

From Heart to Hell

Anger Dystrophy

Words & Music by Jerrod Zevnik

Tune down 1 step

①=D ④=C
②=A ⑤=G
③=F ⑥=D

♩ = 175

E-Gt

Measure 1: Treble clef, 4/4 time, key of D major (two sharps). The melody starts with a quarter rest, followed by a quarter note D4, and then a quarter note E4. The guitar accompaniment consists of a series of eighth notes: D4, E4, F#4, G4, A4, B4, A4, G4, F#4, E4, D4. A dynamic marking *f* is present. Measure 2: Treble clef, 4/4 time, key of D major. The melody starts with a quarter rest, followed by a quarter note D4, and then a quarter note E4. The guitar accompaniment consists of a series of eighth notes: D4, E4, F#4, G4, A4, B4, A4, G4, F#4, E4, D4. Measure 3: Treble clef, 4/4 time, key of D major. The melody starts with a quarter rest, followed by a quarter note D4, and then a quarter note E4. The guitar accompaniment consists of a series of eighth notes: D4, E4, F#4, G4, A4, B4, A4, G4, F#4, E4, D4.

TAB

4-4-4-4-2	7	5-5	4-4-4-4-2
2-2-2-2-0	5	3-2	2-2-2-2-0

Measure 4: Treble clef, 4/4 time, key of D major. The melody starts with a quarter rest, followed by a quarter note D4, and then a quarter note E4. The guitar accompaniment consists of a series of eighth notes: D4, E4, F#4, G4, A4, B4, A4, G4, F#4, E4, D4. Measure 5: Treble clef, 4/4 time, key of D major. The melody starts with a quarter rest, followed by a quarter note D4, and then a quarter note E4. The guitar accompaniment consists of a series of eighth notes: D4, E4, F#4, G4, A4, B4, A4, G4, F#4, E4, D4. Measure 6: Treble clef, 4/4 time, key of D major. The melody starts with a quarter rest, followed by a quarter note D4, and then a quarter note E4. The guitar accompaniment consists of a series of eighth notes: D4, E4, F#4, G4, A4, B4, A4, G4, F#4, E4, D4. Measure 7: Treble clef, 4/4 time, key of D major. The melody starts with a quarter rest, followed by a quarter note D4, and then a quarter note E4. The guitar accompaniment consists of a series of eighth notes: D4, E4, F#4, G4, A4, B4, A4, G4, F#4, E4, D4.

TAB

7	5-5	4-4-4-4-2	7	5-5	4-4-4-4-2
5	3-2	2-2-2-2-0	5	3-2	2-2-2-2-0

Measure 8: Treble clef, 4/4 time, key of D major. The melody starts with a quarter rest, followed by a quarter note D4, and then a quarter note E4. The guitar accompaniment consists of a series of eighth notes: D4, E4, F#4, G4, A4, B4, A4, G4, F#4, E4, D4. Measure 9: Treble clef, 4/4 time, key of D major. The melody starts with a quarter rest, followed by a quarter note D4, and then a quarter note E4. The guitar accompaniment consists of a series of eighth notes: D4, E4, F#4, G4, A4, B4, A4, G4, F#4, E4, D4. Measure 10: Treble clef, 4/4 time, key of D major. The melody starts with a quarter rest, followed by a quarter note D4, and then a quarter note E4. The guitar accompaniment consists of a series of eighth notes: D4, E4, F#4, G4, A4, B4, A4, G4, F#4, E4, D4. Measure 11: Treble clef, 4/4 time, key of D major. The melody starts with a quarter rest, followed by a quarter note D4, and then a quarter note E4. The guitar accompaniment consists of a series of eighth notes: D4, E4, F#4, G4, A4, B4, A4, G4, F#4, E4, D4.

