

Rock Discipline string skipping exercise

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Rock Discipline

Standard tuning

$\text{♩} = 110$

1 3 2 1 2 1 2 1 4 2 1 3 2 3 3 1 upstroke

E-Gt

T
A
B

1 3 2 1 2 1 2 1 4 2 1 3 2 3 3 1

T
A
B

Este es el completo

$\text{♩} = 140$

T
A
B

Made In Chile

upstroke

T
A
B

8

T
A
B

5 7 7 6 6 7 7 5 5 6 6 5 5

9

T
A
B

9 9 6 6 5 5 7 7 6 6 7 7 7 7 5 5 (5)

$\text{♩} = 150$

11

T
A
B

5 7 7 7 6 6 6 7 7 7 5

12

T
A
B

5 5 6 6 6 5 5 5 9 9 9 6 6 6 5 5

upstroke

13

T
A
B

5 7 7 7 6 6 6 7 7 7 7 7 7 5 5 5 (5)

15

T
A
B

5 5 5 7 7 7 7 7 7 6 6 6 7 7 7 5

↓ 5 ↑ 5 ↓ 5

16

T
A
B

5 5 6 6 6 5 5 5 9 9 9 6 6 6 5 5

17

T
A
B

5 7 7 7 6 6 6 7 7 7 7 7 7 5 5 5 (5)

19 $\text{♩} = 160$

T
A
B

↑ 5 ↓ 5 ↑ 5 ↓ 5 7 7 7 7 7 7 7 7 6 6 6 6

20

T
A
B

7 7 7 7 5 5 5 5 6 6 6 6 5 5 5 5

21

TAB

upstroke

$\text{♩} = 160$

23

TAB

25

TAB

26

TAB

1 3 2 1 2 1 2 1 4 2 1 3 2 3 3 1

$\text{♩} = 100$

28

TAB

1 3 2 1 2 1 2 1 4 2 1 3 2 3 3 1

$\text{♩} = 100$

T
A
B

1 3 2 1 2 1 2 1 4 2 1 3 2 3 3 1

T
A
B

1 3 2 1 2 1 2 1 4 2 1 3 2 3 3 1

T
A
B

1 3 2 1 2 1 2 1 4 2 1 3 2 3 3 1

T
A
B

1 3 2 1 2 1 2 1 4 2 1 3 2 3 3 1

T
A
B

1 3 2 1 2 1 2 1 4 2 1 3 2 3 3 1

35

T
A
B

1 3 2 1 2 1 2 1 4 2 1 3 2 3 3 1

$\text{♩} = 110$

37

T
A
B

1 3 2 1 2 1 2 1 4 2 1 3 2 3 3 1

$\text{♩} = 110$

38

T
A
B

1 3 2 1 2 1 2 1 4 2 1 3 2 3 3 1

39

T
A
B

1 3 2 1 2 1 2 1 4 2 1 3 2 3 3 1

40

T
A
B

1 3 2 1 2 1 2 1 4 2 1 3 2 3 3 1

41

T
A
B

1 3 2 1 2 1 2 1 4 2 1 3 2 3 3 1

42

T
A
B

1 3 2 1 2 1 2 1 4 2 1 3 2 3 3 1

43

T
A
B

(2)

1 3 2 1 2 1 2 1 4 2 1 3 2 3 3 1

$\text{♩} = 130$

45

T
A
B

1 3 2 1 2 1 2 1 4 2 1 3 2 3 3 1

46

T
A
B

1 3 2 1 2 1 2 1 4 2 1 3 2 3 3 1

47

T
A
B

1 3 2 1 2 1 2 1 4 2 1 3 2 3 3 1

48

T
A
B

1 3 2 1 2 1 2 1 4 2 1 3 2 3 3 1

49

T
A
B

1 3 2 1 2 1 2 1 4 2 1 3 2 3 3 1

50

T
A
B

1 3 2 1 2 1 2 1 4 2 1 3 2 3 3 1

51

T
A
B

(2)