

John Frusciante

Been Insane

Niandra Lades and Usually just a T-shirt

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Standard tuning

♩ = 90

S-Gt

The first system of music starts with a treble clef, a 4/4 time signature, and a first fret marker. The melody is written in a single voice on a treble staff. The first measure is marked with a forte 'f' dynamic. The guitar tablature below consists of five lines representing the strings, with fret numbers (0, 1, 2) and 'let ring' instructions. The first four measures are in the key of D major, and the next four measures transition to the key of A major.

0 0 0 0 0 0 0 0 0 0 | 0 0 0 0 0 0 0 0 0 0 | 1 1 1 1 1 1 1 1 1 1 | 1 1 1 1 1 1 1 1 1 1
 0 0 0 0 0 0 0 0 0 0 | 0 0 0 0 0 0 0 0 0 0 | 2 2 2 2 2 2 2 2 2 2 | 2 2 2 2 2 2 2 2 2 2
 2 2 2 2 2 2 2 2 2 2 | 2 2 2 2 2 2 2 2 2 2 | 0 0 0 0 0 0 0 0 0 0 | 0 0 0 0 0 0 0 0 0 0
 0 0 0 0 0 0 0 0 0 0 | 0 0 0 0 0 0 0 0 0 0 | 0 0 0 0 0 0 0 0 0 0 | 0 0 0 0 0 0 0 0 0 0

The second system continues the piece with a third fret marker. The melody is written in a single voice on a treble staff. The guitar tablature includes fret numbers (0, 2, 3) and 'let ring' instructions. The key signature changes to A major with a sharp on the fourth line. The system contains 12 measures.

0 0 0 0 0 0 0 0 0 0 | 0 0 0 0 0 0 0 0 0 0 | 0 0 0 0 0 0 0 0 0 0 | 0 0 0 0 0 0 0 0 0 0 | 3 3 3 3 3 3 3 3 3 3 | 3 3 3 3 3 3 3 3 3 3 | 3 3 3 3 3 3 3 3 3 3
 0 0 0 0 0 0 0 0 0 0 | 0 0 0 0 0 0 0 0 0 0 | 0 0 0 0 0 0 0 0 0 0 | 0 0 0 0 0 0 0 0 0 0 | 0 0 0 0 0 0 0 0 0 0 | 0 0 0 0 0 0 0 0 0 0 | 0 0 0 0 0 0 0 0 0 0
 2 2 2 2 2 2 2 2 2 2 | 2 2 2 2 2 2 2 2 2 2 | 2 2 2 2 2 2 2 2 2 2 | 2 2 2 2 2 2 2 2 2 2 | 0 0 0 0 0 0 0 0 0 0 | 0 0 0 0 0 0 0 0 0 0 | 0 0 0 0 0 0 0 0 0 0
 0 0 0 0 0 0 0 0 0 0 | 0 0 0 0 0 0 0 0 0 0 | 0 0 0 0 0 0 0 0 0 0 | 0 0 0 0 0 0 0 0 0 0 | 3 3 3 3 3 3 3 3 3 3 | 3 3 3 3 3 3 3 3 3 3 | 3 3 3 3 3 3 3 3 3 3

The third system continues the piece with a sixth fret marker. The melody is written in a single voice on a treble staff. The guitar tablature includes fret numbers (0, 2, 4) and 'let ring' instructions. The key signature changes to E major with sharps on the fourth and seventh lines. The system contains 12 measures.

0 0 0 0 0 0 0 0 0 0 | 2 2 2 2 2 2 2 2 2 2 | 2 2 2 2 2 2 2 2 2 2 | 2 2 2 2 2 2 2 2 2 2 | 2 2 2 2 2 2 2 2 2 2 | 2 2 2 2 2 2 2 2 2 2 | 2 2 2 2 2 2 2 2 2 2
 1 1 1 1 1 1 1 1 1 1 | 4 4 4 4 4 4 4 4 4 4 | 4 4 4 4 4 4 4 4 4 4 | 4 4 4 4 4 4 4 4 4 4 | 4 4 4 4 4 4 4 4 4 4 | 4 4 4 4 4 4 4 4 4 4 | 4 4 4 4 4 4 4 4 4 4
 2 2 2 2 2 2 2 2 2 2 | 4 4 4 4 4 4 4 4 4 4 | 4 4 4 4 4 4 4 4 4 4 | 4 4 4 4 4 4 4 4 4 4 | 4 4 4 4 4 4 4 4 4 4 | 4 4 4 4 4 4 4 4 4 4 | 4 4 4 4 4 4 4 4 4 4
 0 0 0 0 0 0 0 0 0 0 | 2 2 2 2 2 2 2 2 2 2 | 2 2 2 2 2 2 2 2 2 2 | 2 2 2 2 2 2 2 2 2 2 | 2 2 2 2 2 2 2 2 2 2 | 2 2 2 2 2 2 2 2 2 2 | 2 2 2 2 2 2 2 2 2 2

The fourth system continues the piece with a ninth fret marker. The melody is written in a single voice on a treble staff. The guitar tablature includes fret numbers (1, 2, 3) and 'let ring' instructions. The key signature changes to B major with sharps on the fourth and seventh lines. The system contains 12 measures.

1 1 1 1 1 1 1 1 1 1 | 1 1 1 1 1 1 1 1 1 1 | 1 1 1 1 1 1 1 1 1 1 | 1 1 1 1 1 1 1 1 1 1 | 2 2 2 2 2 2 2 2 2 2 | 2 2 2 2 2 2 2 2 2 2 | 2 2 2 2 2 2 2 2 2 2
 3 3 3 3 3 3 3 3 3 3 | 3 3 3 3 3 3 3 3 3 3 | 3 3 3 3 3 3 3 3 3 3 | 3 3 3 3 3 3 3 3 3 3 | 4 4 4 4 4 4 4 4 4 4 | 4 4 4 4 4 4 4 4 4 4 | 4 4 4 4 4 4 4 4 4 4
 3 3 3 3 3 3 3 3 3 3 | 3 3 3 3 3 3 3 3 3 3 | 3 3 3 3 3 3 3 3 3 3 | 3 3 3 3 3 3 3 3 3 3 | 4 4 4 4 4 4 4 4 4 4 | 4 4 4 4 4 4 4 4 4 4 | 4 4 4 4 4 4 4 4 4 4
 1 1 1 1 1 1 1 1 1 1 | 0 0 0 0 0 0 0 0 0 0 | 0 0 0 0 0 0 0 0 0 0 | 0 0 0 0 0 0 0 0 0 0 | 2 2 2 2 2 2 2 2 2 2 | 2 2 2 2 2 2 2 2 2 2 | 2 2 2 2 2 2 2 2 2 2

12

3x

let ring

let ring

let ring

TAB

4 4 4 4 2 2 4 4 4 4 4

2 2 2 2 3 3 3 3 3 3 3

4 4 4 4 4 4 4 4 4 4 4

0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0

1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1

2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2

0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0

15

let ring

let ring

let ring

let ring

let ring

TAB

0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0

0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0

2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2

0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0

0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0

3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3

0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0

0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0

3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3

18

let ring

let ring

let ring

let ring

TAB

0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0

1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1

2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2

0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0

7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7

7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7

8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8

9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9

7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7

7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7

21

let ring

let ring

let ring

let ring

TAB

1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1

3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3

3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3

1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1

1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1

3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3

2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2

0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0

1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1

3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3

3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3

1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1

24

4x

let ring

4x

TAB

4 4 4 4 2 2 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4

2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2

4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4

1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1

3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3

3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3

1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1

1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1