

One

Metallica

Words & Music by Chris Clemens

Standard tuning

♩ = 108

By Chris Clemens

E-Gt

T
A
B

f

full

T
A
B

T
A
B

T
A
B

Sweep

Musical notation for measures 17-18. Measure 17 starts with a whole rest, followed by a sweep arpeggio. Measure 18 continues with a sweep arpeggio and ends with a quarter note. The guitar tab below shows the fret numbers for each note.

T
A
B

Musical notation for measures 19-20. Measure 19 contains two sweep arpeggios. Measure 20 contains a sweep arpeggio followed by a quarter note. The guitar tab below shows the fret numbers.

T
A
B

Musical notation for measures 21-22. Measure 21 contains two sweep arpeggios. Measure 22 contains a sweep arpeggio followed by a quarter note. The guitar tab below shows the fret numbers.

T
A
B

Musical notation for measures 23-24. Measure 23 contains a sweep arpeggio. Measure 24 contains a sweep arpeggio followed by a quarter note. The guitar tab below shows the fret numbers, including a half note (1/2) and a circled 14.

T
A
B

let ring throughout

Musical notation for measures 25-27. Measure 25 starts with a whole rest, followed by a quarter note. Measure 26 contains a quarter note. Measure 27 contains a quarter note. The guitar tab below shows the fret numbers.

T
A
B

28

T
A
B

4 0 4 4 0 | 2 4 2 0 0 4 0 | 0 4 0 0 4 4 0 | 4 0 0 4 0

3 3 | 2 2 | 0 0 | 3 3

32

T
A
B

0 2 4 (4) (4) 2 | 2 4 | 3 5 0 3 5 7 | 5 7 0 7 7 0

35

T
A
B

5 0 3 0 4 0 0 3 0 | 3 0 1 1 0 | 2 4 0 0 0 | 5 7 0 7 7 0

39

T
A
B

5 0 3 0 4 0 0 3 0 | 3 0 1 1 0 | 2 0 0 4 | 2 3

42

T
A
B

2 4 2 0 0 4 0 | 4 0 4 4 0 | 2 4 2 0 0 4 0

3 3 | 2 2 | 0 0

45

T
A
B

3 4 3 0 2 4 2 0 0 4 0 0 4 0 0 4 4 0

48

T
A
B

0 4 0 0 4 0 0 2 2 2 2 4 2 0 0 4 0

51

T
A
B

3 4 3 0 2 4 2 0 0 4 0 3 4 3 0 3 5 3 5

54

T
A
B

2 4 2 0 0 4 0 0 4 0 0 4 4 0 0 4 0 0 0 4 0

57

T
A
B

0 2 2 2 0 2 4 2 0 4 4 0 2 0 4 4 4 3 0 3 2

59

TAB

2	4	6	4	2					
2	4	6	4	2					
0	2	4	2	0	3	4	5	(5)	(5)

64

TAB

					2	4	2	0	0
							4	0	4
								4	4
							3		3

70

TAB

					2	4	2	0	0
								4	0
							3		3
								3	5
								3	5
								2	4
									2
								0	0
									4
									0

73

TAB

					0	4	0	0	4
								4	4
								0	0
								3	3
								0	2
									2
									2

76

TAB

					2	4	2	0	0
								4	4
								0	4
								4	4
								3	3
								2	4
									2
								0	0
									4
									0

79

T
A
B

4 0 3/5 3/5 2 4 2 0 0 4 0 0 4 0 0 4 4 0

3 3 3/5 3/5 2 4 2 0 0 4 0 0 4 4 0

82

T
A
B

0 4 0 0 4 0 0 2 2 2

3 3 0 2 2 2

84

T
A
B

0 2 4 2 0 4 4 2 4 6 4 2 3 4 5

0 2 4 2 0 4 4 2 2 4 6 4 2 0 3 4 5

3 0 2 0 3 2 0 2 4 2 0 3 4 5

87

T
A
B

10 7 7 10 10 8 7 9 7 8 7 7

(5) (5) (5)

92

T
A
B

8-10 8 7 10 7 8 8 17-14 15 14 17 17-15 14-15 14

95

T
A
B

tap using edge of pick

98

T
A
B

Play by tapping on 20th fret silently

101

T
A
B

104

T
A
B

106

TAB

0	2	4	2	0	4	4	2	0	4	4	5	7	7	7			
3	0	2	0	3	4	2	2	2	0	2	4	5	5	7	9	9	9

110

TAB

4-2-0	(0)	2	0	2	4	4	4	5	7	7	7	4-2-0	(0)
		2	0	2	4	5	5	7	9	8	8		

115

TAB

2	0	2	4	4	4	5	7	7	7	4-2-0	(0)	2	0	2	4
2	0	2	4	5	5	7	9	8	8			2	0	2	4

P.M....

