

Metallica - Poor twisted me

♩ = 120,000000

Echo Repeats

James Hetfield

Echo Repeats

James Hetfield

7

Lars Ulrich

Echo Repeats

James Hetfield

10

Lars Ulrich

Echo Repeats

James Hetfield

12

Lars Ulrich

Echo Repeats

James Hetfield

Measure	T	A	B
12	2 0 1 4	4	4
13	1 1 1	4	4

14

Lars Ulrich

Echo Repeats

James Hetfield

Measure	T	A	B
14	2 1 4 1	4	4
15	1 1 0 0	4	4

16

Lars Ulrich

Kirk Hammett

Echo Repeats

James Hetfield

Measure	T	A	B
16	0 0 0 0	6 6 4 4	4
17	1 1 1 1	4 4 4	4

Jason Newstead

18

Lars Ulrich

Kirk Hammett

James Hetfield

Jason Newstead

20

Lars Ulrich

Kirk Hammett

James Hetfield

Jason Newstead

22

Lars Ulrich

Kirk Hammett

James Hetfield

Jason Newstead

Lars Ulrich

Kirk Hammett

Echo Repeats

James Hetfield

T	0	0	0	0	1	1	1
A	6	6	4	4			
B	6				4	4	

Jason Newstead

Fretless Bass

Lars Ulrich

Kirk Hammett

Echo Repeats

James Hetfield

T		1	1	1
A				
B		4	4	

Jason Newstead

Fretless Bass

29

Lars Ulrich

Kirk Hammett

Echo Repeats

James Hetfield

Jason Newstead

Fretless Bass

31

Lars Ulrich

Kirk Hammett

James Hetfield

Jason Newstead

32

Lars Ulrich

Kirk Hammett

James Hetfield

Jason Newstead

34

Lars Ulrich

Kirk Hammett

Echo Repeats

James Hetfield

Jason Newstead

36

Lars Ulrich

Kirk Hammett

Echo Repeats

James Hetfield

Jason Newstead

38

Lars Ulrich

Kirk Hammett

Echo Repeats

James Hetfield

Jason Newstead

40

Lars Ulrich

Kirk Hammett

James Hetfield

Jason Newstead

41

Lars Ulrich

Kirk Hammett

James Hetfield

Jason Newstead

42

Lars Ulrich

Kirk Hammett

James Hetfield

Jason Newstead

44

Lars Ulrich

Kirk Hammett

James Hetfield

Jason Newstead

47

Lars Ulrich

Kirk Hammett

James Hetfield

Jason Newstead

49

Lars Ulrich

Kirk Hammett

James Hetfield

Jason Newstead

51

Musical score for measures 51-52. The score includes six staves: Lars Ulrich (drums), Kirk Hammett (guitar), Echo Repeats (guitar), James Hetfield (guitar), Jason Newstead (bass), and Fretless Bass (bass). The key signature is one sharp (F#). The time signature is 4/4. The score shows the beginning of a musical phrase with various rhythmic patterns and accidentals.

53

Musical score for measures 53-54. The score includes six staves: Lars Ulrich (drums), Kirk Hammett (guitar), Echo Repeats (guitar), James Hetfield (guitar), Jason Newstead (bass), and Fretless Bass (bass). The key signature is one sharp (F#). The time signature is 4/4. The score continues the musical phrase from the previous page, showing more rhythmic patterns and accidentals.