TAB

7	5-5	4-4-4-4-2	7	5-5	4-4-4-4-2
5	3-2	2-2-2-2-0	5	3-2	2-2-2-2-0

Measure 12: Treble clef, 4/4 time, key of D major. The melody starts with a quarter rest, followed by a quarter note D4, and then a quarter note E4. The guitar accompaniment consists of a series of eighth notes: D4, E4, F#4, G4, A4, B4, A4, G4, F#4, E4, D4. Measure 13: Treble clef, 4/4 time, key of D major. The melody starts with a quarter rest, followed by a quarter note D4, and then a quarter note E4. The guitar accompaniment consists of a series of eighth notes: D4, E4, F#4, G4, A4, B4, A4, G4, F#4, E4, D4. Measure 14: Treble clef, 4/4 time, key of D major. The melody starts with a quarter rest, followed by a quarter note D4, and then a quarter note E4. The guitar accompaniment consists of a series of eighth notes: D4, E4, F#4, G4, A4, B4, A4, G4, F#4, E4, D4. Measure 15: Treble clef, 4/4 time, key of D major. The melody starts with a quarter rest, followed by a quarter note D4, and then a quarter note E4. The guitar accompaniment consists of a series of eighth notes: D4, E4, F#4, G4, A4, B4, A4, G4, F#4, E4, D4.

TAB

7	5-5	2-2-2-2-2	5	5	4-4-4-4-4	4-2-2-2-2-2	2-2-2-2-2	2-2-2-2-2	5-5
5	3-2	0-0-0-0-0	3	2	2-2-2-2-2	2-0-0-0-0-0	2-0-0-0-0-0	2-0-0-0-0-0	3-2

16

TAB

4-4-4-4-4-4-4-2-2-2-2-2-2 2-2-2-2-2-2-2 5-5
 2-2-2-2-2-2-2-0-0-0-0-0-0 0-0-0-0-0-0-0 3-2 4-4-4-4-4-4-4-2-2-2-2-2-2
 2-2-2-2-2-2-2-0-0-0-0-0-0 0-0-0-0-0-0-0

19

TAB

2-2-2-2-2-2-2 5-5 4-4-4-4-4-4-4-2-2-2-2-2-2 2-2-2-2-2-2-2 5-5
 0-0-0-0-0-0-0 3-2 2-2-2-2-2-2-2 0-0-0-0-0-0-0 0-0-0-0-0-0-0 0-0-0-0-0-0-0 3-2

22

TAB

4-4-4-4-4-4-4 5-5 2-2-2-2-2-2-2 2-2-2-2-2-2-2 4-4-4-4-4-4-4 5-5
 2-2-2-2-2-2-2 2-3 3-5-2 0-0-0-0-0-0-0 0-0-0-0-0-0-0 2-2-2-2-2-2-2 2-3-5-5

25

TAB

2-2-2-2-2-2-2 2-2-2-2-2-2-2 4-4-4-4-4-4-4 5-5 2-2-2-2-2-2-2 2-2-2-2-2-2-2
 0-0-0-0-0-0-0 0-0-0-0-0-0-0 2-2-2-2-2-2-2 2-3 3-5-2 0-0-0-0-0-0-0 0-0-0-0-0-0-0

28

TAB

4-4-4-4-4-4-4 5-5 2-2-2-2-2-2-2 2-2-2-2-2-2-2 2-2-2-2-2-2-2 2-2-2-2-2-2-2
 2-2-2-2-2-2-2 2-3 3-5-2 0-0-0-0-0-0-0 0-0-0-0-0-0-0 0-0-0-0-0-0-0 0-0-0-0-0-0-0

