

Run For Cover

Quiet Riot
Metal Health

Words & Music by Quiet Riot

Standard tuning

$\text{♩} = 200$

E-Gt

Measures 1-5 of the guitar tab. Measure 1 is a whole rest. Measure 2 starts with a pickup *f* (forte) and contains a complex chord structure. Measure 3 continues with a similar complex structure. Measure 4 has a complex structure with a 7-9 interval. Measure 5 has a complex structure with a 9-7 interval. The TAB below shows the fret numbers for each measure.

Measure	T	A	B
1			
2			12
3			2 4
4			(4) (4)
5			7 9 7 9 (9) (9) (7)

Measures 6-11 of the guitar tab. Measure 6 has a complex structure with a 7-9 interval. Measure 7 has a complex structure with a 4-9 interval. Measure 8 has a complex structure with a 2-4 interval. Measure 9 has a complex structure with a 2-4 interval. Measure 10 has a complex structure with a 2-4 interval. Measure 11 has a complex structure with a 2-4 interval. The TAB below shows the fret numbers for each measure, including a 'P.M.' (pedal point) section in measure 11.

Measure	T	A	B
6			2 4 (4) (4)
7			7 9 4 9 5 7
8			2 4 2 7
9			2 4 2 4
10			0 2 2-2-2-2-2-2-2-2
11			

Measures 12-16 of the guitar tab. Measure 12 has a complex structure with a 7-9 interval. Measure 13 has a complex structure with a 7-9 interval. Measure 14 has a complex structure with a 7-9 interval. Measure 15 has a complex structure with a 7-9 interval. Measure 16 has a complex structure with a 7-9 interval. The TAB below shows the fret numbers for each measure, including a 'P.M.' (pedal point) section in measure 12.

Measure	T	A	B
12			
13			7 9 5 7
14			7-7-7-7-7-7-7-7
15			2 4 2 4 0 2
16			2 4 2 4 0 2

Measures 17-21 of the guitar tab. Measure 17 has a complex structure with a 7-9 interval. Measure 18 has a complex structure with a 7-9 interval. Measure 19 has a complex structure with a 7-9 interval. Measure 20 has a complex structure with a 7-9 interval. Measure 21 has a complex structure with a 7-9 interval. The TAB below shows the fret numbers for each measure, including two 'P.M.' (pedal point) sections in measures 19 and 21.

Measure	T	A	B
17			
18			(4) (4) (2) 2 4
19			7 9 5 7
20			2-2-2-2-2-2-2-2
21			7 9 5 7 7-7-7-7-7-7-7-7

22

T									
A	2	4	2	4	6	9	4	2	0
B	0	2	0	2	4	7	2	0	(0)

29

T									
A	0	4	2	0	7	7	9	2	4
B	(2)	4	2	(2)	5	5	7	0	2

36

T									
A	7	9	(9)	2	4	(4)	7	9	4
B	5	7	(7)	0	2	(2)	5	7	2

43

P.M.-----|

P.M.-----|

T									
A				7	9			2	4
B	2	2	2	5	7	7	7	0	2

48

P.M.-----|

T									
A	2	4	(4)	4	4	2	4	7	9
B	0	2	(2)	2	2	0	2	5	7

53

P.M.-----|

T									
A									
B	7-7-7-7-7-7-7-7	2 4 2 4 0 2	2 4 2 4 0 2	6 6 6 6 4 4	9 9 9 9 7 7		4 4 4 4 2 2	2 2 2 2 0 0	

59

T	0		0		0				
A	(2)	4 2	(2)	4 2	(2)	7 7 9	(9) 9 9	(9) 9 9	
B	(0)	2 0	(0)	2 0	(0)	5 5 7	(7) 7 7	(7) 7 7	

66

T	6	(6)	2		6	(6)	2	4	
A	6	(6)	2		6	(6)	2	4	
B	4	(4)	0	5-4-5-7	4	(4)	0	2	

74

T									
A									
B	7	9	11						
B	5	7	9						

83

T									
A									
B									

92

P.M.-----| P.M.-----|

T	2	4			7	9		
A	2	4			7	9		
B	0	2	2	2	2	2	2	2
					5	7	7	7

96

P.M.-----| P.M.-----|

T	2	4			7	9		
A	2	4			7	9		
B	0	2	2	2	2	2	2	2
					5	7	7	7

100

P.M.-----| P.M.-----|

T	2	4			7	9		
A	2	4			7	9		
B	0	2	2	2	2	2	2	2
					5	7	7	7

104

P.M.-----|

T	2	4		7	7	9	(9)	(9)	(9)	(9)
A	2	4		7	7	9	(9)	(9)	(9)	(9)
B	0	2	2	2	2	2	(7)	(7)	(7)	(7)
				5	5	7				

111

P.M.-----| P.M.-----|

TAB

(9)			7	9	
2	4		7	9	
0	2	2-2-2-2-2-2-2-2	5	7	7-7-7-7-7-7-7-7

115

TAB

2	4	2	4	2	(4)	11	9	11	2	4
2	4	2	4	2	(4)	11	9	11	2	4
0	2	0	2	2	(2)	9	7	9	0	2

120

P.M.-----| P.M.-----|

TAB

		7	9			2	4	2	4
		7	9			2	4	2	4
2-2-2-2-2-2-2-2		5	7	7-7-7-7-7-7-7-7		0	2	0	2

125

TAB

6	6	6	4	2	0	4	2	0	4	2	0
6	6	6	4	2	0	4	2	0	4	2	0
4	4	4	2	0	0	2	0	0	2	0	0

132

TAB

0	7	7	9	(9)	9	9	0	4	2	0	0
(2)	7	7	9	(9)	9	9	(2)	4	2	(2)	(2)
(0)	5	5	7	(7)	7	7	(0)	2	0	(0)	(0)

139

TAB

T			0						0		
A	4	2	(2)	7	7	9	(9)			4	2
B	2	0	(0)	5	5	7	(7)			2	0

♩ = 160

146

TAB

T	0			0							
A	(2)	4	2	(2)	7	7	9	(9)	(9)		
B	(0)	2	0	(0)	5	5	7	(7)	(7)		

154

TAB

T											
A											
B										2	2
										0	0
											4
											4
											2

163

TAB

T				
A	(4)	(4)	(4)	(4)
B	(2)	(2)	(2)	(2)