55

Lars Ulrich

Kirk Hammett

Echo Repeats

James Hetfield

Jason Newstead

Fretless Bass

57

Lars Ulrich

Kirk Hammett

James Hetfield

Jason Newstead

58

Lars Ulrich

Kirk Hammett

James Hetfield

Jason Newstead

59

Lars Ulrich

Kirk Hammett

James Hetfield

Jason Newstead

61

Lars Ulrich

Kirk Hammett

James Hetfield

Jason Newstead

64

Lars Ulrich

Kirk Hammett

James Hetfield

Jason Newstead

66

Lars Ulrich

Kirk Hammett

James Hetfield

Jason Newstead

68

Lars Ulrich

Kirk Hammett

James Hetfield

Jason Newstead

69

Lars Ulrich

Kirk Hammett

James Hetfield

Jason Newstead

71

Lars Ulrich

Kirk Hammett

Echo Repeats

James Hetfield

Jason Newstead

73

Lars Ulrich

Kirk Hammett

Echo Repeats

James Hetfield

Jason Newstead

74

Lars Ulrich

Kirk Hammett

James Hetfield

Jason Newstead

75

Lars Ulrich

Kirk Hammett

James Hetfield

Jason Newstead

76

Lars Ulrich

Kirk Hammett

James Hetfield

Jason Newstead

77

Lars Ulrich

Kirk Hammett

James Hetfield

Jason Newstead

78

Lars Ulrich

Kirk Hammett

James Hetfield

Jason Newstead

80

Lars Ulrich

Kirk Hammett

James Hetfield

Jason Newstead

82

Lars Ulrich

Kirk Hammett

Echo Repeats

James Hetfield

Jason Newstead

84

Lars Ulrich

Kirk Hammett

Echo Repeats

James Hetfield

Jason Newstead

86

Lars Ulrich

Kirk Hammett

Echo Repeats

James Hetfield

Jason Newstead

88

Lars Ulrich

Kirk Hammett

Echo Repeats

James Hetfield

Jason Newstead

90

Lars Ulrich

Kirk Hammett

James Hetfield

Jason Newstead

92

Lars Ulrich

James Hetfield

Jason Newstead

93

Lars Ulrich

Kirk Hammett

James Hetfield

Jason Newstead

Detailed description: This block contains the musical notation for measures 93 and 94. It features five staves: Lars Ulrich (drums), Kirk Hammett (guitar), James Hetfield (guitar), and Jason Newstead (bass). Measure 93 shows a drum pattern with a snare on the second and fourth beats, and a bass drum on the first and third. Kirk Hammett plays a melodic line with a sharp key signature and a 6-fingered chord. James Hetfield's guitar part includes a 4-fingered chord and a 2-fingered chord. Jason Newstead plays a bass line with a 7-fingered chord. Measure 94 continues the drum pattern and features a 3-fingered chord in the guitar parts.

95

Lars Ulrich

Kirk Hammett

Echo Repeats

James Hetfield

Jason Newstead

Detailed description: This block contains the musical notation for measures 95 and 96. It features five staves: Lars Ulrich (drums), Kirk Hammett (guitar), Echo Repeats (guitar), James Hetfield (guitar), and Jason Newstead (bass). Measure 95 shows a drum pattern with a snare on the second and fourth beats, and a bass drum on the first and third. Kirk Hammett plays a melodic line with a sharp key signature and a 3-fingered chord. Echo Repeats plays a melodic line with a sharp key signature. James Hetfield's guitar part includes a 1-fingered chord and a 4-fingered chord. Jason Newstead plays a bass line with a sharp key signature. Measure 96 continues the drum pattern and features a 3-fingered chord in the guitar parts.