31

TAB

2 0 2 0 2 0 2 0 2 0 2 0 2 0 2 0 2 0 2 0

35

TAB

2 0 2 0 2 0 2 0 2 0 2 0 2 0 2 0 2 0 2 0

38

TAB

2 0 2 0 2 0 2 0 2 0 2 0 2 0 2 0 2 0 2 0

42

TAB

2 0 2 0 2 0 2 0 2 0 2 0 2 0 2 0 2 0 2 0

46

TAB

2 0 2 0 2 0 5/3 5/2 2 0 2 0 2 0 2 0 5/2 5/3 2 0 2 0 2 0 2 0 5/3 5/2 2 0 2 0

49

TAB

2 2 2 5 5 2 | 2 2 2 5 5 2 | 2 2 2 5 5 2

0 0 0 2 3 0 | 0 0 0 3 2 0 | 0 0 0 2 3 0

52

TAB

2 2 2 5 5 2 | 2 2 2 5 5 2 | 2 2 2 2 2 2 2 2 2 2 2 2

0 0 0 3 2 0 | 0 0 0 2 3 0 | 0 0 0 0 0 0 0 0 0 0 0 0

55

TAB

2 2 2 2 2 2 2 2 2 2 2 2 | 3 3 3 3 3 3 2 2 2 2 2 2 | 2 2 2 2 2 2 2 2 2 2 2 2

0 0 0 0 0 0 0 0 0 0 0 0 | 5 5 5 5 5 5 3 3 3 3 3 3 | 0 0 0 0 0 0 0 0 0 0 0 0

58

TAB

2 2 2 2 2 2 2 2 2 2 2 2 | 3 3 3 3 3 3 2 2 2 2 2 2 | 2 2 2 2 2 2 2 2 2 2 2 2

0 0 0 0 0 0 0 0 0 0 0 0 | 5 5 5 5 5 5 3 3 3 3 3 3 | 0 0 0 0 0 0 0 0 0 0 0 0

61

TAB

2 2 2 2 2 2 2 2 2 2 2 2 | 3 3 3 3 3 3 2 2 2 2 2 2 | 2 2 2 2 2 2 2 2 2 2 2 2

0 0 0 0 0 0 0 0 0 0 0 0 | 5 5 5 5 5 5 3 3 3 3 3 3 | 0 0 0 0 0 0 0 0 0 0 0 0

64

TAB

```
2-2-2-2-2-2-2-2-2-2-2-2 3-3-3-3-3-3-2-2-2-2-2-2 2-2-2-2-2-2-2-2-2-2-2-2
0-0-0-0-0-0-0-0-0-0-0-0    5-5-5-5-5-5-3-3-3-3-3-3    0-0-0-0-0-0-0-0-0-0-0-0
```

67

TAB

```
2-2-2-2-2-2-2-2-2-2-2-2 3-3-3-3-3-3-2-2-2-2-2-2 2-2-2-2-2-2-2-2-2-2-2-2
0-0-0-0-0-0-0-0-0-0-0-0    5-5-5-5-5-5-3-3-3-3-3-3    0-0-0-0-0-0-0-0-0-0-0-0
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70 ♩ = 86

TAB

```
2-2-2-2-2-2-2-2-2-2-2-2 3-3-3-3-3-3-2-2-2-2-2-2 2-2-2-2 2-2-2-2
0-0-0-0-0-0-0-0-0-0-0-0    5-5-5-5-5-5-3-3-3-3-3-3    2-2 2-2
0-0 0-0
```

73

TAB

```
0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0
0 0 5 7 0 0 5 7 0 0 5 7 0 0 5 7 0 0 5 7 0 0
0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0
```

75

TAB

