

All Within My Hands

Metallica

St Anger

Words & Music by James Hetfield, Kirk Hammet, Lars Ulrich, Bob Rock

Tune down 2 step

- ①= C ④= A#
- ②= G ⑤= F
- ③= D# ⑥= C

♩ = 210

Ready? Fight!

E-Gt

3x 4x

3x 4x P.M.

5 4x

P.M.

4x

10 4x

fff 4x f

14

18

T
A
B

4 4 2 2 3 3 (3) 2 2 4 4 2 2 3 3 (3) 2 2

2 2 0 0 1 1 0 0 2 2 0 0 1 1 (1) 0 0

22

T
A
B

4 4 2 2 3 3 (3) 2 2 5 5 (5) (5) 3 3

2 2 0 0 1 1 0 0 3 3 (1) 0 0

26

T
A
B

(3) (5) 6 4 4 2 3 3 2 2 10 (10) 10

(3) (5) 6 2 2 0 1 1 0 0

I Promise you that this part is correct,

30

T
A
B

10 12 (12) 10 (10) 10 10 8 (8) 5 (5) 2 (2) 0 (0) 2 (2)

10 12 (12) 10 (10) 10 10 8 (8)

I've listened to the Cd like a bastard

37

T
A
B

0 (0) 2 (2) 0 (0) 2 (2) 0 (0) 2 (2) 0 (0) 2 (2) 0 (0) 2 (2) 0 (0) 2 (2) 0 (0) 2 (2) 0 (0) 2 (2)

0 (0) 2 (2) 0 (0) 2 (2) 0 (0) 2 (2) 0 (0) 2 (2) 0 (0) 2 (2) 0 (0) 2 (2) 0 (0) 2 (2) 0 (0) 2 (2)

40

T
A
B 5- (5) 2- (2) 0- (0) 2- (2) 0- (0) 2- (2) 0- (0) 2- (2) 5- (5) 2- (2) 0- (0) 2- (2) 0- (0) 2- (2) 0- (0) 2- (2)

44

T
A
B 2 0 0 2 0 0 2 0 0 2 0 0 2 4 4 4 2 4 4

47

T
A
B 2 4 4 4 2 4 4 2 2 0 2 2 0 2 2 0 2 2 0 2

50

T
A
B 2 0 0 2 0 0 5 4 5 5 4 2 0 2 2 5 5 5 0 3 3 3

54

T
A
B 5 5 5 5 5 5 4 4 4 4 4 4 4 4 4 4 4 7 7 7 7 5 5 5

58

P.M. P.M.

T
A
B

7 7 7 7 7 7 5 5 5 5 5 4 5 5 4 5
5 5 5 5 5 5 5 5 5 5 5 2 5 5 2 5

This might sound wrong but it is How they play it

61

P.M.

T
A
B

5 6 7 0 5 6 7 0 3 (5) 5 0 0 0 0 0 5 6 7 0 5 6 7 0

64

3x

P.M. P.M.

T
A
B

3 (5) 5 0 0 0 0 0 5 6 7 5 5 6 7 3 3 5 5 1 1 1 1

67

4x

P.M. P.M.

T
A
B

7 8 9 2 (2) 7 9 5 (5) 5 5 3 5 5 3
5 6 7 0 (0) 5 7 3 (3)

71

P.M. P.M.

T
A
B

4 4 2 2 0 0 3 3 (3) 2 2 7 6 5 (5) (5) 7 8 9 2 5 6 7 0
0 0 1 1 (1) 0 0 5 4 3 (3) (3)

beat: 240

$\text{♩} = 240$

76

P.M. - - - |

$\frac{1}{2}$ $\frac{1}{2}$

TAB (2) 7 9 5 (5) (6) (3) 5 5 3 X X X X X X X 2 2 2 2 0 0 0 0

81

TAB 2 2 2 2 2 2 2 2 0 0 0 0 0 0 0 0

$\text{♩} = 210$
Round 2!