97

Lars Ulrich

Kirk Hammett

Echo Repeats

James Hetfield

Jason Newstead

99

Lars Ulrich

Kirk Hammett

James Hetfield

Jason Newstead

100

Lars Ulrich

Kirk Hammett

James Hetfield

Jason Newstead

101

Lars Ulrich

Kirk Hammett

James Hetfield

Jason Newstead

102

Lars Ulrich

Kirk Hammett

James Hetfield

Jason Newstead

103

Lars Ulrich

Kirk Hammett

James Hetfield

Jason Newstead

104

Lars Ulrich

Kirk Hammett

James Hetfield

Jason Newstead

106

Lars Ulrich

Kirk Hammett

James Hetfield

Jason Newstead

108

Lars Ulrich

Kirk Hammett

James Hetfield

Jason Newstead

110

Lars Ulrich

Kirk Hammett

James Hetfield

Jason Newstead

112

Lars Ulrich

Kirk Hammett

James Hetfield

Jason Newstead

113

Lars Ulrich

Kirk Hammett

Echo Repeats

James Hetfield

Jason Newstead

115

Lars Ulrich

Kirk Hammett

Echo Repeats

James Hetfield

Jason Newstead

117

Lars Ulrich

Kirk Hammett

Echo Repeats

James Hetfield

Jason Newstead

119

Lars Ulrich

Kirk Hammett

James Hetfield

Jason Newstead

121

Lars Ulrich

Kirk Hammett

Echo Repeats

James Hetfield

Jason Newstead

Fretless Bass

Metallica - Poor twisted me

Lars Ulrich

♩ = 120,000000
8

Musical staff 1, measure 8. The staff is in 4/4 time and contains a whole note chord with a bar line through it, indicating a full bar rest.

12

Musical staff 2, measures 12-15. Measures 12-14 contain eighth notes with 'x' marks. Measure 15 contains two groups of sixteenth notes, each bracketed with a '6'.

16

Musical staff 3, measures 16-19. Measure 16 has a bracketed sixteenth-note group with a '6'. Measure 17 has a bracketed eighth-note group with a '3'. Measures 18 and 19 contain quarter notes and eighth notes.

20

Musical staff 4, measures 20-23. Measure 20 has eighth notes with 'x' marks. Measure 21 has a sixteenth-note group with a '3' and a slur. Measure 22 has quarter notes. Measure 23 has eighth notes with 'x' marks.

24

Musical staff 5, measures 24-27. Measure 24 has a bracketed eighth-note group with a '3'. Measure 25 has a bracketed sixteenth-note group with a '6'. Measures 26 and 27 contain quarter notes and eighth notes.

28

Musical staff 6, measures 28-31. Measures 28-30 contain quarter notes and eighth notes. Measure 31 has eighth notes with 'x' marks.

32

Musical staff 7, measures 32-35. Measure 32 has a bracketed eighth-note group with a '3'. Measure 33 has a bracketed sixteenth-note group with a '6'. Measures 34 and 35 contain quarter notes and eighth notes.

36

Musical staff 8, measures 36-39. Measures 36-38 contain quarter notes and eighth notes. Measure 39 has a bracketed eighth-note group with a '3'.

40

Musical staff 9, measures 40-43. Measures 40-42 contain eighth notes with 'x' marks and slurs. Measure 43 has a bracketed eighth-note group with a '3'.

42

Musical staff 10, measures 42-45. Measure 42 has a bracketed eighth-note group with a '3'. Measure 43 has a bracketed sixteenth-note group with a '6'. Measures 44 and 45 contain quarter notes and eighth notes.

V.S.

46

Musical staff 46: A single staff of music with a treble clef and a key signature of one sharp (F#). It contains a sequence of eighth and sixteenth notes with various articulations like accents and slurs.

50

Musical staff 50: A single staff of music with a treble clef and a key signature of one sharp (F#). It features a prominent sixteenth-note triplet (marked '6') and other rhythmic patterns.

54

Musical staff 54: A single staff of music with a treble clef and a key signature of one sharp (F#). It continues the melodic and rhythmic development with various note values and articulations.

58

Musical staff 58: A single staff of music with a treble clef and a key signature of one sharp (F#). It includes a triplet of eighth notes (marked '3') and a sixteenth-note triplet (marked '6').

61

Musical staff 61: A single staff of music with a treble clef and a key signature of one sharp (F#). It features a triplet of eighth notes (marked '3') and various rhythmic patterns.

65

Musical staff 65: A single staff of music with a treble clef and a key signature of one sharp (F#). It contains a complex rhythmic pattern with many sixteenth notes and accents.

68

Musical staff 68: A single staff of music with a treble clef and a key signature of one sharp (F#). It features a triplet of eighth notes (marked '3') and other rhythmic elements.

72

Musical staff 72: A single staff of music with a treble clef and a key signature of one sharp (F#). It includes two sixteenth-note triplets (marked '6') and various rhythmic patterns.