```
0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0
0 0 5 7 0 0 5 7 0 0 5 7 0 0 5 7 0 0 5 7 0 0
0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0
```

76

TAB

77

TAB

78

TAB

79

TAB

$\text{♩} = 86$

81

TAB

83

TAB

84

TAB

85

TAB

86

TAB

87

TAB

♩ = 175

89

T
A
B

$\frac{2}{0}$ | $\frac{7}{5}$ $\frac{5}{3}$ $\frac{5}{2}$ | $\frac{4}{2}$ $\frac{4}{2}$ $\frac{4}{2}$ $\frac{4}{2}$ $\frac{2}{0}$ | $\frac{7}{5}$ $\frac{5}{3}$ $\frac{5}{2}$

93

T
A
B

$\frac{4}{2}$ $\frac{4}{2}$ $\frac{4}{2}$ $\frac{4}{2}$ $\frac{2}{0}$ | $\frac{7}{5}$ $\frac{5}{3}$ $\frac{5}{2}$ | $\frac{4}{2}$ $\frac{4}{2}$ $\frac{4}{2}$ $\frac{4}{2}$ $\frac{2}{0}$ | $\frac{7}{5}$ $\frac{5}{3}$ $\frac{5}{2}$

97

T
A
B

$\frac{2}{0}$ $\frac{2}{0}$ $\frac{2}{0}$ $\frac{2}{0}$ $\frac{2}{0}$ $\frac{5}{3}$ $\frac{5}{2}$ | $\frac{4}{2}$ $\frac{4}{2}$ $\frac{4}{2}$ $\frac{4}{2}$ $\frac{4}{2}$ $\frac{4}{2}$ $\frac{2}{0}$ $\frac{2}{0}$ $\frac{2}{0}$ $\frac{2}{0}$ $\frac{2}{0}$ $\frac{2}{0}$ | $\frac{2}{0}$ $\frac{2}{0}$ $\frac{2}{0}$ $\frac{2}{0}$ $\frac{2}{0}$ $\frac{2}{0}$ $\frac{5}{3}$ $\frac{5}{2}$

100

T
A
B

$\frac{4}{2}$ $\frac{4}{2}$ $\frac{4}{2}$ $\frac{4}{2}$ $\frac{4}{2}$ $\frac{4}{2}$ $\frac{2}{0}$ $\frac{2}{0}$ $\frac{2}{0}$ $\frac{2}{0}$ $\frac{2}{0}$ $\frac{2}{0}$ | $\frac{2}{0}$ $\frac{2}{0}$ $\frac{2}{0}$ $\frac{2}{0}$ $\frac{2}{0}$ $\frac{5}{3}$ $\frac{5}{2}$ | $\frac{4}{2}$ $\frac{4}{2}$ $\frac{4}{2}$ $\frac{4}{2}$ $\frac{4}{2}$ $\frac{4}{2}$ $\frac{2}{0}$ $\frac{2}{0}$ $\frac{2}{0}$ $\frac{2}{0}$ $\frac{2}{0}$ $\frac{2}{0}$

103

T
A
B

$\frac{2}{0}$ $\frac{2}{0}$ $\frac{2}{0}$ $\frac{2}{0}$ $\frac{2}{0}$ $\frac{5}{3}$ $\frac{5}{2}$ | $\frac{4}{2}$ $\frac{4}{2}$ $\frac{4}{2}$ $\frac{4}{2}$ $\frac{4}{2}$ $\frac{4}{2}$ $\frac{2}{0}$ $\frac{2}{0}$ $\frac{2}{0}$ $\frac{2}{0}$ $\frac{2}{0}$ $\frac{2}{0}$ | $\frac{2}{0}$ $\frac{2}{0}$ $\frac{2}{0}$ $\frac{2}{0}$ $\frac{2}{0}$ $\frac{2}{0}$ $\frac{5}{3}$ $\frac{5}{2}$

106

T
A
B

$\frac{2}{0}$ $\frac{2}{0}$ $\frac{2}{0}$ $\frac{5}{3}$ $\frac{5}{2}$ $\frac{2}{0}$ $\frac{2}{0}$ | $\frac{2}{0}$ $\frac{2}{0}$ $\frac{2}{0}$ $\frac{5}{2}$ $\frac{5}{3}$ $\frac{2}{0}$ | $\frac{2}{0}$ $\frac{2}{0}$ $\frac{2}{0}$ $\frac{5}{3}$ $\frac{5}{2}$ $\frac{2}{0}$ $\frac{2}{0}$

109

