

# 4st 7lbs

## Manic Street Preachers

### The Holy Bible

Words & Music by Manic Street Preachers

Standard tuning

♩ = 150

E-Gt

(Just randomly bend some of the notes)

Days since I

last pissed, cheeks

sunken and

depaired,

So gorgous

sunk to six

18

TAB

1-1 2-2 3-3 1-0 | 3-3 1-1 3-3 3-3 | 1-1 3-3 3-3 1-0

stone, lose my only rem

aining home,

See my third rib

21

TAB

3-3 1-1 2-2 3-3 | 1-1 2-2 3-3 1-0 | 3-3 1-1 3-3 3-3

appear, a week

later all my flesh

disappear,

24

TAB

1-1 3-3 3-3 1-0 | 3-3 1-1 2-2 3-3 | 1-1 2-2 3-3 1-0

Stretching taught

cling film on

bone, I'm getting better

27

TAB

3-3 1-1 3-3 3-3 | 1-1 3-3 3-3 1-0 | 3-3 1-1 2-2 3-3

Karen says I've reached my target weight and Emma and Kristin know its fake the problem is diets not a big enough word

30

TAB

1-1 2-2 3-3 1-0 | 0 0 0 0 | (1) 1 3 (1) 1 3 3 (3) 3 | (2) 2 2 2 (2) 2 2 0 (0) 0 0 2 (2) 2 | (0) 0 0 0 (0) 0 0 0 3 (3) 3

I wanna be so skinny

That I rot from view

37

TAB

0	(0)								
0	(0)								
2	(2)	X-X-X-X-X-X-X-X	X-X-X-X-X-X-X-X	X-X-X-X-X-X-X-X	X-X-X-X-X-X-X-X	X-X-X-X-X-X-X-X	X-X-X-X-X-X-X-X	X-X-X-X-X-X-X-X	X-X-X-X-X-X-X-X
3	(3)	2-2-2-2-2-2-2-2	2-2-2-2-2-2-2-2	2-2-2-2-2-2-2-2	2-2-2-2-2-2-2-2	2-2-2-2-2-2-2-2	2-2-2-2-2-2-2-2	2-2-2-2-2-2-2-2	0-0-0-0-0-0-0-0

I, I, I, I, I,

wanna walk in

42

TAB

X-X-X-X-X-X-X-X	8-8-8	8-8-8	7-7-7	8-8-8
0-0-0-0-0-0-0-0	8-8-8	8-8-8	7-7-7	8-8-8
	6-6-6	6-6-6	5-5-5	6-6-6

the snow,

And not

leave a

foot print.

46

TAB

7-7-7	8-8-8	7-7-7	5-5-5
7-7-7	8-8-8	7-7-7	5-5-5
5-5-5	6-6-6	5-5-5	3-3-3

I, I, I, I, I,

wanna walk in

50

TAB

7-7-7	8-8-8	7-7-7	8-8-8
7-7-7	8-8-8	7-7-7	8-8-8
5-5-5	6-6-6	5-5-5	6-6-6

the snow,

And not soil

its purity

54

TAB

7-7-7	8-8-8	7-7-7	5-5-5
7-7-7	8-8-8	7-7-7	5-5-5
5-5-5	6-6-6	5-5-5	3-3-3

58

T  
A  
B

7-7-7-7  
5-5-5-5

3-3-1-1-3-3 3-3 1-1-3-3 1-0

61

T  
A  
B

3-3-1-1-2-2 3-3 1-1-2-2 3-3 1-0 3-3 1-1-3-3 3-3

64

T  
A  
B

1-1-3-3 3-3-1-0 3-3-1-1-2-2 3-3 1-1-2-2 3-3-1-0

67

T  
A  
B

3-3-1-1-3-3 3-3 1-1-3-3 3-3-1-0 3-3-1-1-2-2 3-3

Stomach collapsed

at five, lift up

70

T  
A  
B

1-1-2-2 3-3-1-0 3-3-1-1-3-3 3-3 1-1-3-3 3-3-1-0

my skirt, my sex

is gone,

Naked and

73

T  
A  
B

3 3 1 1 2 2 | 1 1 2 2 3 3 1 0 | 3 3 1 1 3 3

lovely at

5st. 2, may I

bud and never flower

76

T  
A  
B

1 1 3 3 | 3 3 1 0 3 3 1 1 2 2 | 1 1 2 2 3 3 1 0

My visions getting

blurred but I can

see my ribs and I

79

T  
A  
B

3 3 1 1 3 3 | 1 1 3 3 3 3 1 0 | 3 3 1 1 2 2 3 3

feel fine,

My hands are trembling

stalks and I can

82

T  
A  
B

1 1 2 2 | 3 3 1 0 3 3 1 1 3 3 | 1 1 3 3 3 3 1 0

feel my breasts are sinking

Mother tries to choke me with roast beef And sits savouring her

85

T  
A  
B

3 3 1 1 2 2 | 1 1 2 2 3 3 1 0 | 0 0 0 0 | (0) (1) (2) (3) (0) | 0 1 2 3 | 1 3 0

Thats the way you're built my father said

But I can change,

90

TAB

(1)	1	3	(3)	3	0	(0)
(3)	3	3	(0)	3	0	(0)
(2)	2	0	(0)	0	2	(2)
(0)	0	2	(2)	2	3	(3)

X-X-X-X-X-X-X-X  
2-2-2-2-2-2-2-2

My coccoon shedding,

I, I, I,

96

TAB

X-X-X-X-X-X-X-X	X-X-X-X-X-X-X-X	X-X-X-X-X-X-X-X	8	8	8
2-2-2-2-2-2-2-2	0-0-0-0-0-0-0-0	0-0-0-0-0-0-0-0	8	8	8
			6	6	6

I, I,

wanna walk in

the snow,

And not

100

TAB

7	7	7	8	8	8	7	7	7	8	8	8
7	7	7	8	8	8	7	7	7	8	8	8
5	5	5	6	6	6	5	5	5	6	6	6

leave a

foot print.

I, I, I,

104

TAB

7	7	7	5	5	5	7	7	7	8	8	8	8
7	7	7	5	5	5	7	7	7	8	8	8	8
5	5	5	3	3	3	5	5	5	6	6	6	6

I, I,

wanna walk in

the snow,

And not soil

108

TAB

7	7	7	8	8	8	8	7	7	7	7	8	8	8	8
7	7	7	8	8	8	8	7	7	7	7	8	8	8	8
5	5	5	6	6	6	6	5	5	5	5	6	6	6	6

112

T  
A  
B

7-7	7	7		5-5	5	5		7-7	7	7		8		
7-7	7	7		5-5	5	5		7-7	7	7		8		
5-5	5	5		3-3	3	3		5-5	5	5		6		

118

T  
A  
B


128

T  
A  
B


138

T  
A  
B


148

T  
A  
B


158

T  
A  
B


168

T  
A  
B