76

Musical staff 76: A single staff of music with a treble clef and a key signature of one sharp (F#). It features a triplet of eighth notes (marked '3') and various rhythmic patterns.

80

Musical staff 80: A single staff of music with a treble clef and a key signature of one sharp (F#). It includes a triplet of eighth notes (marked '3') and various rhythmic patterns.

84

Musical notation for measure 84, featuring a treble clef, a key signature of one sharp (F#), and a 2/4 time signature. The notation includes a triplet of eighth notes in the first half of the measure, followed by a quarter note and a dotted quarter note. The second half of the measure contains a quarter note, a dotted quarter note, and a quarter note. There are also some special symbols above the notes.

88

Musical notation for measure 88, featuring a treble clef, a key signature of one sharp (F#), and a 2/4 time signature. The notation includes a quarter note, a dotted quarter note, and a quarter note in the first half, followed by a quarter note, a dotted quarter note, and a quarter note in the second half. A triplet of eighth notes is present in the second half.

93

Musical notation for measure 93, featuring a treble clef, a key signature of one sharp (F#), and a 2/4 time signature. The notation includes a quarter note, a dotted quarter note, and a quarter note in the first half, followed by a quarter note, a dotted quarter note, and a quarter note in the second half. There are triplets of eighth notes in the second half.

97

Musical notation for measure 97, featuring a treble clef, a key signature of one sharp (F#), and a 2/4 time signature. The notation includes a quarter note, a dotted quarter note, and a quarter note in the first half, followed by a quarter note, a dotted quarter note, and a quarter note in the second half. There are triplets of eighth notes in the second half.

101

Musical notation for measure 101, featuring a treble clef, a key signature of one sharp (F#), and a 2/4 time signature. The notation includes a quarter note, a dotted quarter note, and a quarter note in the first half, followed by a quarter note, a dotted quarter note, and a quarter note in the second half. There are triplets of eighth notes in the second half.

105

Musical notation for measure 105, featuring a treble clef, a key signature of one sharp (F#), and a 2/4 time signature. The notation includes a quarter note, a dotted quarter note, and a quarter note in the first half, followed by a quarter note, a dotted quarter note, and a quarter note in the second half. There are triplets of eighth notes in the second half and a sextuplet of eighth notes in the final part of the measure.

109

Musical notation for measure 109, featuring a treble clef, a key signature of one sharp (F#), and a 2/4 time signature. The notation includes a quarter note, a dotted quarter note, and a quarter note in the first half, followed by a quarter note, a dotted quarter note, and a quarter note in the second half. There are triplets of eighth notes in the second half.

113

Musical notation for measure 113, featuring a treble clef, a key signature of one sharp (F#), and a 2/4 time signature. The notation includes a quarter note, a dotted quarter note, and a quarter note in the first half, followed by a quarter note, a dotted quarter note, and a quarter note in the second half. There are triplets of eighth notes in the second half.

118

Musical notation for measure 118, featuring a treble clef, a key signature of one sharp (F#), and a 2/4 time signature. The notation includes a quarter note, a dotted quarter note, and a quarter note in the first half, followed by a quarter note, a dotted quarter note, and a quarter note in the second half. There is a triplet of eighth notes in the second half.

♩ = 120,000000

16

20

24

29

32

35

39

43

48

51

55



58



61



65



69



72



74



76



77



79



Detailed description: This image shows a page of musical notation for guitar, numbered 2. The page contains ten staves of music, each starting with a measure number. The notation is in treble clef and includes various rhythmic values, accidentals, and articulation marks. Measures 65, 74, 76, and 79 feature sixteenth-note runs with bracketed '6' indicating sixteenth-note groups. Measures 72 and 77 feature triplet markings. The key signature has one sharp (F#) and the time signature is 4/4.