TAB 2 0 2 0 2 0 5 2 5 3 2 2 0 2 0 2 0 5 3 5 2 2 0 2 0 2 0 2 5 5 3 2

112

TAB 2 0 2 0 2 0 5 3 5 2 2 0 2 0 2 0 2 5 3 2 2 0 2 0 2 0 2 0 2 0 2 0 2 0 2 0 2 0

115

TAB 2 0 2 0 2 0 2 0 2 0 2 0 2 0 2 0 3 3 3 3 3 3 3 2 2 2 2 2 2 2 2 0 2 0 2 0 2 0 2 0 2 0 2 0

118

TAB 2 0 2 0 2 0 2 0 2 0 2 0 2 0 2 0 3 3 3 3 3 3 3 2 2 2 2 2 2 2 2 2 0 2 0 2 0 2 0 2 0 2 0 2 0

121

TAB 2 0 2 0 2 0 2 0 2 0 2 0 2 0 2 0 3 3 3 3 3 3 3 2 2 2 2 2 2 2 2 2 2 0 2 0 2 0 2 0 2 0 2 0 2 0

124

TAB 2 0 2 0 2 0 2 0 2 0 2 0 2 0 2 0 3 3 3 3 3 3 3 2 2 2 2 2 2 2 2 5 5 5 5 5 5 5 4 4 4 4 4 4 4

127

TAB 5 5 5 5 5 5 2 2 2 2 2 2 5 5 5 5 5 4 4 4 4 4 4

B 7 7 7 7 7 7 3 3 3 3 3 3 7 7 7 7 7 5 5 5 5 5 5

129

TAB 5 5 5 5 5 5 4 4 4 4 4 4 5 5 5 5 5 4 4 4 4 4 4

B 7 7 7 7 7 7 5 5 5 5 5 5 7 7 7 7 7 5 5 5 5 5 5

131

TAB 5 5 5 5 5 5 7 7 7 7 7 7 5 5 5 5 5 4 4 4 4 4 4

B 7 7 7 7 7 7 9 9 9 9 9 9 7 7 7 7 7 5 5 5 5 5 5

133

TAB 5 5 5 5 5 5 9 9 9 9 9 9 5 5 5 5 5 4 4 4 4 4 4

B 7 7 7 7 7 7 10 10 10 10 10 10 7 7 7 7 7 5 5 5 5 5 5

5 5 5 5 5 5 2 2 2 2 2 2

7 7 7 7 7 7 3 3 3 3 3 3

136

TAB 5 5 5 5 5 5 4 4 4 4 4 4 5 5 5 5 5 4 4 4 4 4 4

B 7 7 7 7 7 7 5 5 5 5 5 5 7 7 7 7 7 5 5 5 5 5 5

138

TAB 5 5 5 5 5 5 4 4 4 4 4 4 5 5 5 5 5 7 7 7 7 7 7

B 7 7 7 7 7 7 5 5 5 5 5 5 7 7 7 7 7 9 9 9 9 9 9

140

TAB 5-5-5-5-5-5-4-4-4-4-4-4 7-7-7-7-7-7-5-5-5-5-5-5 5-5-5-5-5-5-9-9-9-9-9-9 7-7-7-7-7-7-10-10-10-10-10-10 5-5-5-5-5-5-4-4-4-4-4-4 7-7-7-7-7-7-5-5-5-5-5-5

143

TAB 5-5-5-5-5-5-2-2-2-2-2-2 7-7-7-7-7-7-3-3-3-3-3-3 5-5-5-5-5-5-4-4-4-4-4-4 7-7-7-7-7-7-5-5-5-5-5-5

145

TAB 5-5-5-5-5-5-4-4-4-4-4-4 7-7-7-7-7-7-5-5-5-5-5-5 5-5-5-5-5-5-4-4-4-4-4-4 7-7-7-7-7-7-5-5-5-5-5-5

147

TAB 5-5-5-5-5-5-7-7-7-7-7-7 7-7-7-7-7-7-9-9-9-9-9-9 5-5-5-5-5-5-4-4-4-4-4-4 7-7-7-7-7-7-5-5-5-5-5-5

149

TAB 5-5-5-5-5-5-9-9-9-9-9-9 7-7-7-7-7-7-10-10-10-10-10-10 2-2-2-2-2-2-2-2-2-2-2-2 0-0-0-0-0-0-0-0-0-0-0-0 2-2-2-2-2-2-2-2-2-2-2-2 0-0-0-0-0-0-0-0-0-0-0-0

152

TAB 3-3-3-3-3-3-2-2-2-2-2-2 5-5-5-5-5-5-3-3-3-3-3-3 2-2-2-2-2-2-2-2-2-2-2-2 0-0-0-0-0-0-0-0-0-0-0-0 2-2-2-2-2-2-2-2-2-2-2-2 0-0-0-0-0-0-0-0-0-0-0-0

155

TAB 3-3-3-3-3-3-2-2-2-2-2-2 2-2-2-2-2-2-2-2-2-2-2-2 2-2-2-2-2-2-2-2-2-2-2-2
5-5-5-5-5-5-3-3-3-3-3-3 0-0-0-0-0-0-0-0-0-0-0-0 0-0-0-0-0-0-0-0-0-0-0-0

158

TAB 3-3-3-3-3-3-2-2-2-2-2-2 2-2-2-2-2-2-2-2-2-2-2-2 2-2-2-2-2-2-2-2-2-2-2-2
