

For You

Staind
Break The Cycle

User Defined
①=A♯ ④=A♯
②=F♯ ⑤=D♯
③=C♯ ⑥=G♯

♩ = 88

E-Gt

T A B

T A B

T A B

T A B

T A B

6

T
A
B

7

T
A
B

8

T
A
B

9

T
A
B

10

T
A
B

11

T
A
B

12

TAB

B 7 9 X X 7 9 X 7 9 X X X 10 9 X 7 9 9 9 10 10

14

TAB

B 5 0 0 9 9 10 10 5 5 4 4 9 9 10 10

18

TAB

B 5 0 0 9 9 10 10 5 5 4 4 9 9 10 10

21

TAB

B 7 9 X X 7 9 X 7 9 X X X 7 9 X X

22

TAB

B 7 9 X X 7 9 X 7 9 X X X 10 9 X 7

23

TAB

B 7 9 X X 7 9 X 7 9 X X X 7 9 X X

24

T
A
B 7—9 X X 7—9 X 7—9 X X X 10—9 X 7

25

T
A
B 7—9 X X 7—9 X 7—9 X X X 7—9 X X

26

T
A
B 7—9 X X 7—9 X 7—9 X X X 10—9 X 7

27

T
A
B 7—9 X X 7—9 X 7—9 X X X 7—9 X X

28

T
A
B 7—9 X X 7—9 X 7—9 X X X 10—9 X 7 9—9 10—10
9—9 10—10

30

T
A
B

5 0 0 | 9 9 10 10 | 5 5 5 | 9 9 10 10

34

T
A
B

5 0 0 | 9 9 10 10 | 5 5

37

mp

T
A
B

2—(2)—(2) 2—(2)—(2) 2—(2)—(2) 2—(2)—(2) 2—(2)—(2) 2—(2)—(2) 2—(2)—(2) 2—(2)

38

T
A
B

2—(2)—(2) 2—(2)—(2) 2—(2)—(2) 2—(2)—(2) 2—(2)—(2) 2—(2)—(2) 2—(2)—(2) 2—(2)

39

T
A
B

2—(2)—(2) 2—(2)—(2) 2—(2)—(2) 2—(2)—(2) 2—(2)—(2) 2—(2)—(2) 2—(2)—(2) 2—(2)

40

T
A
B

2—(2)—(2) 2—(2)—(2) 2—(2)—(2) 2—(2)—(2) 2—(2)—(2) 2—(2)—(2) 2—(2)—(2) 2—(2)

41

T
A
B

2 — (2) — (2) — 2 — (2) — (2) — 2 — (2) — (2) — 2 — (2) — (2) — 2 — (2) — 2 — (2)

42

T
A
B

2 — (2) — (2) — 2 — (2) — (2) — 2 — (2) — (2) — 2 — (2) — (2) — 2 — (2) — 2 — (2)

43

T
A
B

2 — 2 — (2) — (2) — 2 — (2) — (2) — 2 — (2) — (2) — 2 — (2) — (2) — 2 — (2) — 2 — (2)

44

T
A
B

2 — 2 — (2) — (2) — 2 — (2) — (2) — 2 — (2) — (2) — 2 — (2) — (2) — 2 — (2) — 2 — (2)

46

T
A
B

2 — 2 — 2 — (2) — 2 — (2) — (2) — 2 — (2) — (2) — 2 — (2) — (2) — 2 — (2) — 2 — (2) — 2 — 0

48

T
A
B

2 — X — 2 — X — 2 — X — 0 — 2 — 0 — 2 — X — 2 — X — 2 — X — 0 — 2 — 0 — 2 — 0

50

T
A 2—X—2—X—2—X—0—0—0
B 9 9 9 9 9 9 9 9

54

T
A 5 5 5 9 9 10 10 5 0 0 9 9 10 10
B 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9

58

T
A 5 5 5 9 9 10 10 5 0 0 9 9 10 10
B 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9

62

T
A 5 5 5 9 9 10 10 5 0 0 9 9 10 10
B 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9

66

T
A 5 5 7—9 X—X—7—9 X—7—9 X—X—X—7—9 X—X
B 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9

68

T
A 7—9 X—X—7—9 X—7—9 X—X—X—10—9 X—7
B 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9

69

The musical score consists of two staves. The top staff is for the strings (violin and cello) and the bottom staff is for the guitar. The strings play eighth-note patterns primarily consisting of eighth-note pairs. The guitar tablature shows the strings' notes being played against an open string background. The notes are labeled with 'X' and '7' on the strings, indicating muted or stopped notes.

fff f fff f f fff f fff f fff f

T
A
B

7-9-X-X-7-9-X-7-9-X-X-X-7-9-X-X-
7-9-X-X-7-9-X-7-9-X-X-X-7-9-X-X-

7-9-X-X-7-9-X-7-9-X-X-
7-9-X-X-7-9-X-7-