87

TAB 2 2 (2) 4 4 3 (3) 14 4 4 3 0 0 0 2 2 0 0 1 1 2 2 0 0 1 1

92

TAB (3) 2 2 4 4 3 (3) 10 (10) 10 0 0 2 2 0 0 1 1 2 2 0 0 1 1

97

T
A
B

10—12 (12) 10 (10)—10 10—8 (8) 5—(5) 2—(2) 0—(0) 2—(2)

104

T
A
B

0—(0) 2—(2) 0—(0) 2—(2) 0—(0) 2—(2) 0—(0) 2—(2) 0—(0) 2—(2) 0—(0) 2—(2)

107

T
A
B

5—(5) 2—(2) 0—(0) 2—(2) 0—(0) 2—(2) 0—(0) 2—(2) 5—(5) 2—(2) 0—(0) 2—(2) 0—(0) 2—(2) 0—(0) 2—(2)

111

T
A
B

2 0 0 2 0 0 2 0 0 2 0 0 2 4 4 4 2 4 4

114

T
A
B

2 4 4 4 2 4 4 2 2 0 2 2 0 2 2 2 0 2 2 0 2

117

TAB 2 0 0 2 0 0 | 5 4 5 5 4 2 | 0 2

121

TAB 5 5 5 5 | 5 4 4 4 | 4 4 4 4 | 4 7 7 7

125

TAB 7 7 7 7 | 7 5 5 5 | 5 4 5 5 | 4 5

P.M. P.M.

This might sound wrong but it is How they play it

128

TAB 5 6 7 0 5 6 7 0 | 3 (5) 5 0 0 0 0 0 | 5 6 7 0 5 6 7 0

P.M.-----|

131

TAB 3 (5) 5 0 0 0 0 0 | 5 6 7 5 5 6 7 3 | 3 5 5 1 1 1 1 1

3x

P.M.-----|

134

P.M. - - - - | P.M. - - - - |

TAB: 7 8 9 2 (2) 7 9 5 (5) 5 5 3 X 5 5 3

138

P.M. - - - - - - - - - - | P.M. - - - -

TAB: 4 4 3 3 (3) 2 2 7 6 5 (5) (5) 7 8 9 2 2 2 0 0 5 4 3 (3) 7 8 9 2 7 8 9 2 5 6 7 0

beat: 235

$\text{♩} = 235$

143

P.M. - - - - |

TAB: (2) 7 9 5 (5) 5 5 3 X X X X X 2 2 2 2 2 0 0 0

148

TAB: 2 2 2 2 2 2 2 2 2 2 2 2 0 0 0 0 0 0

♩ = 210
Time for somethin' different

♩ = 210

154

TAB 2 2 (2) (2)
2 2 (2) (2)
0 0 (0) (0)

5-7-0-0-0-0-0-0 3-3-5-5-7-5-1-3

159

TAB 5-7-0-0-0-0-0-0 3-3 0-0-2-0 1-3

5-7-0-0-0-0-0-0

162

TAB 3-3 0-0-2-0 1-3 0-2 0-0-0-0-0-0 3-3 3 5-0-0-0-0-0-0

166

TAB 3-3 3 5-0-0-0-0-0-0 3-3 3 5-0-0-0-0-0-0

170

170

171

172

173

TAB

3 3 3 5 0 0 0 0 0 0 5 7 7 0 5 7 7 0 3 3 0 0 0 0

1 1/2

full P.M.-----|

full P.M.-----|

174

174

175

176

177

TAB

5 7 7 0 5 7 7 0 3 3 0 0 0 0 5 7 7 0 5 7 7 0 3 3 0 0 0 0

full P.M.-----|

full P.M.-----|

178

178

179

180

TAB

5 7 7 0 5 7 7 0 3 3 0 0 0 0 5 7 7 0 5 7 7 0

full P.M.-----|

181

181

182

183

TAB

3 4 5 0 0 0 0 0 5 7 7 0 5 7 7 0 3 4 5 0 0 0 0 0 0

P.M.-----|

P.M.-----|

184

184

185

186

TAB

5 7 7 0 5 7 7 0 3 4 5 0 0 0 0 0 5 7 7 0 5 7 7 0

P.M.-----|

P.M.-----|

187

P.M.

