

# Brain Stew

Green Day  
Insomniac

Words & Music by Green Day

Tune down 1/2 step

- ①= D#    ④= C#
- ②= A#    ⑤= G#
- ③= F#    ⑥= D#

♩ = 75

**Intro**

E-Gt

*f*

TAB

7-7 5-5 5-3 5-3 4-4 4-2 3-3 3-1 2-2 2-0

**1st verse**

3

TAB

7-7 5-5 5-3 5-3 4-4 4-2 3-3 3-1 2-2 2-0

6

TAB

4-4 3-3 2-2 7-7 5-5 4-4 3-3 2-2

2-2 1-1 0-0 5-5 3-3 2-2 1-1 0-0

9

TAB

7-7 5-5 5-3 5-3 4-4 4-2 3-3 3-1 2-2 2-0 7-7 5-5 5-3 5-3

2nd and 3rd verses

12

TAB

4-4 3-3 2-2 7-7 5-5 4-4 3-3 2-2  
2-2 1-1 0-0 5-5 3-3 2-2 1-1 0-0

15

TAB

7-7 5-5 4-4 3-3 2-2 7-7 5-5  
5-5 3-3 2-2 1-1 0-0 5-5 3-3

18

TAB

4-4 3-3 2-2 7-7 5-5 4-4 3-3 2-2  
2-2 1-1 0-0 5-5 3-3 2-2 1-1 0-0

21

TAB

X-X-X-X X-X-X-X-X X-X-X-X-X X-X-X-X-X X-X-X-X-X X-X-X-X-X  
7-7 0 5-5 4-4 0 3-3 2-2  
5-5 3-3 2-2 1-1 0-0

23

TAB

X-X-X-X-X X-X-X-X-X X-X-X-X-X X-X-X-X-X X-X-X-X-X X-X-X-X-X  
7-7 0 5-5 4-4 0 3-3 2-2  
5-5 3-3 2-2 1-1 0-0

4th verse

25

TAB

7-7 5-5 4-4 3-3 2-2 7-7 5-5  
5-5 3-3 2-2 1-1 0-0 5-5 3-3

28

TAB

4-4	3-3	2-2	7-7	5-5	4-4	3-3	2-2
2-2	1-1	0-0	5-5	3-3	2-2	1-1	0-0

31

Outro

TAB

7-7	5-5	4-4	3-3	2-2	7-7	5-5	0	5-5
5-5	3-3	2-2	1-1	0-0	7-7	5-5	(0)	5-5
								3-3
								3-(0)

34

TAB

4-4	3-3	2-2	7-7	5-5	4-4	3-3	2-2
4-4	3-3	2-2	7-7	5-5	4-4	3-3	2-2
2-2	0	1-1	0-0	(0)	3-3	2-2	0-0
					3-(0)		

37

TAB

7-7	5-5	4-4	3-3	2-2	7-7	5-5	4-4	3-3	2-2
7-7	5-5	4-4	3-3	2-2	7-7	5-5	4-4	3-3	2-2
5-5	0	(0)	3-3	2-2	5-5	0	(0)	3-3	2-2
			3-(0)					3-(0)	

40

TAB

4-4	3-3	2-2	7-7	5-5	4-4	3-3	2-2
4-4	3-3	2-2	7-7	5-5	4-4	3-3	2-2
2-2	0	1-1	0-0	(0)	3-3	2-2	0-0
					3-(0)		

43

TAB

7-7	(7)
5-5	(5)