

Seek and Destroy

Words & Music by Metallica

Standard tuning

♩ = 140

E-Gt

TAB

0	0	7	8	7	0	7	8	7	(7)	0	8	7	5	7	5	7
---	---	---	---	---	---	---	---	---	-----	---	---	---	---	---	---	---

TAB

0	0	7	8	7	0	7	8	7	(7)	0	8	7	5	7	5	7
---	---	---	---	---	---	---	---	---	-----	---	---	---	---	---	---	---

TAB

0	0	7	8	7	0	7	8	7	(7)	0	8	7	5	7	5	7
---	---	---	---	---	---	---	---	---	-----	---	---	---	---	---	---	---

TAB

0	0	7	8	7	0	7	8	7	(7)	0	8	7	5	7	5	7
---	---	---	---	---	---	---	---	---	-----	---	---	---	---	---	---	---

TAB

0	0	7	8	7	0	7	8	7	(7)	0	8	7	5	7	5	7
---	---	---	---	---	---	---	---	---	-----	---	---	---	---	---	---	---

11

TAB 0 0 7 8 7 0 7 8 7 (7) 0 8 7 5 5 7

13

TAB 0 0 7 8 7 0 7 8 7 (7) 0 8 7 5 5 7

15

TAB 0 0 7 8 7 0 7 8 7 (7) 0 8 7 5 5 7 9 7 9 7 9 8 7 5

18

TAB 0 0 0 0 5 7 5 7 0 0 0 0 7 5 7 6 0 0 0 0 5 7 5 7

21

TAB 0 0 0 0 7 5 7 6 0 0 0 0 5 7 5 7 0 0 0 0 7 5 7 6

24

TAB 0 0 0 0 5 7 5 7 0 0 0 0 7 5 7 6 0 0 0 0 5 7 5 7

27

Musical notation for measures 27-29. The treble clef staff shows a sequence of eighth notes and chords. The guitar tab below shows fret numbers: 0-0-0-0, 7-5, 7-6, 0-0-0-0, 5-7-5-7, 5-7-5-7, 0-0-0-0, 7-5, 7-6.

T
A
B

0 0 0 0 7 5 7 6 0 0 0 0 5 7 5 7 5 7 0 0 0 0 7 5 7 6

30

Musical notation for measures 30-32. The treble clef staff shows a sequence of eighth notes and chords. The guitar tab below shows fret numbers: 0-0-0-0, 5-7-5-7, 5-7-5-7, 0-0-0-0, 7-5, 7-6, 0-0-0-0, 5-7-5-7, 5-7-5-7.

T
A
B

0 0 0 0 5 7 5 7 5 7 0 0 0 0 7 5 7 6 0 0 0 0 5 7 5 7 5 7

33

Musical notation for measures 33-35. The treble clef staff shows a sequence of eighth notes and chords. The guitar tab below shows fret numbers: 0-0-0-0, 7-5, 7-6, 0-0-0-0-0-0-0-0-0-0, 0-0-0-0-0-0-7-6, 5, 7.

T
A
B

0 0 0 0 7 5 7 6 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 7 6 5 7

36

Musical notation for measures 36-38. The treble clef staff shows a sequence of eighth notes and chords. The guitar tab below shows fret numbers: 0-0-0-0-0-0-0-0-0-0, 0-0-0-0-0-7-6, 5, 7, 0-0-0-0-0-0-0-0-0-0.

T
A
B

0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 7 6 5 7 0 0 0 0 0 0 0 0 0 0 0 0

39

Musical notation for measures 39-41. The treble clef staff shows a sequence of eighth notes and chords. The guitar tab below shows fret numbers: 0-0-0-0-0-7-6, 5, 7, 0-0-0-0-0-0-0-0-0-0, 0-0-0-0-0-0-7-6, 5, 7.