Musical score for Kirk Hammett, page 3, measures 83-110. The score is written in treble clef with a key signature of one sharp (F#). It features a variety of rhythmic patterns and techniques:

- Measures 83-85: A melodic line with eighth and sixteenth notes, including a triplet of eighth notes.
- Measure 86: A sixteenth-note scale-like run with a sixteenth-note triplet.
- Measures 87-88: Continuation of the melodic line with eighth notes.
- Measures 89-92: A melodic line with eighth notes and a triplet of eighth notes.
- Measures 93-95: A melodic line with eighth notes and a triplet of eighth notes.
- Measures 96-98: A melodic line with eighth notes and a triplet of eighth notes.
- Measures 99-102: A complex rhythmic pattern featuring sixteenth-note triplets and sixteenth-note runs.
- Measures 103-105: A complex rhythmic pattern featuring sixteenth-note triplets and sixteenth-note runs.
- Measures 106-108: A melodic line with eighth notes and a triplet of eighth notes.
- Measures 109-110: A melodic line with eighth notes and a triplet of eighth notes.

V.S.

114



118



120



Metallica - Poor twisted me

Echo Repeats

♩ = 120,000000

5

9

12

16 8

27 4

35 3

39 12

54

57 15 10

83



88



98



116



119



Metallica - Poor twisted me

James Hetfield

♩ = 120,000000

E				1		
T	1		4	2		4
A		4 3	1		1	4 3
B	4	4	4	4	4	4

7

T	1	4	1	1	1	4	4
A		4	4 1			4	4 3
B	4	4	4 1	4	4	4	4

11

T	1	1	1	2	0	1	2	0
A				4	1	4	1	4
B	4	4	4	4	4	4	4	4

15

T	1	1	0	0	0	0	1	2	2	0
A			6	6	6	6	4	1	1	1
B	4	4	4	4	4	4	4	4	4	4

19

T	1	1	1	2	0	1	2	0
A				4	1	4	1	4
B	4	4	4	4	4	4	4	4

23

T	1	1	0	0	0	0	0	1	1	1
A			6	6	6	6	4	4		
B	4	4	4	4	4	4	4	4	4	4

27

T	1	1	1		1	1	1		
A							6	4	4
B	4	4	4	4	4	4	4	2	2

32

T	0	0	2	2	0	0	0	0
A	1	1	1	1	1	1	4	4
B							2	2

34

T	0	2	2	2	2	0	1	1
A	4	1	1	1	1			
B	4	4	4	4	4	4	4	4

		9		
T	1 1		2 2 2 2	0 0 0 0
A			1 1 1 1	
B	4 4		4 4	4 4 4 4 2 2 2 2 2 2 2 2

42

T	4 4 4 4 4 4 4 4 4 4 4 4	1 1 1	2 0	1 1 1
A	3 3 3 3 3 3 3 3 3 3 3 3		1	
B	1 1 1 1 1 1 1 1 1 1 1 1	4 4 4	4	4 4 4

46

T	2 0 1	1 1 1	2 0 1	0 0
A	4 4		1 4 1	6 6
B	4	4 4 4	4	6

50

T	0 0 0 1	1 1	1 1	1 1
A	6 6 3 4			
B	6 4 4	4 4	4 4	4 4

56

T			0 0 2 0	
A	6	4 4 4 4	1 1 1 1	1
B	4	2 2		

59

T	0 0 0	0 2 2 2 2 0	1 1	
A	4 4 4 4	4 1 1 1 1		
B	2 2		4 4	

63

T	1 1	1	2 2 2 2	0 0 0 0
A			1 1 1 1	
B	4 4		4 4	4 4 4 4 2 2 2 2 2 2 2 2

68

T	4 4 4 4 4 4 4 4 4 4 4 4	1 1 1	1 1 4
A	3 3 3 3 3 3 3 3 3 3 3 3		
B	1 1 1 1 1 1 1 1 1 1 1 1	4 4 4	4 4

71

T	1 1 1 1 4 1	1 4 1 4 1 4 1 1	
A			
B	4 4		4 4 4 4 4 4 4 4 2 2 2 2 2 2 2 2 9 2 2 2 2

74

T			
A			
B	4 4 4 4 4 4 4 4 4 4	4 4 4 4 4 4 4 4 4 4	4 4 4 4 4 4 3 2 2 2 2 2 2 2 2 2 2 2 1 1 0

T																					
A																					
B	6	6	6	6	6	6	6	6	6	6	6	4	4	4	4	2	2	2	2	2	2
	6	6	6	6	6	6	6	6	6	6	6	4	4	4	4	2	2	2	2	2	2

