

# Thank God It's Monday

NOFX  
Pump Up The Valuum

Words & Music by Fat Mike

Standard tuning

♩ = 110

Play all the Intro very lazily

tab by Mark Notarnick, marcoscon

**Intro**

1

E-Bass

*f*

TAB: 8 8 8 8 8 8 8 7 8 7

2

Make serious now...

TAB: 8 8 8 8 8 8 8 8 8 7 8 7 8 8

**Verse 1**

4

TAB: 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8

7

TAB: 8 8 8 8 8 8 8 8 8 8 8 8 5 5 5 5 5 5 5 5 5 5 6 6 6 6 6 6 6 6 6 6

10

TAB: 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 7 8 7 8 8

**Verse 2**

12

TAB: 8

15

TAB 8-8-8-8-8-8-8-8-8-8-8-8-8-8-8-8 5-5-5-5-5-5-5-5-5-5-5-5-5-5-5-5 6-6-6-6-6-6-6-6-6-6-6-6-6-6-6-6

18

TAB 8-8-8-8-8-8-8-8-8-8-8-8-8-8-8-8 8-8-8-8 8-8-8-8-8-8-7-8-7

Bridge

21

TAB 8-8-8-8-8-8-7-8-7 3-3-3-3-3-3-3-3-3-3-3-3-3-3-3-3

23

TAB 6-6-6-6-6-6-6-6-6-6-6-6-6-6-6-6 10-8-10-10-8-10-10-8 10-8-8-8-8-8-8-8 10-8-0

26

TAB 10-10-10-10-10-10-10-10-10-10-10-10-10-10-10-10 6-6-6-6-6-6-6-6-6-6-6-6-6-6-6-6 10-8-10-10-8-10-10-8 8-8-8-8-8-8-8-8-8-8-8-8-8-8-8-8

29

TAB 10-8-0 10-10-10-10-10-10-10-10-10-10-10-10-10-10-10-10 10-10-10-10-10-10-10-10-10-10-10-10-10-10-10-10

Verse 3

32

TAB 8-8-8-8-8-8-8-8-8-8-8-8-8-8-8-8 3-3-3-3-3-3-3-3-3-3-3-3-3-3-3-3 5-5-5-5-5-5-5-5-5-5-5-5-5-5-5-5

35

TAB 10-10-10-10-10-10-10-10-10-10-10-10-10-10-10-10 0-0-0-0-0-0-0-0-0-0-0-0-0-0-0-0 3-3-3-3-3-3-3-3-3-3-3-3-3-3-3-3

Outro

38

Musical notation for measures 38-40. Measure 38: Bass clef, eighth notes G2, F2, E2, D2, C2, B1, A1, G1. Measure 39: Bass clef, eighth notes G1, F1, E1, D1, C1, B0, A0, G0. Measure 40: Bass clef, eighth notes G0, F0, E0, D0, C0, B-1, A-1, G-1. A repeat sign follows measure 40.

TAB: 5-5-5-5-5-5-5-5-5-5-5-5 | 5-5-5-5 | 5-5-5-5-5-5-5-5-5-5-5-5

41

Musical notation for measures 41-43. Measure 41: Bass clef, eighth notes G2, F2, E2, D2, C2, B1, A1, G1. Measure 42: Bass clef, eighth notes G1, F1, E1, D1, C1, B0, A0, G0. Measure 43: Bass clef, eighth notes G0, F0, E0, D0, C0, B-1, A-1, G-1. A repeat sign follows measure 43.

TAB: 3-3-3-3-3-3-3-3-3-3-3-3 | 2-2-2-2-2-2-2-2-2-2-2-2 | 3-3-3-3-3-3-3-3-3-3-3-3

44

Musical notation for measures 44-46. Measure 44: Bass clef, eighth notes G2, F2, E2, D2, C2, B1, A1, G1. Measure 45: Bass clef, eighth notes G1, F1, E1, D1, C1, B0, A0, G0. Measure 46: Bass clef, eighth notes G0, F0, E0, D0, C0, B-1, A-1, G-1. A repeat sign follows measure 46.

TAB: 5-5 | | 3-4-5 | (5)