

heavy exercises

Exercise

Standard tuning

♩ = 130

Ex1

E-Gt

f
P.M.

T
A
B

0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0

4

P.M.

T
A
B

0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 3 3 3 3 5 5 5 5

6

P.M.

T
A
B

0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 3 3 3 3 5 5 5 5

8

P.M.

T
A
B

0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 3 3 3 3 3 3 3 3 8 8 8 8 8 8 8 8

10

P.M.

T
A
B

7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 8 8 8 8 8 8 8 8 8 8 8 8 5 5 5 5 5 5 5 5 0 0 0 0

12

P.M.-----|

T
A
B

3 3 3 3 5 5 5 5 0 0 0 0 0 0 0 0 3 3 3 3 3 3 3 3 8 8 8 8 8 8 8 8

14

P.M.-----|

T
A
B

7 7 7 7 7 7 7 7 7 7 7 7 8 8 8 8 8 8 8 8 5 5 5 5 5 5 5 5 0 0 0 0

Ex2

16

P.M.-----|

T
A
B

3 3 3 3 5 5 5 5 0 0 0 0 0 0 0 0 3 0 3 0 3 0 3 0 3 0 3 0 3 0 3 0 3 0

19

T
A
B

5 0 5 0 5 0 5 0 5 0 5 0 5 0 5 0 7 0 7 0 7 0 7 0 7 0 7 0 7 0 7 0

21

T
A
B

8 0 8 0 8 0 8 0 8 0 8 0 8 0 8 0 3 0 5 0 7 0 5 0 3 0 5 0 7 0 5 0

23

T
A
B

3-0-5-0-7-0-5-0-3-0-5-0-7-0-5-0 | 5-0-7-0-8-0-7-0-5-0-7-0-8-0-7-0

25

T
A
B

5-0-7-0-8-0-7-0-5-0-7-0-8-0-7-0 | 3-0-5-0-7-0-5-0-3-0-5-0-7-0-5-0

27

T
A
B

3-0-5-0-7-0-5-0-3-0-5-0-7-0-5-0 | 3-0-5-0-7-0-8-0-7-0-5-0-3-0-5-0

29

T
A
B

7-0-8-0-7-0-5-0-3-0-3-0-5-0-3-0 | 3-0-5-0-7-0-8-0-7-0-5-0-3-0-5-0

31

Ex3

T
A
B

7-0-8-0-7-0-5-0-3-0-3-0-5-0-3-0 | 15-12-15-12 15-12-15-12 14-12-14-12 14-12-14-12

34

T
A
B 14-12-14-12 14-12-14-12 14-12-14-12 14-12-14-12 14-12-14-12 14-12-14-12 15-12-15-12 15-12-15-12 15

Ex4

36

T
A
B 12-9-11-12 9-11-13-11-9 12-11-9-11-12 9-11

38

T
A
B 13-11-9 12-11-9 12-11-12-11-9-11-12 9-11-9

39

T
A
B 12-9-11-12 9-11-13-11-9 12-11-9-11-12 9-11

40


T
A
B 13-11-9 12-11-9 12-11-12-11-9-11-12 9-11-9 (9)

Ex5

43

T
A
B 5-6-7-5 6-7-5-6-7 5-6-7-5-6-7 5-6-7-5-6-7-5

44




T
A
B

6 7 5 6 7 5 6 7 5 6 7 5 6 7 5 6

Detailed description: This system shows measure 44. The top staff is a treble clef with a key signature of one sharp (F#). The melody consists of eighth notes: F#4, G4, A4, B4, A4, G4, F#4, E4, D4, C4, B3, A3, G3, F#3, E3, D3. The guitar tab below shows the fret numbers: 6, 7, 5, 6, 7, 5, 6, 7, 5, 6, 7, 5, 6, 7, 5, 6.

45




T
A
B

7 5 6 7 5 6 7 5 6 7 5 6 7 5 6 7

Detailed description: This system shows measure 45. The top staff is a treble clef with a key signature of one sharp (F#). The melody consists of eighth notes: E4, D4, C4, B3, A3, G3, F#3, E3, D3, C3, B2, A2, G2, F#2, E2, D2. The guitar tab below shows the fret numbers: 7, 5, 6, 7, 5, 6, 7, 5, 6, 7, 5, 6, 7, 5, 6, 7.