T
A
B

0 0 0 0 0 0 7 6 5 7 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 7 6 5 7

42

Musical notation for measures 42-44. The treble clef staff shows a sequence of eighth notes and chords. The guitar tab below shows fret numbers: 0-0-0-0-0-0-0-0-0-0, 0-0-0-0-0-7-6, 5, 7, 0-0-0-0-0-0-0-0-0-0.

T
A
B

0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 7 6 5 7 0 0 0 0 0 0 0 0 0 0 0 0

45

TAB
0 0 0 0 7 6 5 7 0 0 0 0 0 0 0 0 0 0 7 6 5 7

48

TAB
0 0 0 0 0 0 0 0 0 0 0 0 7 6 5 7 5 5 7 5 5 7 5

51

TAB
5 5 5 7 5 5 7 5 5 7 5 7 6 5 7 6 5 5 5 5 7 5 5 7 5

55

TAB
5 5 5 7 5 5 7 5 9 7 9 7 9 8 7 5

58

TAB
9 7 9 7 9 8 7 5 12 10 11 9 10 8 0 0 0 0 0 0 0 0

62

TAB
0 0 0 0 0 0 0 0 0 12 10 11 9 10 8 0 0 0 0 0 0 0 0 0

67

T
A
B

12	11	10						12	11	10
10	9	8	0	0	0	0	0	0	0	0

73

T
A
B

			5	7	5	7				
0	0	0	5	7	5	7	0	0	0	0

76

T
A
B

						5	7	5	7	
0	0	0	0	7	5	7	6	0	0	0

79

T
A
B

			5	7	5	7				
0	0	0	0	5	7	5	7	0	0	0

82

T
A
B

						5	7			
0	0	0	0	7	6	5	7	0	0	0

85

T
A
B

								5	7	
0	0	0	0	0	0	0	0	7	6	5

88

TAB

0-0-0-0-7-6	5-7	5-5	5-7-5	5-5	5-7-5	5-5	5-7-5
0-0-0		0-0-0		0-0-0		0-0-0	

92

TAB

7-5	7-6-5	5-5	5-7-5	5-5	5-7-5	5-5	5-7-5
7-6-5	7-6-5	0-0-0		0-0-0		0-0-0	

96

TAB

9-7	9-7	9-8-7-5	9-7	9-7	9-8-7-5	12	11-10
9	9	7-5	9	9	7-5	10	9-8

100

TAB

0-0-0-0-0-0-0-0	0-0-0-0-0-0-0-0	12	11-10	0-0-0-0-0-0-0-0
		10	9-8	

105

TAB

0-0-0-0-0-0-0-0	12	11-10	0-0-0-0-0-0-0-0	0-0-0-0-0-0-0-0
	10	9-8		

110

Speed=208

TAB

12	11-10	9	9			
10	9-8	9	9			
		7	7			
		0	0			

117

TAB

5 7 7 0 0 7 0	5 0 0 7 0 0 7 0	4 0 0 7 0 0 7	3 2 0 3 2 0 3 0
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121

TAB

5 0 0 7 0 0 7 0	5 0 0 7 0 0 7 0	4 0 0 7 0 0 7	3 2 0 3 2 0 3 0
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125

TAB

5 0 0 7 0 0 7 0	5 0 0 7 0 0 7 0	4 0 0 7 0 0 7	3 2 0 3 2 0 3 0
-----------------	-----------------	---------------	-----------------

129

TAB

5 0 0 7 0 0 7 0	5 0 0 7 0 0 7 0	4 0 0 7 0 0 7	3 2 0 3 2 0 3 0
-----------------	-----------------	---------------	-----------------

133

TAB

12 10	11 9 10 8	0 0 0 0 0 0 0 0	0 0 0 0 0 0 0 0	12 10	11 9 10 8
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139

TAB

0 0 0 0 0 0 0 0	0 0 0 0 0 0 0 0	12 10	11 9 10 8	0 0 0 0 0 0 0 0
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144