TAB
3 4 5 0 0 0 0 0 0 2 2 2 3 3 5 5 7 5 1 3

190

4x

3x

full P.M.

full P.M.

4x

3x

TAB
5 2 2 2 3 3 5 5 7 5 1 3 5 2 2 2 2

193

TAB
3 5 5 7 5 1 3

196

3x

full P.M.

3x

TAB
5 2 2 2 3

199

P.M.

P.M.

P.M.

P.M.

P.M.

TAB
5 6 7 0 5 6 7 0 3 (5) 5 0 0 0 0 0 5 6 7 0 5 6 7 0

202

P.M.-----| P.M.---| P.M.---|

TAB 3-(5)-5-0-0-0-0-0 5-6-7-0-5-6-7-0 3-(5)-5-1-1-1-1-1 | 7 8 9 2 / 7 8 9 2 / 5 6 7 0

206

P.M.-----| 1/2 1/2 4x P.M.-----|

TAB (2) 7 9 5 / (2) 7 9 5 / (0) 5 7 3 (5) 5 3 X X X X X X | 4 4 2 2 / 2 2 0 0 3 3 / 1 1

210

P.M.-----| P.M.---| P.M.---|

TAB (3) 2 2 7 6 5 / (1) 0 0 5 4 3 (5) (5) | 7 8 9 2 / 7 8 9 2 / 5 6 7 0 (2) 7 9 5 / (2) 7 9 5 / (0) 5 7 3

beat: 235

$\text{♩} = 235$

215

1/2 1/2 2/2

TAB (5) 5 3 X X X X X X | 2/2 2/2 / 0 0 2/2 2/2 / 0 0 2/2 2/2 / 0 0

$\text{♩} = 210$

220

2/2 2/2 2/2 2/2 2/2 2/2 2/2 4/4

TAB 2/2 2/2 / 0 0 2/2 2/2 / 0 0 2/2 2/2 / 0 0 2/2 2/2 / 0 0 2/2 2/2 / 0 0 2/2 2/2 / 0 0 4 4 2 2 / 2 2 3 3 / 0 0 1 1

KILLKILLKILLKILLbritneyKILLKILLKILLKILLKILLKILLKILL

258

TAB (5) (3) (5) 4 2 (4) 3 (2) 1 (3) 5 (1) (5) (3) (5) 4 (2) (4) 3 (2) 1

Beat: 180

beat 210

J=180

J=210

265

TAB (3) (1) 5 (3) (5) (3) 4 (2) (4) 3 (2) 1 (3) 5 (1) (5) (3) (5) 4 (2) (4) 3 (2) 1

Beat: 140

J=140

272

TAB (4) (2) 3 (1) (3) (1) 5 (3) (5) 4 (2) (4) 3 (2) 1 (3) (1) 2 1 1 0 (2) (1) (1) (0)

Beat: 140

Beat: 140

J=140

J=100 J=140

279

TAB (1) (0) 4 (2) (4) (2) 3 (1) (3) (1) 5 (3) (5) 4 (2) (4) 3 (2) 1 (3) (1) 5 4 2 1 1 0

Beat: 140

i just made up some shit here

286

TAB (4) (2) (1) (1) (0) (4) (2) (1) (1) (0) 4 2 (4) (2) 3 (1) (3) (1) 5 (3) (5) 4 (2) (4) 3 (2) 1 (3) (1) 2 1 1 0 (2) (1) (1) (0) (2) (1) (1) (0) (2) (1) (1) (0) (2) (1) (1) (0)

295

T
A
B

The image shows a musical score for a single note. The top staff is a treble clef staff with a single quarter note on the second line (G4). The number '295' is written above the staff. Below the treble staff is a guitar tab staff, which is currently empty. The letters 'T', 'A', and 'B' are stacked vertically on the left side of the tab staff, indicating it is a guitar tab.