

Heavy metal exercises

malte

Standard tuning

♩ = 100

1: Warm up

E-Gt

T
A
B

3

T
A
B

4

T
A
B

5

T
A
B

6

T
A
B

7

T
A
B

1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4

8

T
A
B

1 4 2 3 1 4 2 3 1 4 2 3 1 4 2 3

9

T
A
B

1 4 2 3 1 4 2 3 5 2 4 3 5 2 4 3

10

2: Sweeping

T
A
B

5 2 4 3 5 2 4 3 5 2 4 3 5 2 4 3

12

T
A
B

1 2 3 4 5 4 3 2 3 4 5 6 7 6 5 4

13

T
A
B

5 6 7 8 9 8 7 6 5 6 7 8 7 6 5 4

14

T
A
B

3 4 5 6 5 4 3 2 1 2 3 4 3 2 1 0 (0)

16

T
A
B

19-15 17 16 17 15-19-15 17 16 17 15-19-15-17-15 19-15 17 16 17 15-19-15 17 16 17 15-19-15-17-19

18

3: Tapping

T
A
B

17 15 17 16 17 15-17-15 17 16 17 15-17-15 19-15 17 16 17 15-19-15 17 16 17-16-14

21

T
A
B

T 7-0-3 7-0-3 7-0-3 7-0-3 8-0-3 8-0-3 8-0-3 8-0-3

22

T
A
B

T 8-0-5 8-0-5 8-0-5 8-0-5 10-0-5 10-0-5 10-0-5 10-0-5

23

T
TAB

8 0 5 8 0 5 8 0 5 8 0 5 7 0 5 7 0 5 7 0 5

24

T
TAB

7 0 3 7 0 3 7 0 3 7 0 3 7 0 2 7 0 2 7 0 2 7 0 2 0

26

T
TAB

12 10 7 12 8 7 12 10 7 12 8 7 12 10 7 12 8 7 12 10 7 12 8 7

27

4: Playing fast

T
TAB

10 8 5 10 6 5 10 8 5 10 6 5 10 8 5 10 6 5 10 8 5 10 6 5 (5)

29

T
TAB

15 14 12 15 14 12 14 15 12 14 15 14 12 15 14 12 14 15 12 14 15 14 12 15 14 12 14 15 12 14 15 14 12 15 14 12 14 15

30

(14) — 19–17–15 — 19–17–15–17–19 — 15–17–19–17–15 — 19–17–15–17–19 — 15–17–19–17–15 — 19–17–15–17–19

T
A
B

31

(19) — 20–19–17 — 20–19–17–19–20 — 17–19–20–19–17 — 20–19–17 — 19–17–15 — 19–17–15–17–19 — 15–17–19–17

T
A
B

32

15 — 19–17–15 — 15–14–12 — 15–14–12–14–15 — 12–14–15–14–12 — 15–14–12–14–15 — 12–14–15–14 — 15–14–12 — 12–14–15

T
A
B

That's it!

33

(15)

T
A
B