TAB

0-0-0-0-0-0-0-0 12/10 11/9 10/8 5-7 0-7 0-0 7 0 5 0-0 7 0-0 7 0

149

TAB

4/4 0-0 7 0-0 7 3 2-0 3 2-0 3 0 5-7 0-7 0-0 7 0

152

TAB

5 0-0 7 0-0 7 0 4 0-0 7 0-0 7 3 2-0 3 2-0 3 0

155

TAB

5 7 0 7 0 0 7 0 5 0 0 7 0 0 7 0 4 0 0 7 0 0 7

158

TAB

3 2-0 3 2-0 3 0 5 7 0 7 0 0 7 0 5 0 0 7 0 0 7 0

161

TAB

4/4 0-0 7 0-0 7 3 2-0 3 2-0 3 2 3 2-0 3 2-0 3 2 2/2 0

Original tempo (140)

165

TAB 0 0 7 8 7 0 7 8 7 (7) 0 8 7 5 7 5 7

Detailed description: This system shows measures 165 and 166. The treble clef staff contains a melody starting with a quarter note G4, followed by a dotted quarter note A4, an eighth note B4, and a quarter note C5. Measure 165 ends with a quarter rest. Measure 166 begins with a quarter note G4, followed by a dotted quarter note A4, an eighth note B4, and a quarter note C5. The guitar tab below shows fret numbers: 0, 0, 7, 8, 7 for the first measure; 0, 7, 8, 7 for the second measure; and (7), 0, 8, 7, 5, 7, 5, 7 for the third measure.

Original tempo

167

TAB 0 0 7 8 7 0 7 8 7 (7) 0 8 7 5 7 5 7

Detailed description: This system shows measures 167 and 168. The treble clef staff contains a melody starting with a quarter note G4, followed by a dotted quarter note A4, an eighth note B4, and a quarter note C5. Measure 167 ends with a quarter rest. Measure 168 begins with a quarter note G4, followed by a dotted quarter note A4, an eighth note B4, and a quarter note C5. The guitar tab below shows fret numbers: 0, 0, 7, 8, 7 for the first measure; 0, 7, 8, 7 for the second measure; and (7), 0, 8, 7, 5, 7, 5, 7 for the third measure.

Original tempo

169

TAB 0 0 7 8 7 0 7 8 7 (7) 0 8 7 5 7 5 7

Detailed description: This system shows measures 169 and 170. The treble clef staff contains a melody starting with a quarter note G4, followed by a dotted quarter note A4, an eighth note B4, and a quarter note C5. Measure 169 ends with a quarter rest. Measure 170 begins with a quarter note G4, followed by a dotted quarter note A4, an eighth note B4, and a quarter note C5. The guitar tab below shows fret numbers: 0, 0, 7, 8, 7 for the first measure; 0, 7, 8, 7 for the second measure; and (7), 0, 8, 7, 5, 7, 5, 7 for the third measure.

Original tempo

171

TAB 0 0 7 8 7 0 7 8 7 (7) 0 8 7 5 7 5 7

Detailed description: This system shows measures 171 and 172. The treble clef staff contains a melody starting with a quarter note G4, followed by a dotted quarter note A4, an eighth note B4, and a quarter note C5. Measure 171 ends with a quarter rest. Measure 172 begins with a quarter note G4, followed by a dotted quarter note A4, an eighth note B4, and a quarter note C5. The guitar tab below shows fret numbers: 0, 0, 7, 8, 7 for the first measure; 0, 7, 8, 7 for the second measure; and (7), 0, 8, 7, 5, 7, 5, 7 for the third measure.

Original tempo

173

TAB 0 0 7 8 7 0 7 8 7 (7) 0 8 7 5 7 5 7

Detailed description: This system shows measures 173 and 174. The treble clef staff contains a melody starting with a quarter note G4, followed by a dotted quarter note A4, an eighth note B4, and a quarter note C5. Measure 173 ends with a quarter rest. Measure 174 begins with a quarter note G4, followed by a dotted quarter note A4, an eighth note B4, and a quarter note C5. The guitar tab below shows fret numbers: 0, 0, 7, 8, 7 for the first measure; 0, 7, 8, 7 for the second measure; and (7), 0, 8, 7, 5, 7, 5, 7 for the third measure.