81

T												4									0
A	4	4	4	4								4	1								1
B	4	4	4	4								6	6	6	6	6	6	6	6	6	6
	2	2	2	2	2							6	6	6	6	6	6	6	6	6	6
												6	6	6	6	6	6	6	6	6	6

85

T	4											2	4	4	4	2	4	4	4	4	4
A	4																				
B	4																				
		1																			
			4																		

89

T	2	4	4	4	4	4	2	4	4	4	4	4	4	2	4	4	4	4	0	0	2	2	0	0	
A																						3	3	7	7
B																						4	4	7	7
																						2	2	9	9

92

T	0	2	2	2	2	2	0	0	0																
A	7	3	3	3	3	3	7	7	7																
B	9	9	4	4	4	4	9	7	7	3	0	0													1
							12	9	12	9															
							14	14																	

95

T																									
A	1		1					0		0				1		1						0	0		
B	4		4					4		4				4		4						1	1		

99

T																									
A	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4
B	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4
	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2

102

T																									
A	4	4	4	4	4	4	3	2	1	1	1	1	1	1	1	1	1	1	1	1	1	4	4	4	4
B	2	2	2	2	2	2	3	2	1	1	1	1	1	1	1	1	1	1	1	1	1	4	4	4	4
							1	0																	

106

T																									
A																									
B	2	2	2	2	4	4	4	4	1	1	1	1	1	1	1	1	1	1	1	1	4	4	4	4	3
					2	2	2	2													4	4	4	4	

110

T																									
A																									
B	2	2	2	2	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	6	6	6	6	6
					2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	6	6	6	6	6
																					6	6	6	6	6
																					6	6	6	6	6

?

V.S.

4 113

James Hetfield

T	1	1	1	0	0	1	1	1	2	2	0	1	0	1	4
A				1					1	1					
B	4	4	4	4			4	4	4						

117

T	1	1	1	0	1	1	1	1	2
A				1					1
B	4	4	4	4			4	4	

120

T	2	2	2	0	1	4	1	1		
A	1	1	1							
B							4	4		

♩ = 120,000000

16

Musical staff 16: Bass clef, 4/4 time signature. The staff contains a series of eighth and sixteenth notes with various accidentals (sharps and naturals). The key signature has one sharp (F#).

20

Musical staff 20: Bass clef, 4/4 time signature. Continuation of the musical notation with eighth and sixteenth notes and accidentals.

24

Musical staff 24: Bass clef, 4/4 time signature. Continuation of the musical notation with eighth and sixteenth notes and accidentals.

30

Musical staff 30: Bass clef, 4/4 time signature. Continuation of the musical notation with eighth and sixteenth notes and accidentals.

33

Musical staff 33: Bass clef, 4/4 time signature. Continuation of the musical notation with eighth and sixteenth notes and accidentals.

36

Musical staff 36: Bass clef, 4/4 time signature. Continuation of the musical notation with eighth and sixteenth notes and accidentals.

41

Musical staff 41: Bass clef, 4/4 time signature. Continuation of the musical notation with eighth and sixteenth notes and accidentals. A triplet of eighth notes is marked with a '3' above it.

45

Musical staff 45: Bass clef, 4/4 time signature. Continuation of the musical notation with eighth and sixteenth notes and accidentals.

49

Musical staff 49: Bass clef, 4/4 time signature. Continuation of the musical notation with eighth and sixteenth notes and accidentals.

51

Musical staff 51: Bass clef, 4/4 time signature. Continuation of the musical notation with eighth and sixteenth notes and accidentals.

55

58

60

64

68

71

74

77

80

84

89

92

96

99

101

103

106

110

113

116

119



Fretless Bass

Metallica - Poor twisted me

♩ = 120,000000

24

24

29

20

20

53

53

57

64

64