46




T
A
B

5 6 7 5 6 7 5 6 7 5 6 7 7

Detailed description: This system shows measure 46. The top staff is a treble clef with a key signature of one sharp (F#). The melody consists of eighth notes: C4, B3, A3, G3, F#3, E3, D3, C3, B2, A2, G2, F#2, E2, D2, C2. The guitar tab below shows the fret numbers: 5, 6, 7, 5, 6, 7, 5, 6, 7, 5, 6, 7, 7.

47




T
A
B

6 5 7 6 5 7 6 5 7 6 5 7 6 5 7 6

Detailed description: This system shows measure 47. The top staff is a treble clef with a key signature of one sharp (F#). The melody consists of eighth notes: D3, C3, B2, A2, G2, F#2, E2, D2, C2, B1, A1, G1, F#1, E1, D1, C1. The guitar tab below shows the fret numbers: 6, 5, 7, 6, 5, 7, 6, 5, 7, 6, 5, 7, 6, 5, 7, 6.

48




T
A
B

5 7 6 5 7 6 5 7 6 5 7 6 5 7 6 5

Detailed description: This system shows measure 48. The top staff is a treble clef with a key signature of one sharp (F#). The melody consists of eighth notes: E2, D2, C2, B1, A1, G1, F#1, E1, D1, C1, B0, A0, G0, F#0, E0, D0. The guitar tab below shows the fret numbers: 5, 7, 6, 5, 7, 6, 5, 7, 6, 5, 7, 6, 5, 7, 6, 5.

49



T
A
B

7 6 5 7 6 5 7 6 5 7 6 5 7 6 5 7 6 5 7 6 5

Detailed description: This system shows measure 49. The top staff is a treble clef with a key signature of one sharp (F#). The melody consists of eighth notes: E1, D1, C1, B0, A0, G0, F#0, E0, D0, C0, B-1, A-1, G-1, F#-1, E-1, D-1, C-1. The guitar tab below shows the fret numbers: 7, 6, 5, 7, 6, 5, 7, 6, 5, 7, 6, 5, 7, 6, 5, 7, 6, 5, 7, 6, 5.

Ex5

Musical notation for Ex5, measures 52-53. Includes treble clef, notes with triplets, and guitar tablature below.

TAB: 5-7-8 5-7-8 5-7-8 5-7-8 | 5-7-8 5-7-8 5-7-8 7-9-10 7

Musical notation for Ex5, measures 54-55. Includes treble clef, notes with sharps, and guitar tablature below.

TAB: 9-10 7-9-10 7-9-10 7-9-10 7-9-10 7-9

Ex6

Musical notation for Ex6, measures 55-57. Includes treble clef, notes with sharps, and guitar tablature below.

TAB: 10 7-9-10 5-7-8 5-7-8-7-5 8-7-5 | 3 2 X X 2 X | 3 2 X X 2 X | 1 0 X X 0 X

Musical notation for Ex6, measures 58-59. Includes treble clef, notes with sharps, and guitar tablature below.

TAB: 3 2 X X 2 X | 3 2 X X 2 X | 3 2 X X X X 2 0 2 | 3 2 X X X X 2 0 2 | 1 0 X X 0 X | 1 0 X X X X 0 0 0

Musical notation for Ex6, measures 60-63. Includes treble clef, notes with sharps, and guitar tablature below.

TAB: 3 2 X X X X 2 0 2 | X X 5 X 7 X | 2 5 3 X X X X 2 X 2 | 3 2 X X X X 2 0 2 | 1 0 X X X X 0 0 | X X 3 X 5 X | 0 3 1 X X X X 0 X X 0

Musical notation for Ex6, measures 64-67. Includes treble clef, notes with sharps, and guitar tablature below. An arrow labeled 'full' points to the final measure.

TAB: 5 3 2 X X X X 2 X X X 2 | (2) 5 7 9 9 | (9) 2 X 7 2 | 5 3 2 X X X X 2 | (0) 3 5 7 7 | (9) 2 X 7 2 | (7) 0 X 5 5 0

67

TAB (2) (0) 3 5 2 5 3 3 (5) (9) 7 X 5 7 9 X (3) 7 5 X 3 5 7 X 9 9 9 5 X 2 X X 7 7 7 3 X 0 X X 0 0 0

70

TAB 9 9 9 5 X 2 X X 9 9 9 5 X 2 X X 7 7 7 3 X 0 X X 0 0 0 12 12 12 8 X 5 X X 12 12 12 8 X 5 X X 10 10 10 6 X 3 X X 3 3 3

72

TAB 12 12 12 8 X 5 X X 7 4 5 7 4 5 5 2 (2) 10 10 10 6 X 3 X X 3 3 3 5 2 3 5 2 (2) (0)