5-5-5-5-5-5-3-3-3-3-3-3 0-0-0-0-0-0-0-0-0-0-0-0 0-0-0-0-0-0-0-0-0-0-0-0

161

TAB 3-3-3-3-3-3-2-2-2-2-2-2 2-2-2-2-2-2-2-2-2-2-2-2 2-2-2-2-2-2-2-2-2-2-2-2
5-5-5-5-5-5-3-3-3-3-3-3 0-0-0-0-0-0-0-0-0-0-0-0 0-0-0-0-0-0-0-0-0-0-0-0

164

TAB 2-2-2-2-2-2-2-2-2-2-2-2 2-2-2-2-2-2-2-2-2-2-2-2 2-2-2-2-2-2-2-2-2-2-2-2
0-0-0-0-0-0-0-0-0-0-0-0 5-5-5-5-5-5-5-5-5-5-5-5 0-0-0-0-0-0-0-0-0-0-0-0


167

TAB 2-2-2-2-2-2-2-2-2-2-2-2 2-2-2-2-2-2-2-2-2-2-2-2 2-2-2-2-2-2-2-2-2-2-2-2
0-0-0-0-0-0-0-0-0-0-0-0 5-5-5-5-5-5-5-5-5-5-5-5 0-0-0-0-0-0-0-0-0-0-0-0

170

TAB 2-2-2-2-2-2-2-2-2-2-2-2 2-2-2-2-2-2-2-2-2-2-2-2 3-3-3-3-3-3-2-2-2-2-2-2
0-0-0-0-0-0-0-0-0-0-0-0 0-0-0-0-0-0-0-0-0-0-0-0 5-5-5-5-5-5-3-3-3-3-3-3

173




Musical notation for measure 173 showing a treble clef staff with three measures of music and a guitar tab below. The first two measures consist of eighth-note chords, and the third measure consists of eighth-note triplets. The tab below shows the fretting for each note.

T
A
B

2-2-2-2-2-2-2-2-2-2	2-2-2-2-2-2-2-2-2-2	3-3-3-3-3-3-2-2-2-2
0-0-0-0-0-0-0-0-0-0	0-0-0-0-0-0-0-0-0-0	5-5-5-5-5-5-3-3-3-3

176




Musical notation for measure 176 showing a treble clef staff with three measures of music and a guitar tab below. The first two measures consist of eighth-note chords, and the third measure consists of eighth-note triplets. The tab below shows the fretting for each note.

T
A
B

2-2-2-2-2-2-2-2-2-2	2-2-2-2-2-2-2-2-2-2	3-3-3-3-3-3-2-2-2-2
0-0-0-0-0-0-0-0-0-0	0-0-0-0-0-0-0-0-0-0	5-5-5-5-5-5-3-3-3-3

179




Musical notation for measure 179 showing a treble clef staff with three measures of music and a guitar tab below. The first two measures consist of eighth-note chords, and the third measure consists of eighth-note triplets. The tab below shows the fretting for each note.

T
A
B

2-2-2-2-2-2-2-2-2-2	2-2-2-2-2-2-2-2-2-2	3-3-3-3-3-3-2-2-2-2
0-0-0-0-0-0-0-0-0-0	0-0-0-0-0-0-0-0-0-0	5-5-5-5-5-5-3-3-3-3

182



Musical notation for measure 182 showing a treble clef staff with four measures of music. The first measure has two eighth notes, the second has two eighth notes, the third has two eighth notes with a sharp sign, and the fourth has a quarter note with a sharp sign. The guitar tab below shows the fretting for each note.

T
A
B

2-2-2-5	5-2	2-2	2-2-5
0-0-0-3	2	0-0	0-2-3