

The Loneliness Of The Long Distance Runner

Iron Maiden
Somewhere In Time

Words & Music by Harris

Standard tuning

♩ = 150

E-Gt

Measures 1-8: Musical notation in 4/4 time with a treble clef and a key signature of one sharp (F#). The notation shows chords and individual notes. Below the staff is a guitar tablature with fret numbers and arrows indicating string bends. A dynamic marking 'f' is present at the start of measure 1.

Measures 9-15: Musical notation in 4/4 time with a treble clef and a key signature of one sharp (F#). The notation shows chords and individual notes. Below the staff is a guitar tablature with fret numbers and arrows indicating string bends.

♩ = 150

16

Measures 16-23: Musical notation in 4/4 time with a treble clef and a key signature of one sharp (F#). The notation shows chords and individual notes. Below the staff is a guitar tablature with fret numbers and arrows indicating string bends.

24

Measures 24-31: Musical notation in 4/4 time with a treble clef and a key signature of one sharp (F#). The notation shows chords and individual notes. Below the staff is a guitar tablature with fret numbers and arrows indicating string bends.

♩ = 180 = 180
verse

32

T
A
B

12	10			
12	10			
10	8	5		
		(5)	5	5
		5	5	5
		5	5	5
		5	5	5
		5	5	7
		(7)	5	5
		5	5	5
		5	5	5
		5	5	8

35

T
A
B

(8)	5	5	5	5	5	5	5	5	8
(8)	7	5	8	5	8	7	5	(5)	5
5	5	5	5	5	5	5	5	5	7

38

T
A
B

(7)	5	5	5	5	5	5	5	5	8
(8)	5	5	5	5	5	5	5	5	8
(8)	7	5	8	5	8	7	5	(5)	5

bridge

41

T
A
B

7	8	5	7	8	7	5	9	(9)	12	11	(11)	9	11	12	9	(9)	12	11
7	8	5	7	8	7	5	7	(7)	10	9	(9)	7	9	10	7	(7)	10	9

45

T
A
B

(11)	9	11	12	11	(11)	14	13	(13)	11	13	14	11
(9)	7	9	10	9	(9)	12	11	(11)	9	11	12	9

48

1. 2.

TAB (11) (9) 14 13 11 (13) 11 13 14 5 11 13 14

chorus

51

TAB 7 7 7 7 7 7 7 7 5 5 5 5 5 5 5 5 3 3 3 3 3 3 3 3

54

TAB 1 1 1 1 1 1 1 1 5 5 5 5 5 5 5 5 3 3 3 3 3 3 3 3

57

TAB 3 3 3 3 3 3 3 3 1 1 1 1 1 1 1 1 7 7 7 7 7 7 7 7

61

TAB 3 3 3 3 3 3 3 3 1 1 1 1 1 1 1 1 5 5 5 5 5 5 5 5

64 interlude

TAB

5	5	5	7	7	7	7	7	7	7
3	3	3	5	5	5	5	5	5	5

• 10 — 8 — 10 — 8 — 10 — 9

68

TAB

10 — 8	10 — 9 — 10 — 9 — 10 — 8	10 — 8	10 — 9 — 10 — 9 — 10 — 10	10	10 — 8 — 10 — 8	10 — 9
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72

TAB

10 — 8	10 — 9 — 10 — 9 — 10 — 8	10 — 8	10 — 9 — 10 — 9 — 10 — 10	10
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75

TAB

•	3	3	3	3	5	10 — 8	10 — 9 — 10 — 9 — 10	10
•	1 — 1 — 1 — 1 — 1	1 — 1 — 1 — 1 — 1	1 — 1 — 1 — 1 — 1	1 — 1 — 1 — 1 — 1	3			

interlude II

78

TAB

10	•	•	12 — 10	11	12	12 — 10	11	11 — 12	10	12 — 10	11
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84

1.

TAB

12	10	11	9	9	11	12	12	10	11	12	12	10	11
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90

TAB

11	12	10	12	10	11	11	12	10	12	10	11	11	12	10
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95

2.

TAB

12	10	11	12	12	10	11	11	12	10	12	10	11	11	12	10
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101

verse

TAB

12	10	13	13	12	10	9	9	9	9	9	9	9	9	9	9
						7	7	7	7	7	7	7	7	7	7

105

TAB

5	5	5	5	5	5	7	7	7	7	7	7	7	7	7	7
3	3	3	3	3	3	5	5	5	5	5	5	5	5	5	5

109

TAB

2	2	2	5	5	7	9	9	9	9	9	9
0	0	0	3	3	3	7	7	7	7	7	7

113

TAB

5	5	5	5	5	5	2	2	2	2	2	2
3	3	3	3	3	3	0	0	0	0	0	0

117

solos

TAB

5	5	5	7	7	7	5	7	9	5	5
3	3	3	5	5	5	3	5	7	3	3

124

TAB

7	5	(5)	5	7	9	5	5	7	5
5	3	(3)	3	5	7	3	3	5	3

134

TAB

(5)	13-15-17	13-15-17	13-15-17	15	full
(5)	(14)-(16)-(17)	(14)-(16)-(17)	(14)-(16)-(17)	(17)	
(3)					

139

15-13 17-15 13 17-15-13 17-15-13>12-15-13-12 12 0 14 0 (0) (14) (0)

full full full

144

12-10-9 12-9 7 10-9-10-9-7-9-7 10 7 10-8-7 7-10-7 7 9 10-12-12

$\frac{1}{2}$ $\frac{1}{2}$

148

12-14 14 14 12-13 15 12 15 15-13 15 20 17-17 20 17-17 20 17

full full full full full

152

verse

20-18-17 19-17-16 17 5-5-5-5-5-5-5-5-5-7 (7)-5-5-5-5-5-5-5-5-8

155

T
A
B (8) 5 5 5 5 5 5 5 5 5 8 (8) 7 5 8 5 8 7 5 (5) 5 5 5 5 5 5 5 5 5 7

158

T
A
B (7) 5 5 5 5 5 5 5 5 5 8 (8) 5 5 5 5 5 5 5 5 5 8 (8) 7 5 8 5 8 7 5

161 **bridge**

T
A
B 7 8 5 7 8 7 5 9 (9) 12 11 (11) 9 11 12 9 (9) 12 11 (7) 10 9

165

T
A
B (11) 9 11 12 11 (11) 14 13 (13) 11 13 14 11 (9) 7 9 10 9 (9) 12 11 (11) 9 11 12 9

168 **chorus**

T
A
B (11) 14 13 (13) 11 13 14 7 7 7 7 7 7 7 7 (9) 12 11 (11) 9 11 12 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5

172

TAB

175

TAB

179

TAB

182

TAB

interlude III

186

TAB

interlude IV

195

TAB 8 10 12 10 12 8 10 12 10 8 10 8

6 8 10 8 10 6 8 10 8

8 7 8 10

203

TAB 7 10 8 7 8 7 9 7 9 8 7 8 10 7 10 8 7

208

TAB 8 7 8 10 7 12 10 12 10 12 10 12 10 12 10 12 11 12

$\text{♩} = \text{♩}00100$

214

TAB 8 7 8 10 7 10 8 7 8 7 9 7 9 8 7 8 7 9 7 9

220

TAB (9)