

# The Loneliness Of The Long Distance Runner

Iron Maiden  
Somewhere In Time

Words & Music by Harris

Standard tuning

♩ = 150

E-Gt

Measures 1-8: Musical notation in 4/4 time with a key signature of one sharp (F#). The notation includes a treble clef and a guitar staff with notes and accidentals. Below the staff is a guitar tablature (TAB) with fret numbers and arrows indicating string bends. A dynamic marking 'f' is present at the start of measure 1.

Measures 9-15: Musical notation in 4/4 time with a key signature of one sharp (F#). The notation includes a treble clef and a guitar staff with notes and accidentals. Below the staff is a guitar tablature (TAB) with fret numbers and arrows indicating string bends.

♩ = 150

16

Measures 16-23: Musical notation in 4/4 time with a key signature of one sharp (F#). The notation includes a treble clef and a guitar staff with notes and accidentals. Below the staff is a guitar tablature (TAB) with fret numbers and arrows indicating string bends.

24

Measures 24-31: Musical notation in 4/4 time with a key signature of one sharp (F#). The notation includes a treble clef and a guitar staff with notes and accidentals. Below the staff is a guitar tablature (TAB) with fret numbers and arrows indicating string bends.

♩ = 180 = 180  
verse

32

48

1. 2.

TAB (11) 14 13 (13) 11 13 14 5 11 13 14

(9) 12 11 (11) 9 11 12 5 9 11 12

chorus

51

TAB 7 7 7 7 3 3 3

5 5 5 5 1 1 1 1 1 1 1 1

54

TAB 3 3 3 5 5 5 5 3 3 3 3 3 3 3

1 1 1 1 1 1 1 5 5 5 5 5 5 5 3 3 3 3 3 3 3

57

TAB 3 3 3 7 7 7 7 7 7 7 7

1 1 1 1 1 1 1 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5

61

TAB 3 3 3 5 5 5 5 3 3 3 5 5 5 5

1 1 1 1 1 1 1 1 1 1 1 1 1 1 3 3 3 3 3 3 3 3

64 interlude

TAB

5	5	5	7	7	7	7	7	7
3	3	3	5	5	5	5	5	5

• 10 — 8 — 10 — 8 — 10 — 9

68

TAB

10 — 8	10 — 9 — 10 — 9 — 10 — 8	10 — 8	10 — 9 — 10 — 9 — 10 — 10	10	10 — 8 — 10 — 8	10 — 9
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72

TAB

10 — 8	10 — 9 — 10 — 9 — 10 — 8	10 — 8	10 — 9 — 10 — 9 — 10 — 10	10
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75

TAB

•	3	3	3	3	5	10 — 8	10 — 9 — 10 — 9 — 10	10
•	1	1	1	1	1	1	1	3

interlude II

78

TAB

10	•	•	12 — 10	11	12	12 — 10	11	11 — 12	10	12 — 10	11
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84

1.

90

95

2.

101

verse

105

109

TAB 2 2 2 5 5 7 9 9 9 9 9 9

B 0-0-0-0-0-0-0-0 3-3-3-3-3-3-5-5 7-7-7-7-7-7-7-7 7-7-7-7-7-7-7-7

113

TAB 5 5 5 5 5 2 2 2 2 2 2 2

B 3-3-3-3-3-3-3-3 3-3-3-3-3-3-3-3 0-0-0-0-0-0-0-0 0-0-0-0-0-0-0-0

117

solos

TAB 5 5 5 7 7 7 5 7 9 5 5

B 3-3-3-3-3-3-3-3 5-5-5-5-5-5-5-5 5 7 9 5 5

124

TAB 7 5 (5) 7 9 5 5 7 5

B 5 3 (3) 3 7 9 3 5 3 5 3

134

TAB (5) 13 15 17 13 15 17 13 15 17 15 15

B (5) (14) (16) (17) (14) (16) (17) (15) (17) (16) (14) (16) (17) (17)

full

139

1

full full full

TAB

15-13 17-15 13 17-15-13 17-15-13>12-15-13-12 12 0 14 0 (0) (14) (0) 13 12-10 12 10 12 10

144

3 3 3

1/2 1/2

TAB

12-10-9 12-9 7 10-9-10-9-7-9-7 10 7 10-8-7 7-10-7 7 9 10-12-12

148

full full full full full

TAB

12-14 14 14 12-13 15 12 15 15 15 20 17-17 20 17-17 20 17

152

verse

TAB

20-18-17 19-17-16 17 5-5-5-5-5-5-5-5-5-7 (7)-5-5-5-5-5-5-5-5-8



172

TAB

175

TAB

179

TAB

182

TAB

**interlude III**

186

TAB

195 interlude IV

T  
A  
B

203

T  
A  
B

208

T  
A  
B

214 ♩ = 100100

T  
A  
B

220

T  
A  
B