0-3-0 3-0-0-5-0-0-3-0-7-8-7-7-8

107

P.M. - -| P.M. - - -| P.M. - - -| P.M. P.M.

T
A
B 3-3-3-5 3-3-3-5-0-0-3-0-7-8-7-7-8

109

P.M. -| P.M. -| P.M. -| P.M. -| P.M. P.M. P.M. - -| P.M. - -| P.M. P.M.

T
A
B 3-0-0-5-0-0-3-0-0-5-0-0-3-0-3-0 3-0-0-5-0-0-3-0-7-8-7-7-8

111

T
A
B 0-0-3-0-1-0-3-3-0-1-0-0-1-3-1-3-1-3-1-3 0