120

TAB

4	4	5	7	7	7	7	7	7	5	4	4	4	5	4
5	5	7	9	8	8	4-2-0	(0)	5	5	5	7	5	5	5

P.M.

P.M.

P.M..

P.M.

P.M.

P.M....

P.M.

P.M.

125

TAB

4	4	5	5	5	5	5	5	5	7	7	7	5	4	4	4	4
2	2	2	3	3	3	3	3	3	7	7	7	7	5	5	5	5

142

T
A
B

0-0-0-0-0-0-0-0 $\frac{2}{2}$ 0-0-0-0-0-0-0-0 $\frac{2}{2}$ $\frac{3}{3}$ 0-0-0-0-0-0-0-0 $\frac{2}{2}$ 0-0-0-0-0-0-0-0 $\frac{2}{2}$

144

T
A
B

0-0-0-0-0-0-0-0 $\frac{2}{2}$ 0-0-0-0-0-0-0-0 $\frac{2}{2}$ $\frac{3}{3}$ 0-0-0-0-0-0-0-0 7 0-0-0-0-0-0-0-0 7-8

146

T
A
B

0-0-0-0-0-0-0-0 5 0-0-0-0-0-0-0-0 5-8 0-0-0-0-0-0-0-0 7 0-0-0-0-0-0-0-0 7-8

148

T
A
B

0-0-0-0-0-0-0-0 5 0-0-0-0-0-0-0-0 5 7 0-0-0-0-0-0-0-0 $\frac{2}{2}$ 0-0-0-0-0-0-0-0 $\frac{2}{2}$

150

T
A
B

0-0-0-0-0-0-0-0 $\frac{2}{2}$ 0-0-0-0-0-0-0-0 $\frac{2}{2}$ $\frac{3}{3}$ 0-0-0-0-0-0-0-0 $\frac{2}{2}$ 0-0-0-0-0-0-0-0 $\frac{2}{2}$

♩ = 180

152

Musical notation for measures 152-153. The treble clef staff shows eighth-note triplets and pairs. The guitar tab below shows fret numbers (0) and rhythmic markings (2/2, 3/3).

154

Musical notation for measures 154-155. The treble clef staff shows eighth-note triplets and pairs. The guitar tab below shows fret numbers (0) and rhythmic markings (2/2, 3/3).

157

Musical notation for measures 157-158. The treble clef staff shows eighth-note triplets and pairs. The guitar tab below shows fret numbers (0) and rhythmic markings (2/2, 3/3).

160

Musical notation for measures 160-161. The treble clef staff shows eighth-note triplets and pairs, with some notes marked with a '7' (likely a grace note). The guitar tab below shows fret numbers (0) and rhythmic markings (2/2, 3/3).

163

Musical notation for measures 163-164. The treble clef staff shows eighth-note triplets and pairs, with some notes marked with a '7'. The guitar tab below shows fret numbers (0) and rhythmic markings (2/2).

166

Musical notation for measures 166-167. The treble clef staff shows eighth-note triplets and pairs. The guitar tab below shows fret numbers (0) and rhythmic markings (2/2, 3/3).

179

T T T T T T T T

TAB 19-15-12-19-12-15-19-15-12-19-12-15-19-15-12-19-12-15-19-15-12-19-15-12

180

T T T T T T T T

TAB 20-15-12-20-12-15-20-15-12-20-15-12-20-15-12-20-12-15-20-15-12-20-15-12

181

T T T T T T T T

TAB 17-13-10-17-10-13-17-10-13-17-10-13-17-10-13-17-10-13-17-10-13-17-10-13

182

Sound all unlegato notes by tapping 17th and pulling off onto the notes

T T T T T T T T T

TAB 18 13 10 18 10 13 18 13 10 18 10 13 18 13 10 18 10 13 18 10 13 18 10 13 | 17 12 17 14 17 17 17 12 17 10 17 12 17 10 17 8

184

Sound all by tapping 17th fret and pulling off onto the notes

T T T T T T T T

TAB 17 10 17 8 17 7 17 8 17 7 17 5 | 12 12 12 12 12 12 12 12 12 14 14 14

194

TAB

197

TAB

199

TAB

202

TAB

205

not hit not hit not hit not hit, not hit

TAB

208

TAB

211

TAB

213

TAB

216

TAB

233

T
A
B

235

T
A
B

238

T
A
B

241

T
A
B

244

T
A
B

247

T
A
B