Original tempo

175

TAB 0 0 7 8 7 0 7 8 7 (7) 0 8 7 5 7 5 7

Detailed description: This system shows measures 175 and 176. The treble clef staff contains a melody starting with a quarter note G4, followed by a dotted quarter note A4, an eighth note B4, and a quarter note C5. Measure 175 ends with a quarter rest. Measure 176 begins with a quarter note G4, followed by a dotted quarter note A4, an eighth note B4, and a quarter note C5. The guitar tab below shows fret numbers: 0, 0, 7, 8, 7 for the first measure; 0, 7, 8, 7 for the second measure; and (7), 0, 8, 7, 5, 7, 5, 7 for the third measure.

Original tempo

177

T
A
B

0 0 | 7 8 7 | 0 7 8 7 | (7) 0 8 7 5 7 5 7

Original tempo

179

T
A
B

0 0 | 7 8 7 | 0 7 8 7 | (7) 0 8 7 5 7 | 9 7 9 7 9 8 7 5

182

T
A
B

0 0 0 0 | 5 7 5 7 | 0 0 0 0 7 5 7 6 | 0 0 0 0 5 7 5 7

185

T
A
B

0 0 0 0 7 5 7 6 | 0 0 0 0 5 7 5 7 | 0 0 0 0 7 5 7 6

188

T
A
B

0 0 0 0 5 7 5 7 | 0 0 0 0 7 5 7 6 | 0 0 0 0 0 0 0 0

191

T
A
B

0 0 0 0 7 6 5 7 | 0 0 0 0 0 0 0 0 | 0 0 0 0 7 6 5 7

219

T
A
B

12 11 10 9 12

10 9 8 7 10

0 0 0 0 0 0 0 0 0 0 0 0

223

T
A
B

11 11 10 10 2 12 11 11 7 7

9 9 8 8 0 10 9 9 5 5

0 0 0 0 0 0 0 0 0 0 0 0

226

T
A
B

2 12 11 11 10 10 2 12

0 10 9 9 8 8 0 10

0 0 0 0 0 0 0 0 0 0 0 0

229

T
A
B

11 11 7 7 2 12 11 11 10 10

9 9 5 5 0 10 9 9 8 8

0 0 0 0 0 0 0 0 0 0 0 0

232

T
A
B

2 12 11 11 7 7 2 12

0 10 9 9 5 5 0 10

0 0 0 0 0 0 0 0 0 0 0 0

235

T
A
B

11 11 10 10 2 12 11 11 7 7

9 9 8 8 0 10 9 9 5 5

0 0 0 0 0 0 0 0 0 0 0 0

238

TAB
9 7 0-0-0-0-0-0 0-0-2-0-0-0-5-0-0 4-0-0-5-0-0-7-5 0-0-2-0-0-5-0-0

242

TAB
4 2 0-0-5-0-0-7-5 0-0-2-0-0-5-0-0 4-0-0-5-0-0-7-5

245

TAB
0-0-2-0-0-5-0-0 4-0-0-5-0-0-7-5 0-0-2-0-0-5-0-0

248

TAB
4 2 0-0-5-0-0-7-5 0-0-2-0-0-5-0-0 4-0-0-5-0-0-7-5

251

TAB
0-0-2-0-0-5-0-0 4-0-0-5-0-0-7-5 0-0-2-0-0-5-0-0

254

TAB
4 4 2 0-0-0-0-0-0 7-5 7-5 5-3 0-0 || 9-7 9-7 9-8 7-5

256

T
A
B

9-7-7-9-8-7>5 9-7-7-9-8-7>5 12 12 10 0-0-0-0-0